



A year of  
education at  
St Andrew's  
Healthcare

2019/20

Transforming lives together



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# Introduction from Katie

## Chief Executive Officer

Welcome to *Grow* – our annual report exploring our progress in education.

The charitable objective of St Andrew’s Healthcare is to ‘relieve suffering, give hope and promote recovery.’ To do this, we design a package of care around every individual that comes to us to help them make the best possible progress.

Education is vastly important within this – not just in the training of our expert staff, but for the patient, too.

Every individual in our care is given access to learning opportunities to enhance their lives and provide them with the skills they need to live independently. We know that education and learning contributes to the recovery of our patients, and we work hard to ensure that people are able to learn in the best way for their particular needs and interests – and this often leads to awards or qualifications. The certificates are a bonus, as more importantly, education allows people to enhance their skills and knowledge, and boost their confidence and self-esteem. Together, this helps people to reach their full potential.

Education is not just a focus for patients; all of our staff are offered training and opportunities for development to improve the way they work with the people in our care. Over the past year, our staff have completed over 23,000 days of learning – that is 6 days of learning per staff member. The learning opportunities they have undertaken range from entry level support to nursing degrees, leadership and development.

We have achieved great things in the past year in all forms of education, as this report illustrates. I hope you enjoy it.

Katie





# Introduction

## Martin Kersey, Executive Director, HR

I am hugely proud to work for St Andrew's Healthcare. It is rare to find an organisation that is so committed to learning in all forms.

It is exceptionally rewarding to see the benefits that education brings - to our patients, our staff, students on placement with us and members of the public through our community projects. Staff training is an area I'm particularly proud of; the training we provide helps the people who work with our patients to improve and succeed, which in turn helps our patients to progress their recovery.

In these pages you will see a snapshot of the education activities we have underway. I hope you enjoy reading it.

