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MEETING TRAUMA NEEDS IN SECURE SERVICES

DELEGATE PACK



Centre for Developmental
and Complex Trauma

Part of St Andrew's Healthcare



the british
psychological society
crisis, disaster and trauma
psychology section

19th March 2024



CDTChair@bps.org.uk



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<https://www.bps.org.uk/members-microsites/crisis-disaster-and-trauma-psychology-section>

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A WARM WELCOME TO THE CONFERENCE FROM THE SCIENTIFIC COMMITTEE

#TNSC2024

Welcome to our first conference focusing on the trauma needs of individuals detained in secure services.

We are especially pleased to host this event and to promote presentations that focus on meeting the needs of one of the most disenfranchised and misunderstood populations in society. The Centre for Developmental and Complex Trauma was founded, and is supported within a secure forensic service, and this conference reflects our commitment to support the heterogeneous populations reflective of secure services.

Our comprehensive conference programme brings together presentations across five key areas (symposia). The first symposia, consisting of two papers, explores key practice needs relating to assessment and formulation, and how we can infuse a trauma sensitive approaches to these processes.

The second symposium explores practice guidance in working with two populations, those who are detained in the context of gang membership and deaf populations. The third symposium brief symposia explores trauma needs that can arise from our own behaviour.

The fourth symposium consists of two papers that explore the critical positive role that peer and family interventions can make with this population.

The final symposia explores the role of gender, highlighting the critical need to develop gender responsive services. Experts in the field will present relating to the needs of males, females and gender minority populations.

Finally, throughout the day, we have a series of brief poster / abstract style presentations delivered by practitioners and researchers in the trauma field that provide evaluations and evidence of current practice in the UK.

Due to the challenges of timetabling 14 speakers from four different time zones, two continents and four countries, not all symposia papers will run consecutively. We hope you play an active role in the day and stimulate much needed discussions in this area of practice.



Dr Deborah Morris, Director,
Centre for Developmental and Complex Trauma, STAH
Director of Postgraduate Programmes in Trauma, MSc
Practitioner in Psychological Trauma, Faculty of
Medicine and Health Sciences, University of Buckingham



Professor Thanos Karatzias
Edinburgh Napier University,
Advisor, Centre for Developmental
and Complex Trauma



Dr Annette Greenwood
Consultant Psychologist,
Chair Elect, Crisis, Disaster and
Trauma section, BPS
STAH

HOUSEKEEPING:

IMPORTANT INFORMATION ABOUT THE CONFERENCE



This is an online conference hosted on Zoom Webinar. All presentations are live. The presentations are not being recorded. Your microphone and video camera will be switched off to help the conference run smoothly. You will be able to use chat to send messages to selected people and use the Q&A function to ask questions about the presentations.

The speakers, presentation slides and interpreters will be best viewed using Gallery View. You will not be able to use multi-pin.

Five minutes before the end of each presentation the chair will appear on the screen indicating a warning that the presenter is nearing the end of their presentation.



To check your access to Zoom, you can join a test meeting set up by Zoom. Please go to [Joining a test meeting – Zoom Help Center](#) to find out how to do this. Many problems with video conferencing are due to low bandwidth – please check yours before the conference starts. On the day, we are not able to help delegates resolve problems with their own internet connections



We very much want this to be an interactive event and we encourage you to ask questions throughout the event. Questions and comments to specific individuals can be posted into the 'chat' function. If you would like to ask a question relating to one of the posters or oral presentations, please use the Q&A function. The chairs of each symposia will ask questions posted into Q&A boxes at the end of each oral presentation.



Each delegate who attends the event will be sent a Certificate of Attendance after the conference. The conference counts for 7 hours of CPD. Certificates will not be sent immediately so do not worry if you do not receive your certificate straight away.

Full conference programme and running order

Timing	Topic	Speaker & Affiliation	
09:15	Welcome and housekeeping	<div></div> <div></div>	<div>Dr Deborah Morris</div> <div>Dr Annette Greenwood</div>
09:30	Brief presentation: Leaving the Past Behind: Exploring the Adverse Childhood Experiences of Males Detained to a Secure Deaf Mental Health Service	Dr Kevin Baker	
09:40	International consensus guidance for meeting the trauma needs of deaf people:	<div></div>	Dr Alexander Hamilton
10.15	A Realist Approach to Support Gender Minority People in Secure Services'	<div></div>	Dr Avi Boukli
10:50 - 11:10 Comfort Break			
11:10	Formulation when working with trauma in forensic settings: collaboratively making sense of states, contexts and culture in complex populations.	<div></div>	Dr. Lawrence Jones
11:45	Brief presentation: The psychosocial and wellbeing needs of secure mental healthcare staff accessing trauma support	Elanor Henry-Webb & Dr Annette Greenwood	
12:00 - 13:05 Lunch Break			
13:05	Welcome Back	<div></div>	Dr. Deborah Morris
13:05	Brief presentation: Attitudes towards disclosure of childhood trauma in males with forensic and mental health needs	Elanor Henry-Webb	
13:15	Optimizing treatment for men in secure settings	<div></div>	Dr. Sunil Lad

