

St Andrew's Healthcare Birmingham

Bridging the gaps in secure mental health care

for men with Mental Illness
or Autistic Spectrum Disorders

Specialist care with four levels of security

A charity leading innovation in mental health



St Andrew's
HEALTHCARE

BIRMINGHAM

St Andrew's Healthcare Birmingham

170 years leading in specialist mental health care

St Andrew's Healthcare is the UK's leading not for profit provider of specialist health care for people with mental disorders, learning disabilities and acquired brain injury. We have founded our strong reputation on the quality and diversity of our specialist assessment, treatment and rehabilitation services.

Since it was founded in 1838, St Andrew's Healthcare has operated as a non-profit making charity. More than 2,000 staff across our three sites in Northampton, Essex and Birmingham are committed to providing exceptionally high standards of care, ensuring that every service user receives and responds to a programme of individual expert treatment. St Andrew's is proud to add the state of the art 128 bed facility to its complement of regional sites.

Working in partnership with the NHS and, as a charity, we re-invest our income so that our facilities and care pathways stay at the leading edge.



Specialist care closer to the community

St Andrew's Healthcare expanded to provide opportunities for service users in the Midlands and neighbouring areas to receive care as close as possible to their communities and families. St Andrew's Healthcare Birmingham was developed to meet the needs of partners in the NHS and the criminal justice system and provides a unique combination of services.

Referrals for this facility, which will provide comprehensive assessment, treatment and rehabilitation for men aged 18 to 65 who require specialist care to deal with complex needs, can be submitted through the options below.

In an environment with appropriate security, service users will receive specialist care from experienced multi-disciplinary teams and enjoy excellent social, educational and leisure facilities.

For further information or to make a referral please call our freephone referral line on

