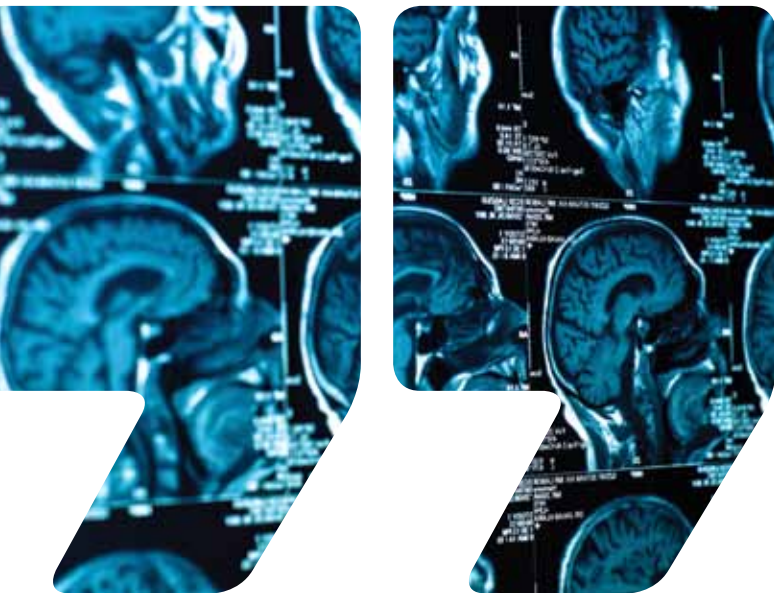




# The Academic Centre Review

A unique and  
pioneering partnership

The first two years  
**2009 - 2011**



## Foreword by **Professor Philip Sugarman**

Chair of the St Andrew's Academic Centre  
Governing Research Board



The St Andrew's Academic Centre in Northampton is a unique and pioneering partnership with King's College London Institute of Psychiatry.

St Andrew's is the UK's largest specialist mental healthcare charity. Our reputation for excellence is founded on a 170-year heritage as a charity dedicated to learning about mental health and helping people on their way to recovery.

The Institute of Psychiatry (IoP) is a School of King's College London, which is Europe's largest centre for research and post-graduate education in psychiatry, psychology, basic and clinical neuroscience. It is judged to have the highest research power of any UK institution within the areas of psychiatry, neuroscience and clinical psychology.

There is a clear need for more specialist research and teaching as well as training more psychiatrists and other professionals to intervene and rehabilitate mentally disordered people back into the community where possible.

The Centre has established a group of high calibre practitioners and post-graduate students to carry out specialist mental health research and teaching.

As one of the leading providers of mental healthcare, St Andrew's can provide a unique, and more importantly, a large sample of patients in a secure mental healthcare setting. This makes it an ideal environment to conduct essential research.

The Academic Centre supports ground-breaking research which will be of great importance to patients at St Andrew's and people recovering from mental illness everywhere. We are proud to host an online catalogue of the published papers and research posters on the St Andrew's website at [www.stah.org/academiccentre](http://www.stah.org/academiccentre)



## The aim of the Academic Centre is to facilitate and produce a stream of research which is of international standing.

The Academic Centre was established in 2009, with a five-year programme to:

- Publish papers in research, educational and professional journals
- Present at international and national conferences
- Organise and host national meetings and events
- Deliver postgraduate programmes of education.



# Achievements

We believe that delivery of an innovative programme of research stimulates thought, creates knowledge and improves care for people with mental disorders.

It also motivates clinical members of staff and helps them in their own professional development.

## Publications and Presentations

During the first two years more than 100 papers and book chapters have been produced by professionals from St Andrew's affiliated to the Academic Centre.

More than 50 conference presentations and posters have been delivered by affiliates of the Academic Centre.

## Events

The Centre has organised a series of national conferences on topical issues and has attracted speakers of international standing including:

- Chris Webster, Professor Emeritus, University of Toronto, Canada on structured professional judgement
- David R. Williams, Professor of African-American Studies, Harvard University, US on ethnicity and mental health
- Paul Mullen, Professor of Forensic Psychiatry, Monash University, Australia on stalking, violence and risk
- Rt Hon Lord Bradley of Withington, author of the Bradley Report on people with mental health problems or learning disabilities in the criminal justice system.