13:50	Mirror, mirror on the wall: Traumatic reflections on harm caused to self.		Dr.Jon Taylor
14:25	Conceptualizing distal and proximal factors associated with Black girls' trauma: Working with forensic populations in a healing cantered way		Dr Camille Quinn
15:00 - 15:20 Comfort Break			
15:20	Welcome Back		
15:20	Trauma-Informed Assessment of Evaluatees in Forensic and Correctional Contexts		Dr. Julie Goldenson
15:55	Evaluating Peer-Facilitated Trauma Interventions		Dr.Nena Messina
16:30	Trauma Matters...and Gender Matters		Dr. Stephanie Covington
17:05	KEYNOTE PRESENTATION Trauma as Both Catalyst and Consequence of Youth Gang Involvement: A Developmental Psychopathology Perspective		Professor Patricia Kerig
17:45	Final remarks and conference close - Dr Morris		

CONFERENCE PROGRAMME: SCIENTIFIC COMMITTEE, CHAIRS AND SPEAKERS



Professor Thanos Karatzias (Scientific Committee & Co-Chair)
Professor of Mental Health & Director of Research, Edinburgh
Napier University, UK
Research Consultant, Centre for Developmental and Complex
Trauma, UK

Professor Karatzias has spent his entire clinical and academic career working in the field of psychological trauma. In collaboration with national and international research partners, he has developed a special interest in the effects and treatment of psychological trauma on physical and mental health, on prison populations, and on people with learning disabilities. He has published extensively in these areas.



Dr Deborah Morris (Scientific Committee and Co-Chair)
Director, Centre for Developmental and Complex Trauma, UK
Director of Postgraduate programmes in trauma,
Faculty of Medicine and Health Sciences, University of Buckingham

Deborah is the director for the Centre for Developmental and Complex Trauma and the Director of Post graduate programmes in trauma, University of Buckingham. A Consultant Clinical Psychologist by training, Deborah has worked clinically with adults with complex personality disorder, neurodevelopmental, forensic and mental health needs in the community, assertive outreach, crisis, residential, prison and inpatient settings.

Deborah has previously worked in professional and clinical lead positions and in services to support the mental health and trauma needs of healthcare professionals. Her publications and ongoing research interests include; occupational distress and trauma, treatments for personality disorder, intellectual disabilities, developmental trauma disorders, the intersection between trauma and personality disorder, moral injury, gendered approaches to trauma, adverse childhood experiences, the physical health impact of trauma, and the psychometric properties of psychological tools.

In her spare time Deborah indulges her obsessions with Star Wars, scuba diving with sharks and her typically unsuccessful attempts to establish an organic allotment. She is an avid cook and enthusiastically avoids gyms and all forms of organised fitness.



CONFERENCE PROGRAMME: SCIENTIFIC COMMITTEE, CHAIRS AND SPEAKERS



Dr Annette Greenwood (Scientific Committee)
Chair, Crisis, Disaster and Trauma Section, BPS;
Lead Trauma Response Service,
St Andrew's Healthcare

Dr Annette Greenwood is a HCPC registered Consultant Counselling Psychologist who specializes in psychological trauma and staff wellbeing, an Associate Fellow of the BPS, Chair for the Crisis, Disaster & Trauma (CDT) section of the BPS and a nominated board member of UKPTS.

She has worked at consultant level in the NHS for 20 years and now is the Trauma Response Lead and Consultant Clinical Advisor for the Veteran's Complex Trauma service at St Andrews Healthcare, a charity that provides specialist secure care for mental health patients within the UK. She has lead psychological incident responses both at international and national level and was a consultant psychologist on a Neonatal Unit for 10 years working with parents and staff who cared for terminally ill babies. For further details relating to publications see ResearchGate :www.researchgate.net/profile/Annette-Greenwood



CONFERENCE PROGRAMME: SYMPOSIA 1



Dr. Lawrence Jones
Head of Clinical & Forensic Psychology Services,
Rampton Hospital, University of
Nottingham, School of Medicine

Dr Lawrence Jones is a Registered Clinical and Forensic Psychologist, Head of Psychology at Rampton High Secure Hospital and Honorary Associate Professor at Nottingham University.