0800 434 6690

or visit www.stah.org/birmingham



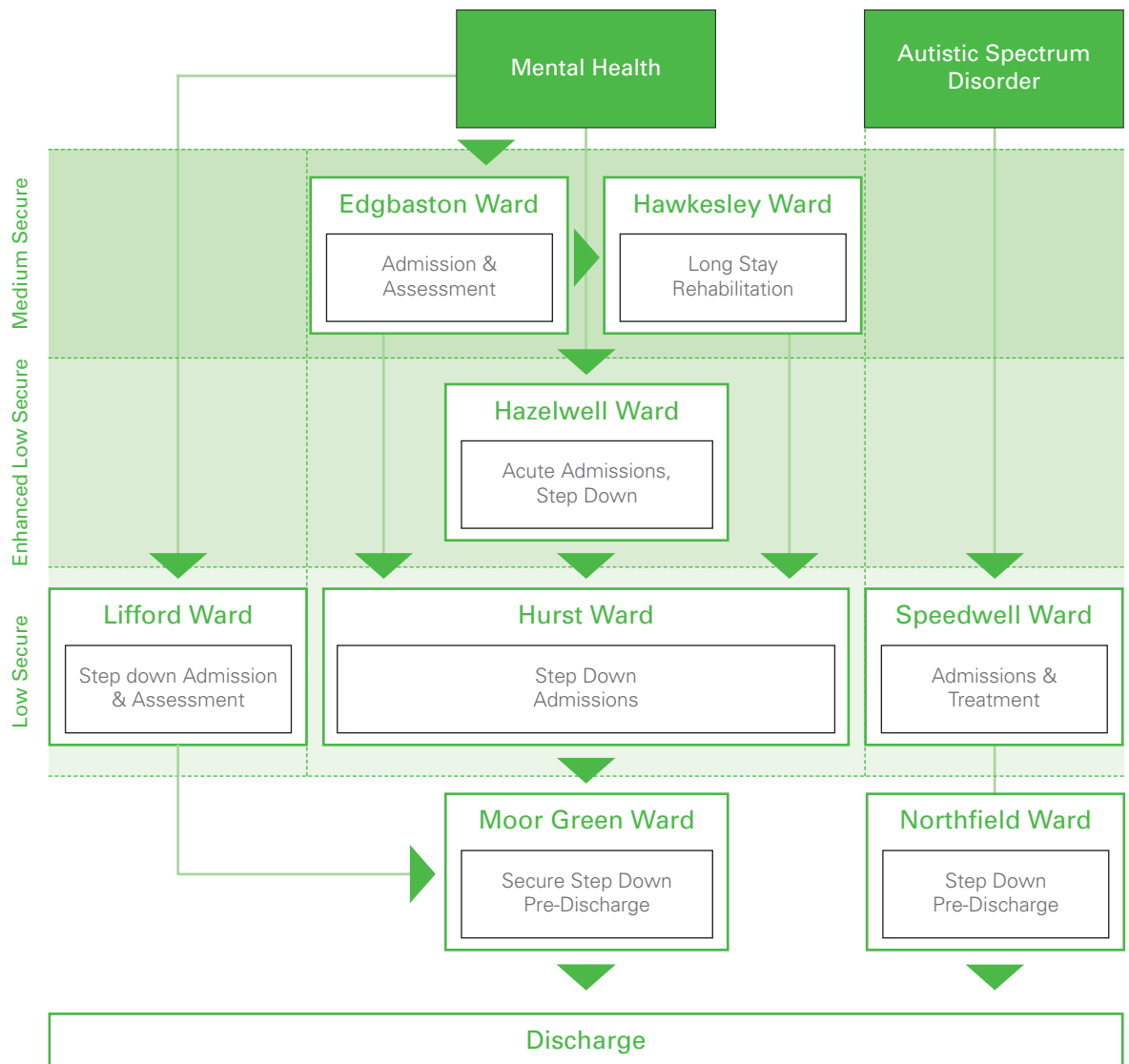
Stage by stage specialist care

St Andrew's Healthcare Birmingham helps service users take safe steps towards recovery. Our aim is to guide individuals through their care pathway, supporting them to take increasing responsibility for managing their own mental health needs. This leads to the ultimate goal of enabling them to live with the least restrictions, be that within our own units or by returning to their own communities.

When we receive a referral we carry out a prompt assessment. A comprehensive care plan will be developed for the individual, giving maximum therapeutic benefit and appropriate security at all stages. With comprehensive facilities available on one site, service users benefit from the continuity of care available at St Andrew's Healthcare Birmingham, with regular evaluation guiding them through their care pathway.

In addition to our medium and low secure units, St Andrew's Healthcare has extended the care pathways with extra levels of security – an enhanced low secure unit and a step-down pre-discharge unit.

Care Pathway



Comprehensive care for a range of service users

Mental Health

We offer services for men with a diagnosis of a mental illness who require care in one of the following 4 levels of security.

Medium Secure

Two 15-bed units providing mental health care and rehabilitation in a medium secure setting.

Enhanced Low Secure

One 18-bed unit at a security level between medium and low secure for men with challenging behaviours.

Low Secure

Two 16-bed units providing mental health care and rehabilitation in a low secure setting.

Secure Step-Down Pre-Discharge

One 16-bed unit providing the final step in the care pathway towards community facilities such as hostels and specialist housing.

This unit works towards re-integration into the community, with the involvement of local NHS mental health teams.

Autistic Spectrum Disorder

Low Secure

One purpose built, 16-bed unit providing specialist care for men with ASD in a low secure setting

Secure Step-Down Pre-Discharge

One dedicated 16-bed unit providing the final stage of care before service users move on to specialist housing and hostels.

Appropriate for service users who:

- Have potentially serious challenging or risk behaviours and require specialist care.
- Require a low secure service prior to a step-down pre-discharge unit as a final step towards community facilities.
- Enter from other units within their care pathway such as St Andrew's Healthcare, Northampton and Essex, or another provider.

This service has been developed in partnership with the National Autistic Society, working towards NAS quality accreditation.

Delivering effective care

Therapeutic programmes at St Andrew's Healthcare Birmingham are managed by experienced medical and nursing staff, psychologists and occupational therapists, working with specialists in speech and language therapy, physiotherapy, education, primary health care, social work and dietetics. Our multi-disciplinary teams work together to develop and deliver outcome-focused evidence based treatment.

State of the art facilities

St Andrew's Healthcare Birmingham is a safe and secure environment offering modern and comfortable facilities.