Martin



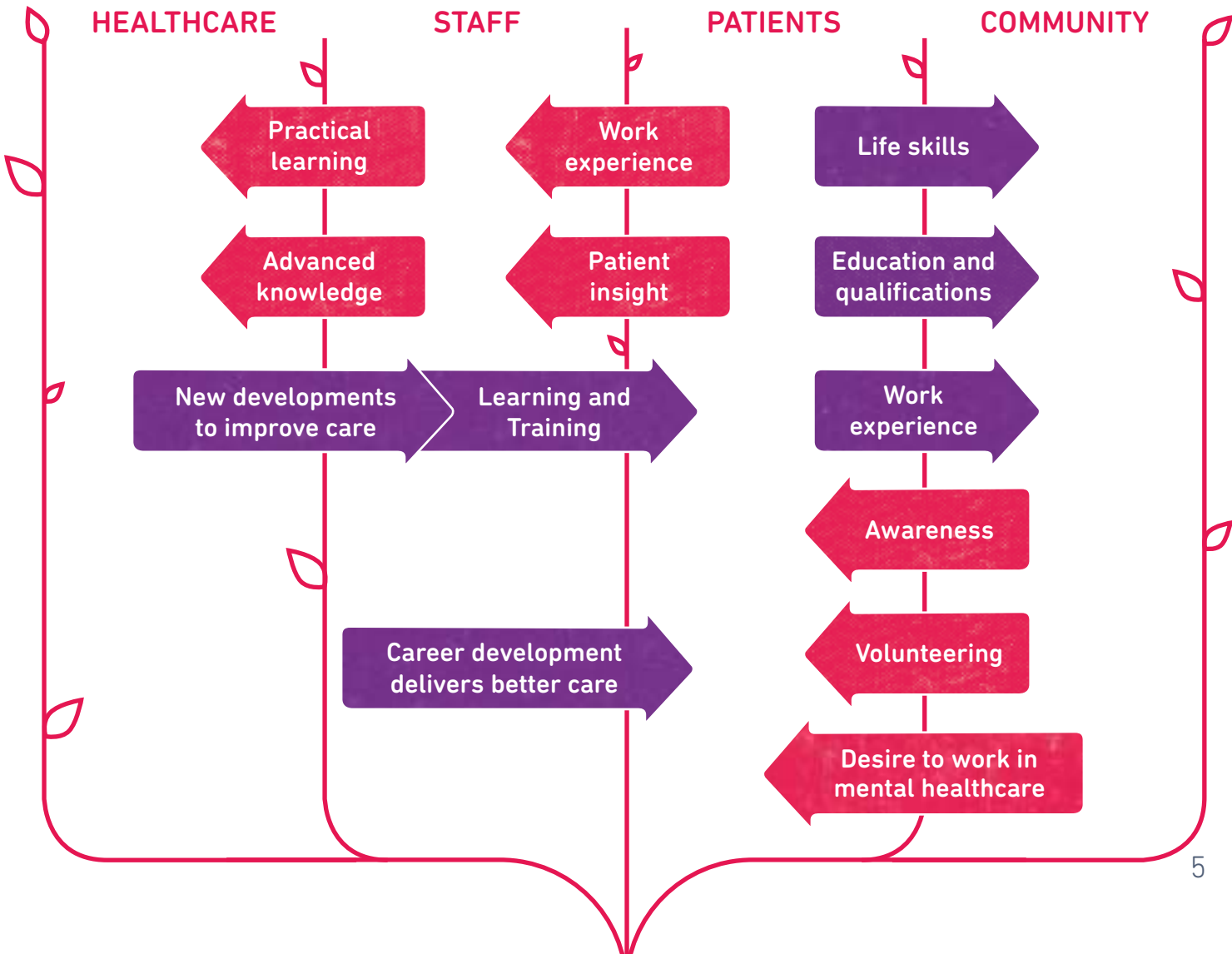


St Andrew's Healthcare is a mental health Charity. Our charitable purpose is to relieve suffering, give hope and promote recovery. Education is an important focus of our work.

## Education at St Andrew's

We provide individualised treatment and care for over 600 inpatients who face challenges of mental illnesses, developmental disorders, brain injuries and neurological conditions.

We also offer treatment and support for 2,900 individuals within community settings and as outpatients, to different groups including former members of the Armed Forces, people within the Criminal Justice System, and work with other services to support individuals as they leave hospital care.





# Patient Education

## St Andrew's College

### Our mission statement

"We provide a safe and caring space where you can experience individualised opportunities to **learn, achieve, and believe in yourself.**"

**St Andrew's College:** the school at the heart of our Child and Adolescent Mental Health Service.

The College aims to give pupils:

- An outstanding education
- Opportunities to try new things
- Confidence in their abilities
- Hope for the future.

#### St Andrew's College: The Facts!

- ✓ Rated Outstanding by Ofsted
- ✓ Over the last year, students achieved a total of 404 qualifications
- ✓ Core subjects include Art, Business, English, ICT, Maths, PE, Science and Vocational topics.

**86%**  
of students are making expected or better than expected progress towards their target this year.

#### Our curriculum

At St Andrew's College we use the Activ8 curriculum, which has been designed to foster in young people self-motivation, the application of intellectual, physical and creative effort, interest in their work and the ability to think and learn for themselves. Our priority is a continuous focus on our learners' recovery, and to equip them with the necessary individual skills they need to make successful progress and transitions in their future lives.

Education works alongside other disciplines: psychiatry, psychology, speech and language therapy, occupational therapy, music therapy, physiotherapy, chaplaincy, dietetics, medical and nursing. This is to ensure a bespoke and balanced educational and therapeutic timetable for all young people appropriate to their individual needs.

Our Activ8 curriculum intends to help our young people by:

- Equipping young people with the skills they need to make a successful transition in their future
- Instilling confidence and self-belief in our young people so they are able to live safe, healthy and fulfilling lives
- Supporting them to become responsible citizens who can make a positive contribution to society
- Enabling them to become successful students who enjoy learning, make progress and achieve their ever-growing potential.