Dr Jones has worked in community, prison and hospital settings with people who have offended. Former chair of the division of forensic psychology BPS. Published on therapeutic communities, assessment of engagement, formulation, 'personality disorder', offence paralleling behaviour, iatrogenic interventions, trauma interventions, and trauma informed care.



Dr. Julie Goldenson, Ph.D., C. Psych
Registered Psychologist
Ontario, Canada

A clinical and forensic psychologist who practises in the criminal and civil arenas. She is also a professor at the University of Toronto and teaches on the subjects of psychological assessment and forensic psychology at the doctoral level. Dr. Goldenson remains actively engaged in research and has a number of first-author publications related to forensic psychological assessment, the psychological impact of trauma and adverse childhood experiences, domestic violence and female offenders..



She is also a contributing editor of the Forensic Section of Psychology, Injury and the Law. She is a past president of the Ontario Psychological Association and a member of the Program in Psychiatry and the Law in association with Massachusetts Mental Health Center / Harvard Medical School



CONFERENCE PROGRAMME: SYMPOSIA 2



KEYNOTE SPEAKER

Professor Patricia K. Kerig PhD
Professor Clinical Psychology
University of Utah, USA

Patricia K. Kerig, PhD (she/her) completed her doctoral work at the University of California at Berkeley and currently is a Professor of Clinical Psychology at the University of Utah. Her research focuses on identifying the underlying developmental risk and protective processes that account for the link between childhood trauma exposure and youth outcomes, including involvement in the juvenile justice system.

Patricia is also on the faculty of the centre for Trauma Recovery and Juvenile Justice, the purposes of which are to develop and disseminate evidence-based assessment and intervention strategies for trauma-exposed youth. She has a special interest in providing staff delivering trauma-informing services with tools that promote their resilience in the face of exposure to secondary traumatic stress.

For further details relating to publications please see
Research Gate www.researchgate.net



CONFERENCE PROGRAMME: SYMPOSIA 2

Dr Alex Hamilton BM MRCPsych
Consultant Forensic Psychiatrist
Clinical Director St Andrew's Healthcare

Dr Hamilton is a consultant forensic psychiatrist who specialises in working with deaf people. Dr Hamilton grew up in a deaf family and uses BSL fluently. As a specialist trainee he worked in both Broadmoor and Rampton Hospitals, including at the National High Secure Deaf Service. Alex is currently the clinical director for medium security at St. Andrew's Hospital, Northampton, where he is also a consultant forensic psychiatrist in the specialist Deaf service.



Dr Hamilton chairs SignHealth's Deaf Mental Health Working Group and has previously been a trustee of the British Society of Mental Health and Deafness, an executive member of the European society of mental health and Deafness, and a member of the NHS England specialised mental health clinical reference group.

CONFERENCE PROGRAMME: SYMPOSIA 3



Jon Taylor
Consultant Forensic Psychologist,
Approved Clinician in Training
Senior Lecturer, Centre for Developmental and Complex Trauma

Jon is a consultant forensic psychologist and psychotherapist who has worked in range of prison, secure hospital and community forensic settings for almost 30 years. With a keen interest in developing a rich understanding of the role of trauma and adversity in the lives of those who develop offending behaviours, Jon is committed to promoting and modelling a compassionate and co-operative approach to all aspects of forensic service provision.

Jon has been an accredited member of the BABCP since 1995, is a trained Compassion Focused Therapist and cofounder of the CFT forensic special interest group.

For further details relating to publications please see
ResearchGate: www.researchgate.net/profile



CONFERENCE PROGRAMME: SYMPOSIA 4

Dr Camille Quinn

Associate Professor of Social Work

Dr. Camille R. Quinn, PhD, AM, LCSW, LISW-S is an Associate Professor of Community Engagement Research in the School of Social Work and a Faculty Affiliate in the Center for Equitable Family and Community Well-being at the University of Michigan. She is a health criminologist scholar whose research focuses on investigating the health equity of African American adolescents and young adults at the intersections of race, gender, health, crime, and legal system involvement.