Our facilities are designed to meet the social, cultural and spiritual needs of our service users. Recreational facilities at St Andrew's Healthcare Birmingham include a sports hall, gym, café, music studio and multi-faith room. A pastoral service is available for all service users.

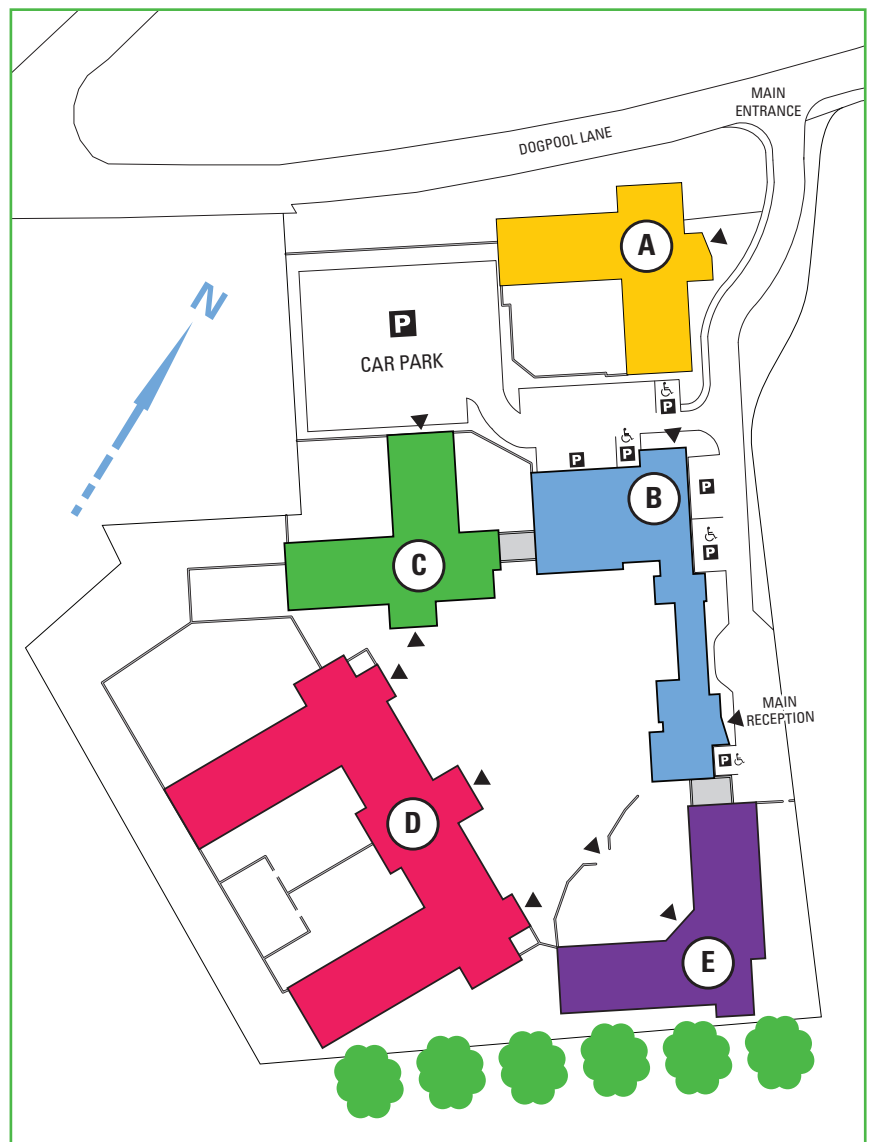
A
Step-Down
Pre-Discharge
(Mental Health/ASD)

B
ADL Kitchen
Arts & Crafts Room
Cafe & Shop
Gym
IT & Activity Room
Main Reception
Multi-Faith Room
Music Studio
Sports Hall
Therapy Areas
Visitors Room
Workshop

C
Low Secure
(Mental Health)

D
Medium Secure
Enhanced Low Secure
(Mental Health)

E
Low Secure
(Autistic Spectrum
Disorder)



