



St Andrew's
HEALTHCARE

Registered Charity No. 1104951



Services Directory



A charity working
in partnership to
transform lives



Transforming lives together

A healthcare charity that transforms lives

Through our specialist mental healthcare services, education and research we promote wellbeing, give hope and enable recovery for people with mental health needs.

Our Services:

- ✓ are part of the East Midland's 'IMPACT' adult and child and adolescent mental health services provider collaboratives, the West Midland's 'REACH OUT' adult provider collaborative, and the East of England adult provider collaborative, working to provide the right care, closer to home, for people across the Midlands and the East of England
- ✓ include a wide range of specialist forensic services to support patients admitted from the criminal justice system
- ✓ consists of an innovative secure women's blended service, which aims to eliminate anxieties caused through secure step-down and reduce length of stay
- ✓ offers a progressive community solution that allows people with complex Learning Disability and Autism (LDA) to receive bespoke care in the community rather than in a hospital setting.

Our Education and Training:

- ✓ provides mental health education in schools across Northamptonshire through our LightBulb Mental Wellness for Schools Programme which has helped inform more than 13,000 students
- ✓ has supported more than 1,000 medical students to learn through teaching and placements across our services and funds multiple clinical apprenticeships each year
- ✓ includes the ASPIRE nursing degree programme in partnership with the University of Northampton which supports Healthcare Assistants to become qualified nurses whilst working at St Andrew's
- ✓ actively campaigns to reduce mental health stigma and improve the healthcare experience of people with complex mental health needs.

Our Research:

- ✓ consists of an in-house team that regularly works with others to conduct and support mental health research that helps to improve clinical practice and evidence-based service development.

Listening + Changing

As a charity working in partnership with others, we are continuously seeking feedback to improve the services we offer. If you have used or come into contact with our services, please let us know your views, opinions, thoughts or ideas to help us continuously improve.

➤ Visit stah.org to leave your feedback.

Last year...

3,500

Our inpatient services, community homes and community services supported almost 3,500* people, promoting wellbeing, giving hope and enabling recovery.

420+

More than 420* patients made positive discharges from our inpatient services. Over 50% moved to lower levels of security, many stepping down to community services, closer to their home area.

*Data from July '21 - July '22



Crisis Services - ACUTE, PICU and Neuro Rapid Response

Ward security	Unit name	Gender	Beds	Service	Description	Location
Northampton						
Specialist Rehabilitation	Naseby	M	12	ACUTE	24/7 Short-stay crisis admission, stabilisation and assessment	Isham House
	Heygate	M	10 ^x	PICU	24/7 Short-stay admission, stabilisation and assessment	Malcolm Arnold House
	Bayley	F	10 ^x	PICU	24/7 Short-stay admission, stabilisation and assessment	Malcolm Arnold House
	Neuro Rapid Response service	M/F	5	RR	Short-term admission and assessment for people with an acute brain injury or progressive neurological disorder	Kemsley Centre / Lowther
Essex						
Specialist Rehabilitation	Benfleet	M	16	ACUTE	24/7 Short-stay crisis admission, stabilisation and assessment	Essex
	Audley	M	11	PICU	24/7 Short-stay admission, stabilisation and assessment	Essex
	Frinton	F	10	PICU	24/7 Short-stay admission, stabilisation and assessment	Essex