The Activ8 curriculum provides a broad and balanced education for all students, offering a range of pathways for curricular and enrichment activities regardless of starting point, special educational need, disability or background. The curriculum aims to be holistic by offering both accredited courses and personal development opportunities, which brings benefits to themselves and the community.

Activ8 is flexible enough to meet the needs of our diverse students and matched to the individual needs of the student. It builds upon students' existing knowledge, skills and understanding.

#### Enrichment opportunities

Lessons at St Andrew's College are not just classroom based. Here's a few of the enrichment activities that have taken place this year.

- Our Achievement Awards ceremony – with certificates and entertainment
- Duke of Edinburgh Expedition around the grounds
- Climbing and trampolining awards
- Mountain trip – hiking in the Peak District
- Election Day – a mock general election which provided young people with an understanding of elections, democracy and party manifestos
- Donations to the Hope Centre (a local homeless shelter)
- Winter and talent shows
- Health and Wellbeing Week (from sexual health and dental care, to healthy baking and tai chi!)
- Environmental Enrichment Day – a day exploring climate change and the global environment
- World Book Day.

### Case study

**Stephen\*** is 17 years old. He enjoys gymnastics, gaming and practical activities.

He has a diagnosis of mild learning disability, behaviour requiring attention and treatment, Hyperkinetic Conduct Disorder and foetal alcohol syndrome. He has a long history of disruptive and high-risk behaviours.

Stephen attended a mainstream primary school, but was expelled aged 6 due to his aggression towards staff. He then started at a special needs primary school. He absconded from school on a number of occasions and he displayed extreme and unpredictable behaviour.

Since being admitted to St Andrew's and attending our college, Stephen has achieved Functional Skills Entry Level 1, 2 and 3 in ICT, Step up to English Silver Award, Entry Level 3 in Science, 29 Unit Awards and he is nearing completion of his Entry Level 2 in Mathematics.

In addition to these qualifications Stephen has passed his Bronze Duke of Edinburgh Award and is now working towards his Silver. He has also completed all 10 levels of the British National Gymnastics Awards in Trampolining. Stephen has made substantial progress in his reading and has gone from below 6 years on admission to 10 years 4 months at his last assessment. He is also studying towards the NCFE Level One certificate in Sport and is learning to play the guitar.

**Stephen's attendance to the college is above 95% and he is able to concentrate and fully engage in his lessons, which he really struggled with on admission. He has very positive relationships with his teachers and his teachers report that he is 'a pleasure to teach'.**

\*Names changed to respect patient confidentiality



# Adult Education

Education and learning contribute significantly to the recovery of our patients and service users. Many of the individuals in our care have had poor experiences of learning in the past, but our professional staff help people learn in ways that meet their particular needs, often leading to awards or qualifications.

The skills taught can support people to learn and increase their knowledge about subjects which are vital for living in the community safely, and can support people to work towards finding employment in an area they are interested in.

Our college has become the Adult Education hub and a place where the teaching teams can work closely to ensure that every individual in our care has access to the most relevant courses and qualifications, and that the right person in the team is available to support their recovery.

**12,143**  
teaching sessions offered  
this past year

**Over 350**  
qualifications available,  
including:

- ✓ Literacy
- ✓ Numeracy
- ✓ Economic wellbeing
- ✓ Healthy living
- ✓ IT skills
- ✓ Sports coaching
- ✓ CV writing
- ✓ Employment skills
- ✓ Online learning courses

## Case study

**Michael\*** is in his early thirties and was admitted to St Andrew's in 2019. He has a history of alcohol addiction, depression and has diabetes. He suffered a hypoxic brain injury as a result of hypoglycaemia related to his diabetes. He experiences cognitive impairment including memory difficulty as a result, and continues to struggle to manage his diabetes.

Michael had a fairly normal education and achieved three GCSE passes when at school. At Further Education College he gained a BTEC First Diploma in Horticulture and went on to work in a variety of jobs including as a groundskeeper, a printer technician and in a supermarket.