Make a referral now

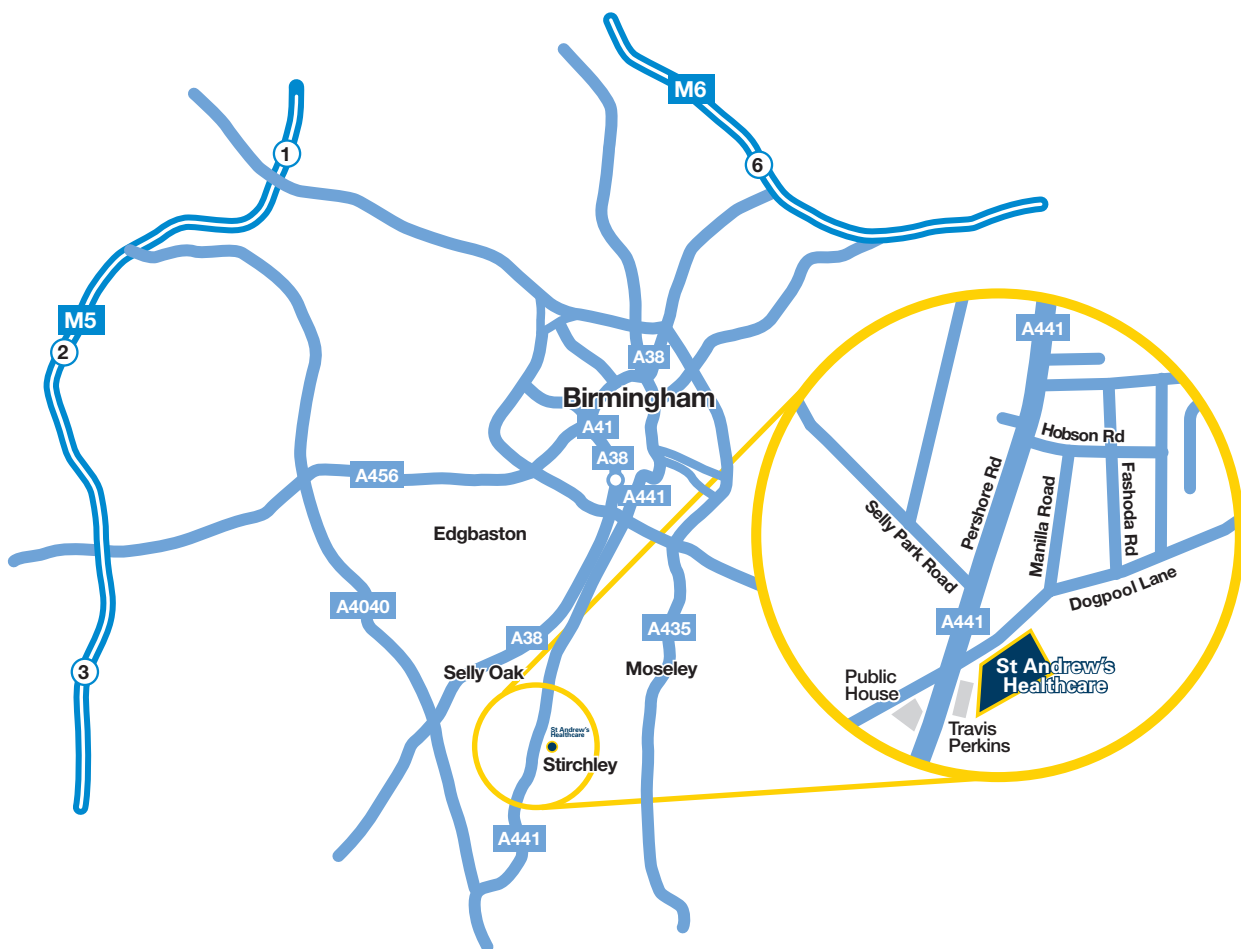
Visit our website at www.stah.org

to download a referral form.

Or call freephone **0800 434 6690**

to speak to a member of our admissions team about referring a service user.

How to find us



Not for profit

St Andrew's Healthcare operates within a not for profit charitable framework. All surpluses generated are re-invested into service user care and improving facilities.



Enquiries

For further information or to make a referral, please contact us by telephone or email:

Freephone service enquiries on
0800 434 6690

Email: enquiries@standrew.co.uk

www.stah.org/birmingham



St Andrew's
HEALTHCARE

BIRMINGHAM

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