## Education

The Academic Centre has recently completed the annual cycle of its new teaching module in Specialist Secure Inpatient Mental Healthcare as part of the MSc programmes in Forensic Psychiatry and Forensic Mental Health Research at King's College London. The module brings together the history, development, need and scope of mental health services for mentally disordered offenders and others who require care in a secure environment.

## Networks

The Academic Centre comprises a core team and an extensive multidisciplinary network of around 20 affiliated academics (see pages 12 & 13) who are St Andrew's clinicians with visiting status at King's College London. Our affiliates are key to the delivery of our educational and research programmes across the Charity.



# The Future



The Academic Centre will continue to work on a number of projects that will translate into clinical practice.

New partnerships will add to the expertise at the Centre and lead to new collaborations in nursing and other professions such as occupational therapy and physiotherapy.

We are also looking forward to developing a multidisciplinary postgraduate training strategy building on our links with both the King's College London Institute of Psychiatry and the University of Northampton, with whom we are developing a postgraduate centre for mental health and wellbeing.

Current research projects include investigations concerning:

- The prevalence of undiagnosed Attention Deficit Hyperactivity Disorder (ADHD) for men in a secure mental healthcare setting
- The development of outcome measures for people with an acquired brain injury
- Development of a predictive tool for the psychiatric and psychological elements of violence in schizophrenia
- Experiences of transition: investigating service user's experience of transition within secure environments
- Partners in Projects: providing training for St Andrew's service users in research skills and supporting them in conducting their own research.



# Who's who

## at the Academic Centre



**Professor Philip Sugarman**  
Chief Executive Officer  
and Medical Director of  
St Andrew's Healthcare  
and Visiting Senior Lecturer

Philip is the chair of the St Andrew's Academic Centre Governing Research Board. He is also Visiting Senior Lecturer at King's College London Institute of Psychiatry and visiting Professor in the School of Health at Northampton University. His speciality topics include forensic psychiatry, secure care and healthcare governance.

**Philip Sugarman's Academic Centre publications include:**

**Managing outcomes performance in mental health using HoNOS: experience at St Andrew's Healthcare (2009)** with L Walker and G Dickens in *Psychiatric Bulletin*.

**Tracking risk profiles and outcomes in a medium secure service for women: use of HoNOS-secure (2010)** with CG Long and G Dickens in the *International Journal of Forensic Mental Health*.

**Effective therapeutic practice in a secure women's service: from vision to reality** with C G Long, L Collins, F Mason and CR Hollin (2011) in the *International Journal of Healthcare Leadership*.

**Governance, choice and the global market for mental health (2011)** with A Kakabadse in *International Psychiatry*.



**Marco Picchioni**  
Clinical Senior Lecturer  
in Forensic Psychiatry

Marco is on the General Medical Council's Specialist Register for General Adult and Forensic Psychiatry and is an Honorary Consultant Psychiatrist at St Andrew's Healthcare, with responsibility for male low secure patients. He has published principally on the genetic and environmental influences in schizophrenia and more recently has researched factors that influence the risk of violence in serious mental illness, along with their treatment. Marco is the co-ordinator for the Specialist Secure Mental Health Masters programme module at the Institute of Psychiatry.

**Marco Picchioni's Academic Centre publications include:**

**Altered connections on the road to psychopathy (2009)** with MC Craig, M Catani et al in *Molecular Psychiatry*.

**Clinical significance of neurological abnormalities in psychosis (2009)** with P Dazzan in *Advances in Psychiatric Treatment*.

**Common variants conferring risk of schizophrenia (2009)** with H Stefansson, R A Ophoff et al in *Nature*.

**Impaired intellect and memory; stepping stones between genetic risk and schizophrenia (2010)** with T Touloupoulou, T E Goldberg and I Rebollo-Mesa in *Archives of General Psychiatry*.

**A functional MRI study of verbal fluency in adults with bipolar disorder and their unaffected relatives (2010)** with M Allin, N Marshall, K Schulze, M Walshe and M-H Hall et al in *Psychological Medicine*.

**Genetic Modelling of Premorbid Development and Personality in Twins and Siblings with Schizophrenia (2010)** with T Touloupoulou, F Rijdsdijk et al in *Psychological Medicine*.