Michael enjoys the outdoors, gardening and travelling.

His goals are to be able to recover as best he can, complete further study, find work, get married and start a family.

Over the last six months, Michael has been very active in his learning programme, attending four sessions a week and engaging with enthusiasm and commitment. He has completed a series of e-learning courses on areas of interest and has gained the following certificates:

- ✓ Level 2 Award of Food Safety in Catering
- ✓ Level 2 Award in Nutritional Awareness
- ✓ Level 2 Award in Health and Safety
- ✓ Workplace First Aid
- ✓ Fire Safety Awareness

As a result of gaining his Food Safety certificate, Michael is now completing a work experience placement on his ward, helping with serving meals to his fellow patients which has been a really positive experience for him.

He is now working on areas of interest through the Open Learn programme, which is part of the Open University. He has completed a module on Making Sense of Mental Health Problems and is currently working on Science of Nutrition and Healthy Eating.

Michael's commitment to learning makes him a model student and he is clearly gaining a great deal of personal satisfaction for all his recent achievements, in addition to working towards his goals for moving forwards in his life.



# Patient Education

## REDS, Workbridge

### REDS Academy

The St Andrew's Recovery and Every Day Skills (REDS) Academy is a free, inclusive offering open to patients, staff and carers alike.

REDS Academy aims to help people to improve their health and wellbeing, gaining positive feelings about today and confidence in their future.

REDS Academy offers education, not therapy, and focuses on talents, not people's challenges. The courses are designed and delivered with input from people who have lived experience of mental health challenges.

#### Current courses include:

- ✓ Managing Money
- ✓ What is Borderline Personality Disorder
- ✓ Labels Belong on Tins, not People
- ✓ Finding Hope
- ✓ Drama
- ✓ Mindfulness
- ✓ Songwriting
- ✓ Improving your Self-belief

"Courses are good - would recommend both service users and staff to attend."

**Student**

#### REDS Academy:

**632** students from  
**36** different wards  
have taken part  
in courses  
**42%** of these were  
patients, and  
**58%** were staff.

"Always made to feel welcome  
and it's a good way to meet  
others and hear their opinions."

**Student**

"The REDS Academy facilitated the 'What is Borderline Personality Disorder (BPD) workshop last month and the event was really well received. Staff and patients attended the session together and it was lovely to see them learning from one another. I found this session really helpful in building upon my knowledge of BPD, but particularly in having a greater understanding of what it is like to live with BPD. Feedback from patients and staff who attended was very positive. The Trainers use examples from their own experience to help explain more difficult points and it was lovely to see how this led to some of our patients reflecting on their own experiences."

**Trainee Psychologist**



### Workbridge

Workbridge supports people with mental illness, learning disabilities, autism or brain injuries to develop work and life skills.

Over 37,500 vocational sessions were accessed at Workbridge last year. St Andrew's patients attend activities at our Northampton, Birmingham and

Essex sites, in public facing and secure areas. At our Northampton site over 300 community service users were able to attend sessions.

#### Work experience and activities include:

- ✓ Bike maintenance
- ✓ Catering
- ✓ Ceramics
- ✓ Charity shop
- ✓ Contracting
- ✓ Food Hygiene
- ✓ Office skills
- ✓ Plant nursery
- ✓ Garden centre
- ✓ Nature projects including Beekeeping
- ✓ Coffee shop
- ✓ Design & print
- ✓ Textiles
- ✓ Woodturning
- ✓ Woodwork



### Work placements

Over the year

**104 patients**  
from St Andrew's, across

**30 wards,**  
completed a 12 week work placement.

These placements took place  
either within St Andrew's,  
or with a local employer.



# Educating the Community

Despite the prevalence of mental ill health in the UK, with around one in four people experiencing such issues every year, there remains a strong stigma around mental illness.

We have a duty to our patients to help drive better understanding of mental health concerns and how they are treated. Transparency and insight will help to drive acceptance and inclusion.