X - Extra Care Suite available

Mental Health and Personality Disorder

Ward security	Unit name	Gender	Beds	Service	Description	Location
Northampton						
Medium	Mackness	M	15 ^x	MH	Admission, stabilisation, treatment and assessment	William Wake House
	Prichard	M	15 ^x	MH	Admission, assessment and rehabilitation	William Wake House
	Robinson	M	17	MH	Admission, assessment and rehabilitation	William Wake House
	Cranford	M	17	MH	55+ years admission, assessment and rehabilitation	William Wake House
	Fairbairn	M	17 ^x	Deaf	Deaf admission, assessment and recovery	William Wake House
	Bracken	F	10 ^x	MH/PD	Admission, assessment and stabilisation	FitzRoy House
Blended	Maple	F	10 ^x	MH/PD	Admission, stabilisation, treatment and recovery	FitzRoy House
	Willow	F	10 ^x	MH/PD	Admission, stabilisation, treatment and recovery	FitzRoy House
Low	Spencer North	M	12	MH	Rehabilitation and recovery	Spencer House
	Spencer South	M	12	MH	Rehabilitation and recovery	Spencer House
	Fenwick	F	10 ^x	MH	45+ years treatment and rehabilitation	Malcolm Arnold House
Specialist Rehabilitation	Silverstone	F	12	PD	Comprehensive DBT programme, assessment, rehab and recovery	Isham House
	Lower Harlestone	F	6	PD	Comprehensive DBT programme, associated eating disorders	Isham House
	Watkins House	F	6	MH	Transitional community living house	Berkeley Close
	37 Berkeley Close	F	3	MH	Transitional community living house	Berkeley Close
	Berkeley Lodge	M	6	MH	Transitional community rehabilitation and recovery	Berkeley Close
	23 The Avenue	M	2	Deaf	Transitional community living house	The Avenue
	23a The Avenue	M	3	Deaf	Transitional community living house	The Avenue
	21 The Avenue	F	2	Deaf	Transitional community living house	The Avenue
Birmingham						
Medium	Edgbaston	M	15	MH	Admission, assessment and stabilisation	Birmingham
	Hawkesley	M	15	MH	Treatment and recovery	Birmingham
Low	Speedwell	M	16	MH	Admission, stabilisation, treatment and recovery	Birmingham
	Hurst	M	16	MH	Admission, stabilisation, treatment and recovery	Birmingham
	Hazelwell	M	16	MH	Rehabilitation and recovery	Birmingham
	Northfield	M	16	MH	Rehabilitation and recovery	Birmingham
	Lifford	M	16	MH	65+ years rehabilitation and recovery	Birmingham
	Moor Green	F	15	MH	Admission, stabilisation, treatment and recovery	Birmingham
Essex						
Low	Colne	M	16	MH	Admission, assessment and rehabilitation	Essex
	Maldon	F	6	MH/PD	Admission, stabilisation, treatment and recovery	Essex
Specialist Rehabilitation	Danbury	M	16	MH	Treatment and rehabilitation	Essex

X - Extra Care Suite available

Child and Adolescent (CAMHS)

Ward security	Unit name	Gender	Beds	Service	Description	Location
Northampton						
Medium	Sitwell	M	10 ^x	LD/ASD	Admission, assessment and treatment for forensic males	Smyth House
Low	Stowe	M/F	10 ^x	MH	Admission, assessment and treatment	Smyth House
	Seacole	M/F	10	MH	Treatment, rehabilitation and recovery	Smyth House

X - Extra Care Suite available

Neuro-behavioural

Specialist brain injury (BI)

Ward security	Unit name	Gender	Beds	Service	Description	Location
Northampton						
Medium	Rose	M	17	BI	Admission, assessment and rehabilitation	William Wake House
Specialist Rehabilitation	Tallis	M	11 ^x	BI	Admission, assessment and rehabilitation	Kemsley Centre
	Tavener	M	16	BI	Assessment and rehabilitation (ward and flats)	Kemsley Centre
	Allitsen	M	14	BI	Rehabilitation and recovery	Kemsley Centre
	Elgar	F	12 ^x	BI	Admission, assessment and rehabilitation	Kemsley Centre
	19 The Avenue	M/F	2	BI	Transitional community living house	Berkeley Close
	38 Berkeley Close	M/F	2	BI	Transitional community living flats	Berkeley Close

Dementia and Huntington's Disease (HD)

Ward security	Unit name	Gender	Beds	Service	Description	Location
Northampton						
Specialist Rehabilitation	Redwood	M	10	Dementia	Admission, assessment and treatment	Lowther Dementia Hub
	Elm	M	10	Dementia	Admission, assessment and treatment	Lowther Dementia Hub
	Aspen	M	8	Dementia	Physical health and palliative care	Lowther Dementia Hub
	Cherry	F	10 ^{EX}	Dementia /HD	Specialist assessment and care	Lowther Dementia Hub
	Walton	M	14	HD	Specialist assessment and care	Kemsley Centre

X - Extra Care Suite available
EX - End of Life and Extra Care Suites available

Learning Disability

Ward security	Unit name	Gender	Beds	Service	Description	Location
Northampton						
Medium	Hawkins	M	15 ^x	LD	Admission, assessment and treatment	William Wake House
	Oak	F	10	LD	Admission, assessment and treatment	FitzRoy House
	Sycamore	F	4	LD	Admission, assessment and treatment in single pod accommodation	FitzRoy House
Low	Sunley	M	15 ^x	LD	Admission, assessment, treatment and rehabilitation	William Wake House
	Church	F	10	LD	Admission, assessment, treatment and rehabilitation	Malcolm Arnold House