# Who's who

## at the Academic Centre



**Geoff Dickens**  
Research Manager,  
Head of Nursing Research  
and Visiting Lecturer

Geoff is a Registered Mental Nurse and manages the Academic Centre. He is also Senior Lecturer at the University of Northampton where he is responsible for the MSc module in Forensic Mental Healthcare. He has published over 40 papers on topics related to psychiatric nursing and forensic mental health including studies of arson and firesetting, challenging behaviour, recovery and patient choice.

**Geoff Dickens' Academic Centre publications include:**

**Imitative suicide: an issue for mental health nursing?** (2010) in the *Journal of Psychiatric and Mental Health Nursing*.

**HoNOS-Secure: tracking risk and recovery for men in secure care** (2010) with P Sugarman and M Picchioni in the *British Journal of Forensic Practice*.

**Firesetting and Mental Health: theory, research, practice** (in press 2011) with T A Gannon and P Sugarman (Editors) (RCPsych Publications)

**Potential severity of aggressive behaviour after acquired brain injury: implications for recording** (2011) with N Alderman in the *Journal of Psychiatric and Mental Health Nursing*.

**A systematic review of the terms used to refer to people who use mental health services: user perspectives** (2011) with M Picchioni in *International Journal of Social Psychiatry*.

**Labelling patients who are resident in a secure forensic mental health service: user views** (2011) with A Lange & M Picchioni in *Journal of Forensic Psychiatry and Psychology*.



**Clare Oakley**  
Clinical Research Worker  
and PhD Student

Clare joined St Andrew's Academic Centre to undertake a PhD project investigating factors predicting violent behaviour in people with schizophrenia. She has a special interest in medical education and recruitment into psychiatry, and has published four books, and 12 book chapters and papers in these areas. Clare is a former Chair of the Psychiatric Trainees' Committee of the Royal College of Psychiatrists and is the UK representative on the Early Career Psychiatrists' Council of the World Psychiatric Association.

**Clare Oakley's Academic Centre publications include:**

**Undergraduate medical education and recruitment to psychiatry** (2011) with J Eagles and T Brown in *Teaching Psychiatry to Undergraduates* (RCPsych Publications).

**Theory of Mind, schizophrenia and violence** (2011) with S T Harris and M Picchioni in *Schizophrenia Bulletin*.

**A trainee perspective of WPBA** (2011) in *Workplace-based Assessments in Psychiatry* 2nd Edition (RCPsych Publications).



**Stephanie Harris**  
PhD student

Stephanie holds an MSc in Forensic Psychology and her work focuses on the relationship between decision making and impulsivity and aggression. At St Andrew's Academic Centre she is employing a range of cognitive and neuropsychological tasks to identify neurocognitive factors associated with violence in men with schizophrenia.

**Stephanie Harris's Academic Centre publications include:**

**Theory of Mind, schizophrenia and violence** (2011) with C Oakley and M Picchioni in *Schizophrenia Bulletin*.

**Violence in schizophrenia: imaging studies** (2011) with C Oakley and T Fahy in *Schizophrenia Bulletin*.

# Who's who

## at the Academic Centre



**Catherine Frogley**  
Research Associate

Catherine joined St Andrew's Academic Centre as a Research Assistant in December 2010 and is currently working on a retrospective study of the efficacy and tolerability of clozapine for women with Borderline Personality Disorder and a systematic literature review investigating clozapine's ability to reduce aggression in people with schizophrenia.



**Members of the core Academic Centre team**

Above, the core Academic Centre team with Professor Nick Alderman and Dr Caroline Knight (back row left). Nick and Caroline are key members of the extended network of researchers at the Academic Centre with particularly notable contributions as the developers of the OAS-MNR and SASBA scales for assessment of violence and inappropriate sexual behaviour. Other key visiting academics include Dr Clive Long who has expertise in psychological treatment and research in Women's secure services, Dr Jane McCarthy, a leading expert in the care of people with intellectual disability, and Dr Camilla Haw, who specialises in areas including prescribing practice in secure care.