Our initiatives to engage with the community include the following:

- ✓ Creation of the Let's Talk About video series, a collection of four short films featuring St Andrew's experts, which aim to demystify some of the more serious mental health conditions. So far we have released videos on the subject of Schizophrenia, Borderline Personality Disorder, Dementia and Post-Traumatic Stress Disorder.
- ✓ A former patient, WelshStar, started a blog about her life in one of St Andrew's wards. Now she has been discharged and is living in the community, we are continuing to share her story via blogs and social media posts. WelshStar was recently shortlisted as a finalist in the National Service User Awards, for her work in breaking down barriers and stigma.



## Our Quality Mark for Schools

St Andrew's College offers a Mental Health Quality Mark to schools to increase their understanding of mental health for both their staff and pupil teams, and to provide them with up to date training and support. The Quality Mark integrates with the Ofsted Framework domains and is therefore beneficial for schools in evidencing how they address mental health holistically as a school.

The College has developed a range of training sessions for schools which focus on different aspects of mental health and wellbeing with an education focused delivery. These include social, emotional and mental health, staff wellbeing, growth mind-set, trauma informed education, anxiety, the impact of social media on mental wellbeing and the educational impact of Covid-19.

In addition to this, the College is working in partnership with the Academic Centre to develop a scholarship programme for young people keen to develop a career in Mental Health or Learning Disability Nursing. This is a new and exciting venture which we hope will help us to

build a new generation of passionate and motivated nurses whilst giving something back to the community and helping students who may otherwise struggle to fund a University placement.

Due to the Covid-19 pandemic we have had to find innovative ways to keep in touch with schools and ensure we are able to support their training needs during this year including offering virtual training sessions, but this appears to have been very well received.





# Staff Education: Building Skills

St Andrew's is unrivalled in its approach to staff education and development. On average, our staff members complete 23,000 days of learning each year, which equates to 6 days learning per person per year.

The learning opportunities on offer range across entry level support for literacy and numeracy, apprenticeships, nursing degrees, training for non-medical staff to become Approved Clinicians, leadership and development skills at levels suited to the individual, and continuing professional development in many different areas.

## FACTS

**23,000**  
days of learning per year

**6 days**  
of learning per staff member per year

**90 staff**  
completed entry level qualifications

**110 apprentices**  
currently on programmes

**55,687**  
eLearning courses passed between April 2019 and March 2020.

## Digital learning

Many of our e-learning courses have been co-produced with our patients, for example our Seclusion and Least Restrictive Practice courses. We have started adding British Sign Language to our videos where possible, in order to improve accessibility. Over the past year we have added 16 new courses to our library.

The Covid-19 pandemic has encouraged us to make best use of technology. We're proud that all of our IT courses are now offered virtually over Microsoft Teams, including Procurement Training, Kronos Time and Attendance, and General IT Support.

"I learnt a great deal from the course and also confirmed what least restrictive practice means to me. It was very important and connected with the everyday job we do."

**Delegate**  
**Least Restrictive Practice course**

## Entry level

For many junior staff members, progressing their career can be a challenge as they may not have achieved the entry level requirements in English and Maths.

We provide free Functional Skills courses that equip learners with the practical skills needed to live, learn and work successfully and the ability to apply these skills effectively to a range of purposes in the workplace and in other real life situations.

**Functional Skills qualifications involve:**

- ✓ 12 hours of classroom training across a 6 week period,
- ✓ 2 hours per week of self-study.
- ✓ Exams to show they can perform at the appropriate GCSE level

In the past year, 119 people successfully completed their Functional Skills qualifications with St Andrew's.

"I have grown hugely in confidence and no longer feel intimidated by writing tasks."

"I had left school many years ago and had never passed my GCSE level Maths so I was really grateful for the Functional Skills course which enabled me to gain my Maths level two; this in turn will hopefully allow me to access a university apprenticeship degree."