X - Extra Care Suite available

Autistic Spectrum Disorder

Ward security	Unit name	Gender	Beds	Service	Description	Location
Northampton						
Medium	Meadow	M	10 ^x	ASD	Admission, assessment, stabilisation and treatment	FitzRoy House
	Marsh	M	10 ^x	ASD	Admission, assessment, stabilisation and treatment	FitzRoy House
Low	Berry	M	10 ^x	ASD	Admission, assessment, stabilisation and treatment	FitzRoy House
	Fern	M	10 ^x	ASD	Admission, assessment, stabilisation and treatment	FitzRoy House
	Brook	M	10 ^x	ASD	Admission and assessment	FitzRoy House
	Acorn	M	10 ^x	ASD	Stabilisation and treatment	FitzRoy House
	Specialist Rehabilitation	Garden Cottage	M	5	ASD	Transitional community living house
Wantage Gate		M	2	ASD	Transitional community living house	Wantage Gate

X - Extra Care Suite available

Community LD/ASD

Ward security	Unit name	Gender	Beds	Service	Description	Location
Nottingham						
Community	Winslow	M/F	6	LD/ASD	Progressive community apartments	Nottingham

Vocational

Services	Description
Workbridge	Vocational skills-based education opportunities for St Andrew's and community service users in Northampton

Assessment and Therapy

Services	Description
Outpatient	Assessment and therapy in Northampton
ADHD/ASD	Assessment and diagnosis service, supporting NHS Trusts
Memory Assessment Clinic	Cognitive and physical assessments for people with suspected dementia
Veterans Mental Health Complex Treatment Service	Specialist therapy and support for veterans with trauma

Criminal Justice

Services	Description
Expert Witness	Mental health assessments and reports for criminal court proceedings
Community Sentence Treatment Requirement (CSTR)	Psychological therapy for people on probation in London and the South East

Specialist Consultation and Intervention

Services	Description
Assertive Transition Service	Supporting transition from inpatient care to community services in the East Midlands
Wellbeing Services	Advice, consultation, assessment and support for business and education organisations
Forensic CAMHS	Advice, consultation, assessment and support for young people services
Clinical Supervision	For healthcare and criminal justice staff, includes trauma-informed supervision

Education and Training

Services	Description
LightBulb Mental Wellness for Schools Programme	Specialist mental health training for schools and young people providing a quality mark to evidence good practice
Healthcare Placements	Classroom-based teaching and on-ward experience as part of related university courses
Bespoke Training Solutions	Specialist training solutions for clinical teams and leaders supporting patients with mental health needs

Research

Services	Description
Service Evaluation	Bespoke evaluations of clinical services
Clinical Research Partnerships	Collaborative research design, development and delivery, including external grant submissions



If you would like to receive more information from St Andrew's Healthcare, including our monthly external stakeholder newsletter or our bed availability emails, please email update@stah.org

Our Services:

- ✓ includes an innovative Assertive Transition Service, which supports patients a year before and a year after their discharge to the community, helping to achieve more effective local discharges
- ✓ consists of a dementia-friendly hub in Northampton that has been specifically designed to support the complex needs of people with the condition, delivering positive experiences to enhance their quality of life, whilst managing cognitive decline
- ✓ offer Comprehensive Dialectical Behavioural Therapy (DBT) programmes in Northampton, allowing women with complex personality disorder and associated eating disorder needs to receive care from nationally recognised clinicians
- ✓ deliver psychological therapy services for ex-military veterans across the midlands and for people on probation in London and the South East, helping to reduce re-offending.

A charity helping to transform lives

St Andrew's Healthcare is a charity that provides a range of specialist inpatient and community mental healthcare services, education and research to help improve the lives of people with complex mental health needs.

Why not visit our YouTube page to find out more about our **#LetsTalkAbout** and **#BreakTheStigma** campaigns and hear from some of the people who have been helped by our services.



The St Andrew's Family

We are made up of over 3,000 permanent staff members, almost 1,000 bank staff, over 400 volunteers, families and carers who share a passion to support those who need our care. With no shareholders or owners to pay, any surplus money we make is invested straight back in to helping improve the lives of people with complex mental health needs.

Our Education and Training:

- ✓ offers a wealth of opportunities for patients and staff through our child and adolescent mental health services (CAMHS) College, adult education, our in-house Recovery and Every Day Skills (REDS) Academy and our unique Workbridge vocational opportunities service
- ✓ includes staff support to eradicate inequalities, with schemes such as Reverse Mentoring, Unconscious Bias training and our Anti-Racism Campaign alongside staff network groups: ABLE, Wish, Diverse Minority Cultures and PRIDE.

Our Research:

- ✓ consists of a diverse portfolio that includes a collaboration with Loughborough University, supporting participant recruitment for National Institute for Health and Care Research (NIHR) projects, and we are joint lead on an Innovate-UK funded grant for the development of a precision drug screening platform.

 For more information or to make a referral:

 0800 434 6690

 enquiries@stah.org

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