

Speech and Language Therapy in action: making a difference

St Andrew's Healthcare, Northampton
Tuesday 10 October 2017



"Speech and Language
Therapy helped me
understand how people
feel"

"Speech and Language
Therapy helped me be a
better friend"

"Speech and Language
Therapy helped me
learn more about
myself"

Speech and Language Therapy in action: making a difference



St Andrew's Healthcare, Northampton

Tuesday 10 October 2017

In the last few years, public awareness of mental health and mental illness has grown significantly. All of us talk about mental health more openly. So come and join us for the second Speech and Language in Mental Health conference.

Mental health remains in the spotlight and in recent months the government agenda has included a government pledge to provide mental health training to teachers, with a desire to achieve parity of esteem for mental and physical health. The publication of AHPs into Action has accelerated the growing awareness that Allied Health Professionals are able to transform health, care and wellbeing of patients.

This conference includes a combination of presentations and workshops across the age range, sharing good practice nationally where Speech and Language Therapy is making a significant impact, demonstrating the commitment Speech and Language Therapy has in the way that services are delivered and how we, as a small profession, can make a difference.

Conference aims and objectives:

- to share evidence based interventions
- to celebrate how SLT can make a difference
- to Develop awareness of role of SLT in mental health.

Who will benefit from attending:

This conference aims to bring together Speech and Language Therapy Practitioners, Educators and Commissioners of SLT Services from across the broad spectrum of Mental Health care.

Ask the speaker:

If you would like to submit a question to one of our speakers please email ecevans@standrew.co.uk
We will try to answer all your questions during the conference where time allows.



Follow the conversation on twitter: [@standrewsSLT](https://twitter.com/standrewsSLT)

Early bird delegate fee £50.00 on or before 29 August 2017

Standard delegate fee £70.00 after 29 August 2017

Student delegate fee £35.00

8.45 – 9.15am	Registration and refreshments
9.15 – 9.30am	<p>Welcome and introduction</p> <p>Carol Reffin, Head of Speech and Language Therapy, St Andrew's Natalie Jennings, Deputy Director of Nursing and Physical Healthcare, St Andrew's</p>
9.30 – 10.00am	<p>Supporting children and young people with social, emotional and mental health needs</p> <p>Melanie Cross, Speech and Language Therapist, Clinical tutor, RCSLT</p>
10.00 – 10.30am	<p>Speech and Language Therapy in Women's Mental Health</p> <p>Georgia Frith, Highly Specialist Speech and Language Therapist, St Andrew's</p>
10.30 – 11.00am	<p>Collaborative Working with ASC: Sexual-social understanding and the importance of early diagnosis</p> <p>Sarah Anneron, Highly Specialist Speech and Language Therapist, St Andrew's Louise Wade, Forensic Psychologist, St Andrew's</p>
11.00 – 11.30am	Refreshment break and poster review
11.30 – 12.00pm	Patients from pathways
12.00 – 12.45pm	<p>Implementing the 5 good communication standards in a secure Learning Disability Service for adults</p> <p>Jo Mitchell, Speech and Language Therapist, Priory Group</p>
12.45 – 1.30pm	Lunch and poster review
1.30 – 2.30pm	<p>"So all it took was a Speech Therapist..." the impact of SLT assessment on adolescent mental health</p> <p>Val Brooks, Highly Specialist Speech and Language Therapist, Devon YOS</p>
2.30 – 2.45pm	Refreshments and poster review
2.45 – 3.45pm	Workshops - Opportunity to attend two 1/2 hour workshops
	<p>Lego Therapy Laura Watling, Highly Specialist SLT & Jenny Hage, SLT</p> <p>This workshop will offer a brief overview of the Lego Therapy approach and some practical guidance as to how this has been implemented in St Andrews secure services, across adult learning disabilities, autism spectrum disorders and acquired brain injury populations. Ideas for goal setting and measuring progress will be discussed. Participants will also have the opportunity to try building some models using the Lego Therapy roles.</p>
	<p>Women's Service Occupational Therapy and SLT Jacki Roberts, OT Technical Instructor & Emma Reynolds, SLT Assistant</p> <p>Allied Health Professions are leading the way in transforming services by working together to support people to make informed choices about their own care and promote independence. Speech and language therapy and occupational therapy have worked collaboratively on a number of small scale, patient centred resources to maximise patient involvement, improve patient outcomes and improve physical and mental health care within a secure learning disability service. This workshop will demonstrate the benefits of collaborative practice.</p>
	<p>CAMHS : Emotional Awareness—Thoughts, Feelings and Behaviours Emma Clark, Senior Assistant Psychologist & Carol Reffin, Head of SLT</p> <p>This workshop will provide insight into the work we do to support adolescent young women with learning disabilities that present with emotional dysregulation. The main focus of the workshop will be to look at the Emotional Awareness Group which is jointly delivered by SLT and psychology. There will be an opportunity to hear feedback from the young people, explore the findings from pre and post intervention measures and gain a better understanding of the emotional needs of this client group.</p>
	<p>Speech and Language therapists in Dementia care: sharing is caring Una Montgomery, Highly Specialist SLT & Hannah Boyes, Specialist SLT</p> <p>This practical workshop provides the opportunity to explore current priorities in dementia care and how speech and language therapists can build upon these to enhance services for people with dementia. Participate in open discussions, interactive activities and reflect on best practice with the aim to share innovative practice and improve our patients' care.</p>
3.45 – 4.00pm	<p>Feedback and close</p> <p>Carol Reffin, Head of Speech and Language Therapy, St Andrew's Healthcare</p>