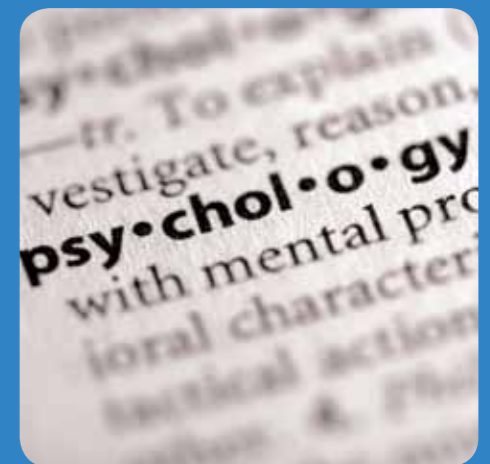
# We can help

As a mental healthcare Charity leading through innovation, St Andrew's prides itself on its commitment to supporting high quality, ethically approved research that is conducted both for clinical and educational purposes.

For more information please contact **Geoff Dickens, Research Manager**, on **01604 616000**.

### We can help if:

- You are planning to conduct research at St Andrew's
- You need advice or information about research governance
- You are looking for details on obtaining funding for research at St Andrew's
- You are interested in the past and present research conducted at St Andrew's
- You are interested in participating in research at St Andrew's.



## Academic Centre publication topics 2009 to 2011



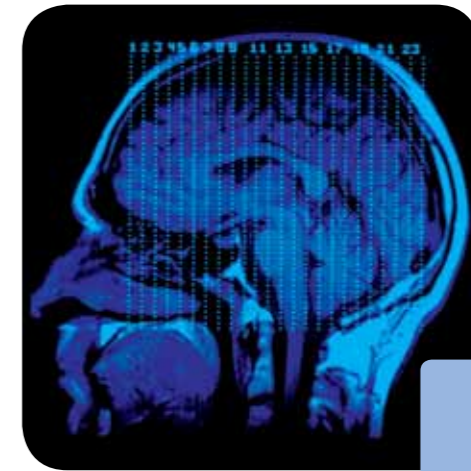
Much of the published work from the Academic Centre is collaborative and multidisciplinary.

This summary gives an indication of the variety of topics covered by individual authors and the volume of material published by the Academic Centre in each of the topic areas.

More information is available at [www.stah.org/academiccentre](http://www.stah.org/academiccentre)

Author	Men	Women	Adolescent	Older People	Neuropsychiatry	Specialist groups	Biological psychiatry	Risk and safety	Outcomes and service evaluation	Staff training, professional and educational	Service user involvement	Psycho-pharmacology
Professor Philip Sugarman	✓ (1)	✓ (2)				✓ (1)		✓ (5)	✓ (5)	✓ (6)	✓ (5)	
Professor Nick Alderman				✓ (1)	✓ (10)	✓ (2)		✓ (6)	✓ (1)	✓ (4)	✓ (1)	
Dr Marco Picchioni						✓ (1)	✓ (25)	✓ (3)	✓ (2)	✓ (4)	✓ (1)	
Dr Clive Long		✓ (17)		✓ (1)		✓ (15)		✓ (4)	✓ (4)	✓ (3)	✓ (1)	
Dr Geoff Dickens		✓ (1)			✓ (1)	✓ (2)		✓ (10)	✓ (6)	✓ (7)	✓ (3)	
Dr Camilla Haw	✓ (10)		✓ (1)	✓ (5)	✓ (2)	✓ (7)		✓ (3)		✓ (5)	✓ (2)	✓ (5)
Professor Graeme Yorston	✓ (1)			✓ (2)		✓ (2)				✓ (1)		✓ (1)
Dr Caroline Knight		✓ (1)		✓ (4)	✓ (2)	✓ (4)		✓ (3)		✓ (2)		
Dr Marilyn Sher			✓ (2)	✓ (1)		✓ (1)		✓ (1)		✓ (2)	✓ (2)	

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Dr Malcolm Wheatley			✓ (1)			✓ (1)				✓ (1)		
Dr Nuwan Galappathie										✓ (3)		
Dr Ernest Galton			✓ (1)							✓ (1)	✓ (1)	
Dr Keith Jenkins					✓ (2)	✓ (1)						
Dr Rafey Faruqi					✓ (1)							
Dr Piyal Sen										✓ (2)		
Dr Clare Oakley		✓ (1)					✓ (1)	✓ (2)	✓ (1)	✓ (4)		
Stephanie Harris							✓ (1)	✓ (3)				

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