

Manchester Dual Diagnosis MDO project

A 6 month project for hard to reach service users with complex mental health needs and high levels of risk



Greater Manchester West

NHS Mental Health
Foundation Trust

The Team

- ◆ Matt Paterson, Nurse Consultant, Dual Diagnosis and Clinical Lead (0.5)
- ◆ Lynne Daly, Consultant Adolescent Forensic Psychiatrist (0.1)
- ◆ John Hicklin, Forensic Nurse Specialist (0.5)
- ◆ John Lees, RMN, Addictions (1.0)
- ◆ Fiona Stubbs, RMN, Forensic Psychiatry (1.0)
- ◆ Mark Garrity, Support, Time and Recovery Worker (1.0)
- ◆ Adrian West, Consultant Forensic Psychologist (0.1)

Definition of Effective Practice

“Protocols and procedures which facilitate the provision of care for complex mental health needs between the various agencies involved in the management of offenders within the Criminal Justice System”

Winstone and Pakes 2008
Mental Health Effective Practice Toolkit
Office for Criminal Justice Reform

Key Areas of Effectiveness

- ◆ Financial stability
- ◆ Clear operational and info sharing protocols
- ◆ Effective leadership
- ◆ Clear role definitions
- ◆ Shared philosophy and goals
- ◆ Shared training
- ◆ Adequate staffing
- ◆ Links to voluntary providers and the local community

The Task

- ◆ You have £100,000
- ◆ Design and execute a 6 month service for dual diagnosis community patients who are a risk to others
- ◆ Include a minimum of 25 (increased to 50) patients

Solution

- ◆ Design a Nurse Consultant led service
- ◆ Bring together staff from 3 specialisms:-
Forensic, Adolescent Forensic and Addictions
- ◆ Inclusion criteria are anyone who has no service and is excluded from other services

Well that is.....

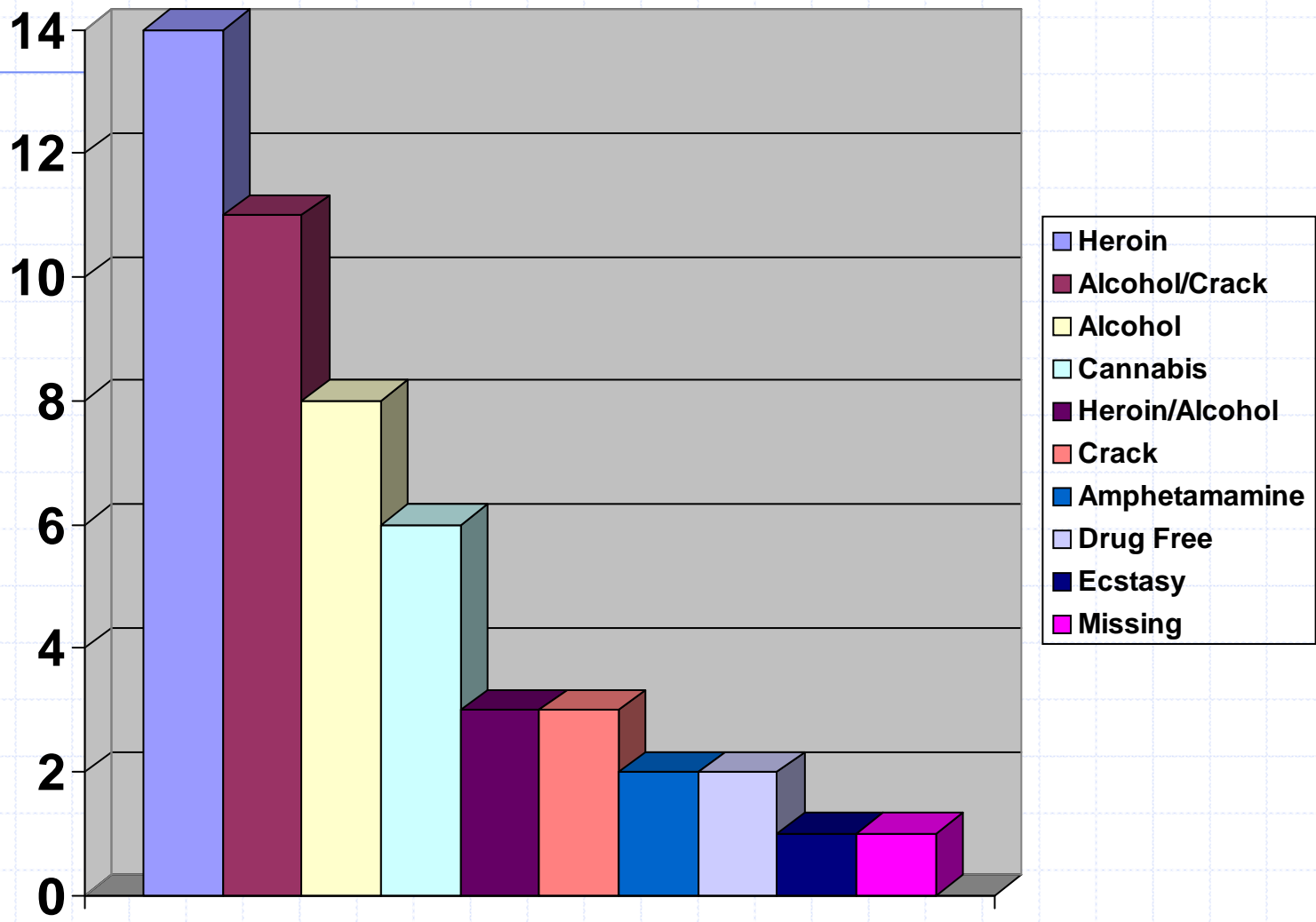
- ◆ A group of chronically substance misusing individuals
- ◆ Who are personality disordered and/or
- ◆ Who have a psychotic illness (generally mislabelled as "drug induced")
- ◆ Who DNA repeatedly and mess up the stats
- ◆ Are aggressive to health staff
- ◆ And revolve in and out of custody and/or psychiatric inpatient care

