



Defining Moral Injury

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Moral Injury

- Remembering the roots of moral injury
- Definitions matter
- Currently, no universally agreed definition
- 18+ definitions (Hodgson & Carey, 2017)
- Over time, 'betrayal', initially seen as *the* core of moral injury, has become diluted
- Varying emphasis on the role of self vs others vs organization / societal sources of moral injury in different definitions
- Effective mitigation depends on a stable definition

(i) A betrayal of what is right

(ii) By someone with legitimate authority

(iii) In a high stake's situation

..... all three are needed

Jonathon Shay



A form of psychological distress that arises when a person perpetrates, witnesses, fails to prevent or learns about acts that transgresses deeply held moral beliefs

Brett Litz

Impact

- Unifies understanding
- Allows for clearer characterization
- Less "creep"
- Better targeted solutions