## Apprenticeships

Over the year, we have supported 110 apprenticeship learners across our Charity. Staff have undertaken apprenticeships across many and varied areas, including health care support, business administration, HR, finance, catering, estates, data analytics and leadership.

Apprenticeships are a fantastic way in which we can support our staff to develop their skills – which are then put to good use in ensuring continuous improvement in all areas of the Charity's work.

A selection of our Apprenticeship programmes include:

- ✓ Level 2 Health Care Support Worker
- ✓ Level 3 Business Administrator
- ✓ Level 4 Data Analyst
- ✓ Level 5 HR Consultant Partner
- ✓ Level 7 MBA Senior Leaders Degree.

With new apprenticeship programmes available each month, the total number of apprentices is ever-growing.

"I am in my forties with a mortgage and family, it is a massive advantage to learn and develop whilst not adding any student debt. The apprenticeship course is a very convenient way to earn and learn. The flexibility is fantastic, combining work, family and university life whilst completing the apprenticeship."

## Nursing

We deliver three 'career routes' for our nursing teams, designed to take them from the entry level role of Healthcare Assistant through to Senior Nurse, and then on into leadership and management; or further clinical specialisation, or into education and research.

In September 2018 we launched a Nursing Associate programme with the University of Northampton, and 15 people started their journey to progress from Healthcare Assistant to this new, nationally-recognised position within the nursing team.

Fast forward to 2020, and seven of our students have now graduated from this Foundation degree and commenced their roles as St Andrew's first NMC Registered Nursing Associates.

"It has been my privilege to be the programme leader for this course and watch the development of these incredible students. This has been an incredibly challenging degree as it covers all four areas of nursing, pre-birth to death and requires placements in all of the different areas, I am immensely proud of what each of these students have achieved during these past two years."

**Katherine Merrick,**  
Senior Lecturer



## Case study

### Joao's story

I was part of the first cohort taking the Nurse Associate apprenticeship, and over the two years I had an increased responsibility to represent St Andrew's and my ward (Robinson) to a high standard.

Having the opportunity to do a level 5 foundation degree course in an apprenticeship format was a challenge, as I utilised good organisational skills to balance work, studies and family/social life. I also needed good time management skills to achieve the deadlines and to be on top of my academic work, and balanced emotional intelligence which helped me to understand and manage the stress levels throughout the programme.

I personally recommend this course to those that are looking for a step-up and further their professional careers, and are not too sure if they want to be a qualified nurse.

**Joao,**  
Nursing Associate



# Staff Education: Patient Care



## ASPIRE

ASPIRE allows the Charity to 'grow our own' nurses, through recognising motivated and talented individuals who are keen to develop both personally and professionally.

Each year, we offer 20 staff members the opportunity to undertake their Nursing degree under our ASPIRE programme. The students each receive pastoral care and salary support of £17,347 whilst they undertake their BSc in Mental Health or Learning Disability nursing. This support enables them to concentrate on their studies and be the best they can be as students.

There are currently 60 people at various stages of their ASPIRE journey and 76 staff member have qualified and returned to us since the programme began.

"I feel I'm ready to embark on the next level, make a difference and improve the quality of life of others."

"The ASPIRE programme will undoubtedly provide me with the support I require in order to continue my professional development within the Charity."

"The ASPIRE bursary provides a chance for people who are struggling to return to school, to become the exception and succeed in their training."

### ASPIRE students

## ASCEND

ASCEND is our programme to develop Approved Clinicians (ACs) from non-medical professions. We were one of the first organisations in the UK to provide formal training for non-medical staff to take on the AC role.

This ground-breaking initiative embeds our strategy to deliver innovative, world class holistic care. By having Occupational Therapists, Social Workers, Nurses and Psychologists working together we are one of the first healthcare organisations in the country to implement a development programme of this sort.

## Clinical Skills

Clinical skills training is available to staff across 12 professional disciplines from Mental Health Law to Physical Healthcare. Clear career paths are in place for each one, with clarity about the skills and experience needed at each level.