Results

- ◆ 63 referrals
- ◆ 12 referred in last month thus assessment only
- ◆ 45 were case worked
- ◆ 67% from probation
- ◆ 21% from statutory SMS services
- ◆ 6% from homeless agencies

Results

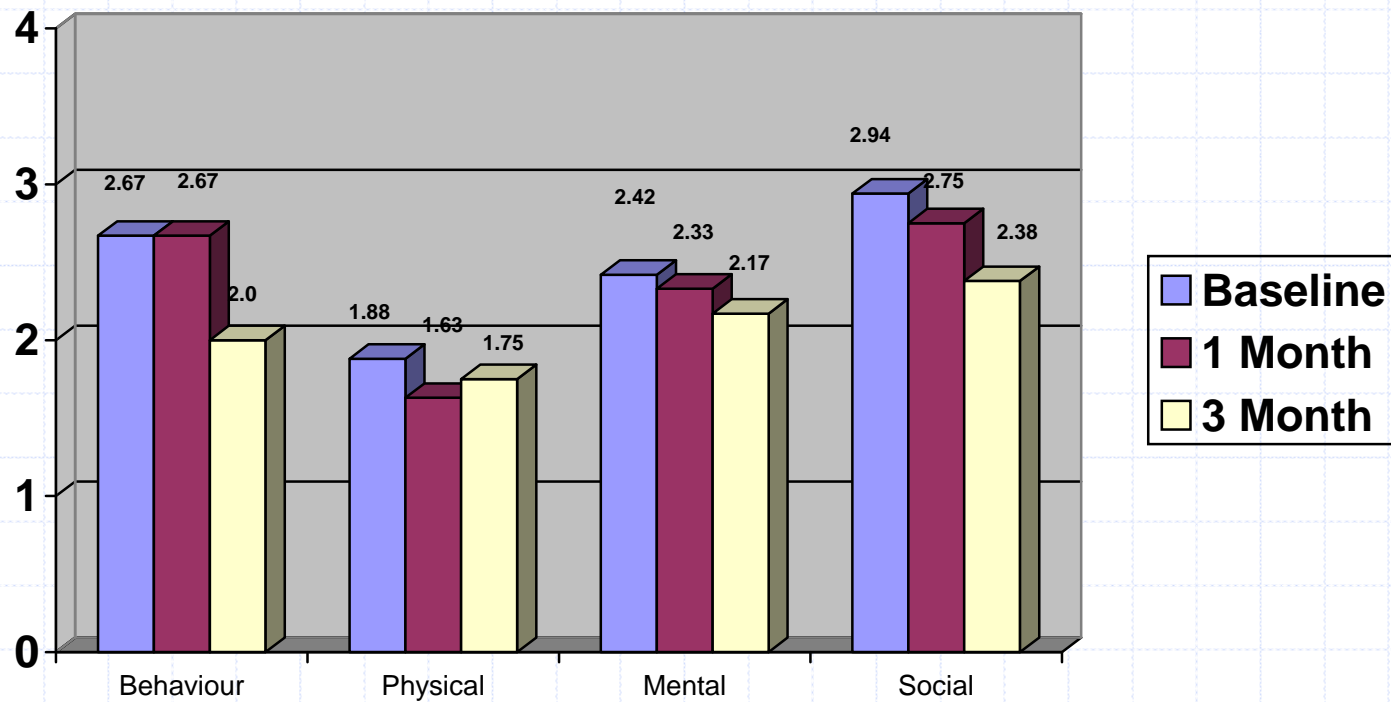
- ◆ 51% used 3 or more substances
- ◆ 43% had injected
- ◆ 39% were current offenders
- ◆ >30% lived with children



