

Monday, 23rd March 2009

Neurobehavioural Rehabilitation: Self-Monitoring Approaches and Challenging Behaviour in Acquired Brain Injury

A half day conference to be held at St Andrew's Hospital

The National Brain Injury Centre, based in the Kemsley Unit of St Andrew's Healthcare, is celebrating its 30th Anniversary in 2009. As part of a programme of events throughout the year being held to mark this occasion, a half-day conference is being held on Monday 23rd March at St Andrew's Hospital, Northampton. Papers will be presented by members of the neuropsychology team that examine the contribution of impairment of self-monitoring skills and challenging behaviour in acquired brain injury. The theoretical, experimental and clinical evidence that implicates a causal relationship between poor self-monitoring and various ABI behaviour disorders will be discussed. A number of interventions have been found to be helpful in the management of these disorders using principles drawn from behaviour therapy and cognitive behaviour therapy. Successful application of these approaches will be illustrated by describing a number of individual case studies. In addition, the relationship between self-monitoring and the management of mood, in both inpatient and outpatient work with individuals with ABI, will be described.

12.45-13.00 **Registration and Coffee**

13.00-13.15 **Welcome and Introduction**

Keith Jenkins, Consultant Clinical Psychologist

13.15-14.15 **ABI Behaviour Disorders and Impairments in Self-monitoring: evidence and interventions**

Professor Nick Alderman, Consultant Clinical Neuropsychologist

14.15-14.35 **Self Monitoring – A Response Cost Perspective**

Natalie Lowe, Assistant Psychologist and Andrew Stranaghan, Assistant Psychologist

14.35-14.50 **Coffee**

14.50-15.10 **Two Case Studies of Self Monitoring Training Within A Neurobehavioural Setting**

Dr Jenny Churchley, Clinical Psychologist and Miguel Montenegro, Assistant Psychologist

15.10-15.40 **The Role of Self-Monitoring in Mood Management**

Helen O'Neill, CBT Therapist

15.40-16.00 **Questions for Speakers**

16.00 -16.15 **Close** - Keith Jenkins, Consultant Clinical Neuropsychologist

There is no cost to attend this conference. To book a place, call Nona Pollard, Psychology Service Secretary, on 01604 616767 or email npollard@standrew.co.uk.

For details of other 30th anniversary events during 2009 you can access the Brain Injury Services webpage on www.stah.org.