Using both internal experts and external training opportunities this ensures employees have the right

skills and expertise to provide excellent care and deliver the best possible outcomes for our patients.

## Higher Education

Over the year, St Andrew's supported 175 people to achieve qualifications at degree level and above. This includes degrees for our allied health professionals, such as occupational therapists and physiotherapists, and for clinical practitioners to study for the MSc in Advanced Clinical Practice.

## Advanced Clinical Practice

14 staff members from St Andrew's are in the process of training for the MSc in Advanced Clinical Practice.

Our advanced clinical practitioners come from a range of professional backgrounds such as nursing, pharmacy, paramedics and occupational therapy. This Master's level programme helps them to develop the skills and knowledge required to take on expanded roles and scope of practice when caring for patients.



## Case Study

### Cheryl's Advanced Clinical Practice journey

Cheryl Nyabezi has recently completed the ACP Programme. Alongside all of the clinical modules, she also undertook a placement with the East Midlands Ambulance Service (EMAS). She explained:

"I enjoyed all the clinical modules. Although they were challenging, learning and making sense of some processes that I have taken part in but never fully understood was refreshing and intriguing.

My placement with EMAS was exciting, inspirational and great learning within a short space of time. The crew went above and beyond to make sure that I achieved my competencies, including utilising some of their training equipment and space to help me go through the major body systems. Though I spent just a few weeks with them, I felt very much part of a great team that delivered amazing care.

I would recommend the ACP programme to anyone with a passion for clinical work who is willing to put hard work and effort in. The knowledge you gain from the programme is invaluable.



# Staff Education: Leadership and Professional Development

Supporting staff to develop their careers delivers great rewards for them personally, for our patients and for the Charity as a whole. We offer a fluid and non-linear approach so that every colleague can develop both clinically and professionally, ultimately into leadership roles.

Leadership development is one of St Andrew's stated strategic aims – we want to 'grow our own' leaders of the future. We have invested in this area over the years, but this year we fully formalised the approach.

## In the past year...

- ✓ We have enabled 381 internal promotions: 14% of the permanent workforce
- ✓ 52 promotions have been to leader or management level, including 3 Charity Executive Committee members, 39 Clinical Leaders and, 10 Specialist Managers
- ✓ 329 expert promotions; 51 Allied Health Profession (AHP) Assistants, 31 Senior AHPs, 34 Senior Healthcare Assistants, 55 Nurses and 63 Senior Nurses.

### Our Leadership programmes include:

**Leading with CARE** – a three day course focusing on the key principles and qualities of effective, authentic and transformational leadership and explores their application within the culture and values of our Charity.

**TRANSFORM** First Line Manager programme – a leadership and management programme that focuses on the HR Core Skills and management roles and responsibilities. 114 staff members have completed the TRANSFORM programme in the last 12 months.

**Evolve** – our Nurse Manager development programme, for leaders of leaders. The programme aims to provide the link between strategic and team level of leadership. This programme builds on the foundations laid within our Transform First Line Manager programme.

**Coaching** – we have created a pool of 20 coaches who have gained formal recognition via the institute of Management Level 5 programme, and are actively engaged in coaching colleagues across the Charity.

"I would recommend this course as an essential time investment for anyone wanting to step back and reflect upon their own skills and day to day behaviours, and to uncover the magic of how coaching techniques can enable support for others to achieve their own potential."

**Helen,  
Delegate, on our  
Coaching programme**

"This is a truly fantastic course for personal and professional development. The tutors are incredibly supportive and go the extra mile to provide flexibility and ongoing feedback. The course provides the theory and structure to build confidence as a coach. A supportive learning environment is provided in which networking and supervision with peers adds to the overall experience."

**Angela,  
Delegate, on our  
Coaching programme**

### Reverse Mentoring

St Andrew's firmly believes in the benefits of mentoring, the primary aims of which are professional and personal development of senior leaders, with an opportunity to share knowledge, experience and offer advice and guidance. Through this process, both parties benefit from the insight and perspective of the other person.