Speech and Language Therapy in action: making a difference



Delegate booking form

Early bird delegate fee £50.00 on or before 29 August 2017

Standard delegate fee £70.00 after 29 August 2017

Student delegate fee £35.00

To **book your delegate place** at this event, please complete this form, detach and return accompanied with payment to:
Liz Evans, Making a difference, St Andrew's Healthcare, Cliftonville House, Cliftonville, Northampton, NN1 5DG or
email your details to ecevans@standrew.co.uk

Closing date for delegate bookings is: **5 October 2017**

Name:

Job title:

Organisation:

Email:

Telephone no:

Dietary requirements:

Workshop selection 2.45 – 3.15pm

Lego Therapy (tick 1 selection)

WNS / OT

CAMHS

Dementia

Workshop selection 3.15 – 3.45pm

Lego Therapy (tick 1 selection)

WNS / OT

CAMHS

Dementia

Payment can be made via:

(tick as appropriate)

- sending a cheque with your booking form made payable to St Andrew's Healthcare
- debit / credit card payments can be made via PayPal* on our website; stah.org/who-are-we/events
(*you do not need to open a PayPal account for a single transaction)

If you have any questions about the conference, please contact **Liz Evans** on **01604 616584** or email ecevans@standrew.co.uk

Refunds and Cancellations

In the event of needing to cancel your delegate place, a full refund will apply if the cancellation is received in writing by St Andrew's with more than 2 weeks notice prior to the event. We regret that a cancellation after this time cannot be refunded and refunds for failure to attend a conference cannot be made. However substitute delegates may attend in your place upon your giving us prior notice.

Terms and conditions

1. Confirmation of delegate bookings will be sent by email within 5 days of receipt. **2.** Acceptance by St Andrew's of this completed booking form constitutes a legally binding contract. **3.** St Andrew's reserves the right to restrict admission to its events. **4.** Attendance at this event is conditional upon delegates observing the rules and regulations of the venue. **5.** St Andrew's reserves the right to vary or cancel a conference where necessary. **6.** Prices may be subject to change.

I confirm I have read and agree with these terms and conditions. I do not wish to receive further information on future events organised by St Andrew's.