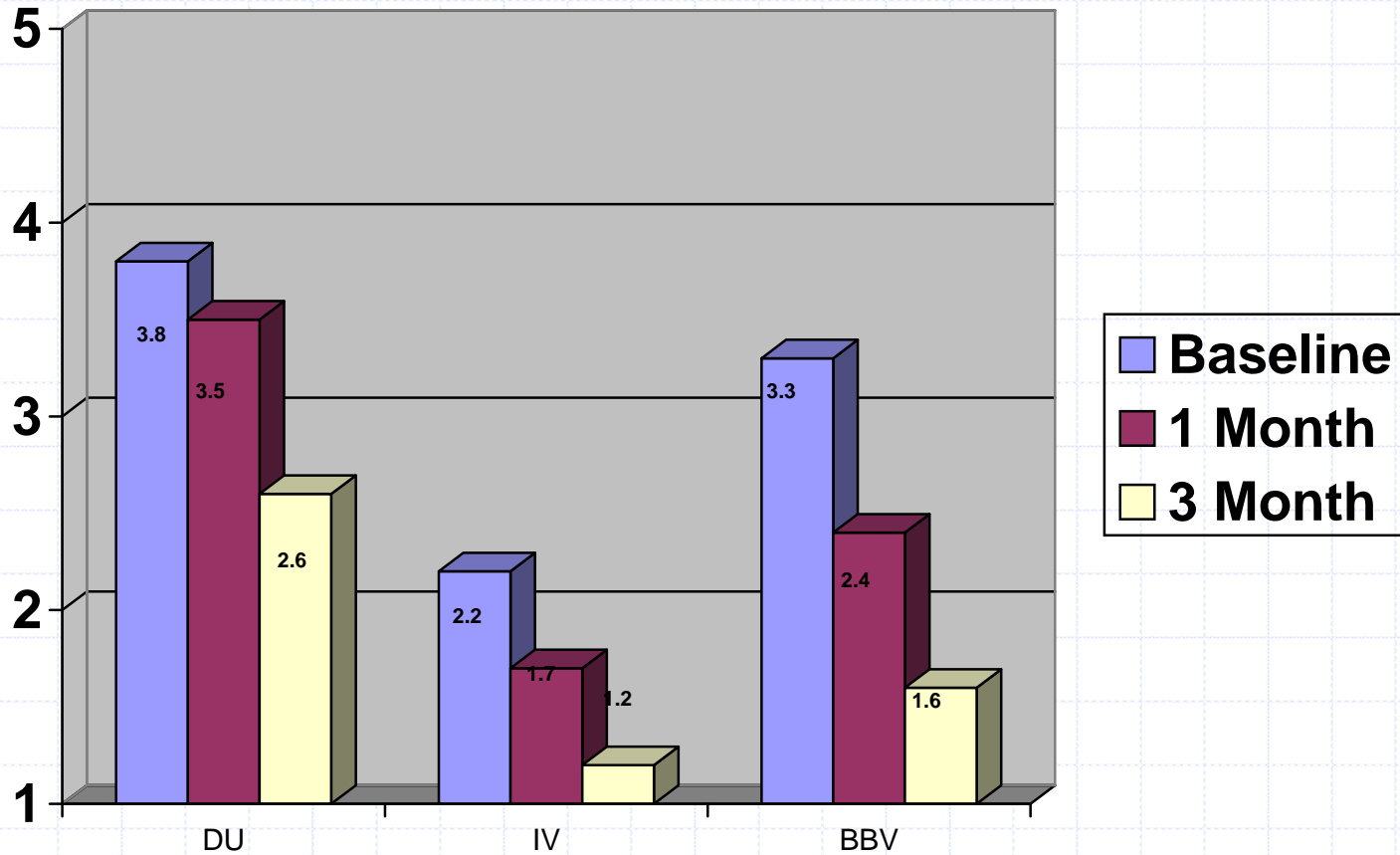
Diagnosis and Risk

- ◆ Mood Disorders 14
- ◆ Anxiety Disorders 3
- ◆ Psychotic Disorders 8
- ◆ Personality Disorders 14
- ◆ Risk – significant risks of violence and suicide (HCR-20, ESR-29)
- ◆ No serious incidents during pilot

3 month HONOS



3 month CAT



Other features

- ◆ 68% previous contact with MH services
- ◆ Of those, 50% CMHT, 40% prison, 27% previous inpatients
- ◆ MH/SM responsible for 57% of violent offending, 14% acquisitive
- ◆ 20% known BBV, 40% unknown

Reasons for previous non-engagement

- ◆ Didn't fulfil criteria 37%
- ◆ Never attended 20%
- ◆ No follow up 17%
- ◆ Moved 7%
- ◆ Not seen for > 1yr 7%
- ◆ Discharged 7%