We introduced a 'reverse mentoring' scheme in 2019, aiming to raise awareness and understanding about the barriers and challenges faced by our Black, Asian and Minority Ethnic community in the workplace and ultimately break down inequalities in the workplace. The difference with reverse mentoring is it is about mentoring 'upwards'; in this case, it is the senior leader who is primarily learning from the less experienced, usually younger colleague.

The scheme has provided an opportunity for our staff from Ethnic Minorities have a direct voice to the top of our organisation. It has helped St Andrew's to break down barriers, shape thinking, policy and strategy, embrace diversity and to build understanding of the experiences and perspectives of all our staff.

"I feel listened to, and the experience has helped build my confidence. The process has changed my perception that the leadership was aloof, and I now know I can access the leadership team if necessary."

**Austin,  
Reverse Mentor  
and Senior Staff Nurse**

"He has challenged me to realise that just being 'anti' racism and discrimination isn't actually enough – you have to be pro equality of experience and opportunity at every level."

**Jess Lievesley,  
Mentee and Deputy CEO**

"She has helped me to understand why people from Ethnic Minority backgrounds may be reluctant to apply for senior posts and I hope in turn I have helped her, even if only a little bit, to feel more empowered and confident to aim higher and ensure her voice is heard."

**Tom Bingham,  
Mentee and  
Communications Director**

### Continued Professional Development

All St Andrew's staff have access to presentations from their colleagues and external speakers to expand their knowledge and network with their peers. Talks usually take place on a weekly basis, however the sessions were briefly put on hold due to the Covid pandemic. Topics over the course of the year have included:

- The deluded self: narcissistic disorders in forensic practice
- Antimicrobial stewardship
- Managing relationships and sexuality among men and women in secure care
- LGBT Awareness – Being an ally
- Body Dysmorphic Disorder in young people
- Identifying and engaging future talent through social media
- Working with carers
- Reflective practice in Social Work
- Trans-inclusive Healthcare
- Rock my menopause
- Drivers of radicalisation: why do individuals engage in extremist violence?
- Nursing Associates
- REDS Academy: How our Recovery College is giving hope and promoting recovery
- Black History Month.



# Student Support

Over the past year we hosted over 300 students from UK universities, helping to support the next generation of experts who will provide the care our patients need.

We continue to build strong relationships with Universities, developing programmes that will provide students with skills from a wide range of disciplines.

Placement opportunities are open for students from any UK-based universities.

"The Buckingham Medical School virtual graduation is next week and as I reflect on my time at medical school, I just wanted to say that this achievement is truly the result of your contribution. Thank you for guiding me and inspiring me. Your teaching is one of the reasons I applied for and got a Psychiatry job during my Foundation year which I am really looking forward to."

**Buckingham Medical School student**

## Last year we hosted...

- ✓ 279 Nursing students
- ✓ 50 Occupational Therapy students
- ✓ 31 Psychology students
- ✓ 1 Social Work student
- ✓ 15 Physiotherapy students
- ✓ 112 Medical students.

We partner with many universities to help students bring their studies to life. These include Cambridge University, the University of Northampton, De Montfort University, the University of Bedfordshire and the University of Buckingham.

As part of this we specifically host medical students from Cambridge and the University of Buckingham, where they spend around seven weeks at the Charity's Northampton site, receiving classroom based teaching from St Andrew's clinicians and gaining clinical skills training within the Charity's wards.



"Excellent teaching from everyone. Pitched at correct level and covered most important points."

**Cambridge Medical School student**



"Thank you for a really well organised placement! Definitely my favourite one."

**Buckingham Medical School student**







## Getting in touch





For more information about our  
**comprehensive care services**

**t:** 0800 434 6690 (we welcome text relay calls)

**e:** [enquiries@standrew.co.uk](mailto:enquiries@standrew.co.uk)

**w:** [stah.org](http://stah.org)

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