As an extension of her vast social work practice experience, she is identifying and addressing the needs of Black girls and young women involved in the youth punishment system to develop and advance effective and proactive prevention and intervention approaches, as well as practice, policy, and research. Dr. Quinn is the Principal Investigator (PI) of a National Institute of Minority Health and Health Disparities R21 and Loan Repayment Program, as well as City of Columbus awards to conduct pilot work with Black girls and their parents/caregivers to develop a healing intervention to reduce their mental health burden law-breaking behaviour. She is also the PI of the MacArthur Foundation Safety and Justice Challenge, which invests in efforts to increase criminal justice reform at the local level. Dr. Quinn has a Bachelor of Science in Psychology from the University of Alabama at Birmingham, a Master of Arts and Certificate in Health Administration and Policy from the Crown Family School of Social Work, Policy and Practice at the University of Chicago, and a Doctor of Philosophy in Social Work from the University of Illinois at Chicago. Dr. Quinn is a Society for Social Work Research – SSWR Fellow and received the Milestone Alumni Award from the Crown Family School of Social Work, Policy and Practice at the University of Chicago in 2023.



Dr. Nena P. Messina, Ph.D.

Criminologist & CEO

Envisioning Justice Solutions Inc

Dedicated to determining the programs, policies, and services needed to increase successful recovery of criminal justice involved populations. She is retired from the Criminal Justice Research Group at the UCLA Integrated Substance Abuse Programs and has been involved in criminal justice research for over 25 years. Dr. Messina's areas of expertise include the specialized treatment needs of justice-involved populations, and the association between crime, mental health, and substance use.

Her research often explores the onset of criminal behaviour and the association to adverse childhood events (ACES). Dr. Messina was appointed as a Special Consultant to act as a Governor's Rehabilitation Strike Team Member to create a strategic plan to reform the California prison system in response to Legislative bill AB 900 - The Public Safety & Offender Rehabilitation Services Act of 2007. Dr. Messina has a successful history as the Principal Investigator of several NIDA and NIJ-funded grants and California state contracts assessing the effectiveness of trauma-informed and gender-responsive treatment for incarcerated populations. Dr. Messina has collaborated on numerous publications on the psychosocial correlates of substance use treatment outcomes and has contributed a great deal to the understanding

of co-occurring disorders, trauma and abuse, and treatment responsivity for special populations. Dr. Messina has been at the forefront of innovative research determining evidence-based services needed to rebuild the lives of those involved in the justice system.



CONFERENCE PROGRAMME: SYMPOSIA 5

Dr Sunil Lad is National Clinical Director for Health and Justice and Chair for the Health and Justice Clinical Reference Group (CRG) in NHS England

Dr Lad is a Consultant Counselling Psychologist at Northamptonshire Healthcare Foundation Trust. Working in prisons since 2003, he has developed a special interest in justice settings and the link between healthcare outcomes and reducing reoffending. As part of the NHS long term plan he is the Clinical Lead for the Enhanced Reconnect programme, which supports people leaving prison with complex health needs who are at high risk of reoffending to get tailored treatment for mental health, substance misuse and other services, for up to a year after release.



He has given high quality clinical leadership founded on the values of compassion in a variety of healthcare services in justice settings including a high secure prison, immigration removal centre, young offender institutions and Mental Health Treatment Requirements in the community which are being rolled out across the country with good outcomes.

Sunil also holds a Masters in Forensic Psychology which informs his knowledge in understanding offending behaviour. He is passionate about providing trauma informed compassionate care to this population, to address health equalities and how good care can provide routes to addressing social exclusion and reduce risks of offending behaviour, preventing harm.



Dr Avi Boukli

Associate Professor of Criminology at the University of Southampton (pronouns: They /Them / Their)

Dr Avi Boukli is Associate Professor of Criminology at the University of Southampton. Having dedicated the past 20 years working on the rights of vulnerable people seeking to deploy social justice practices and structures, Avi's work extends to a recently completed project funded by the Socio-Legal Studies Association on communities affected by gold mining in Scotland.

Avi has experience researching the impact of human trafficking and of anti-trafficking measures upon LGBTQ people and Indigenous communities, particularly focusing on access to victim support and treatment in secure environments. That work is currently extended on a research project on US Department of State datasets, which aims to better identify and thus better respond to human trafficking of people with disabilities. Avi's monograph 'Zemiology and Human Trafficking' has recently been published by Routledge.

CONFERENCE PROGRAMME: SYMPOSIA 5

Dr Stephanie Covington
Institute for Relational Development
Centre for Gender & Justice La Jolla, California

She is a pioneer in the fields of addiction, trauma, and recovery. She has developed an innovative, gender-responsive, and trauma-informed approach that results in effective services in public, private, and institutional settings. Her presentations, staff-development seminars, and technical assistance focus on systems change and the development of caring, compassionate, and empowering therapeutic environments.



They provide professionals an opportunity to learn new skills for dealing with personal, institutional, and societal changes and are always in demand, both nationally and internationally.

Dr. Covington was a workshop chair for the women's treatment improvement protocol (TIP) published by The Substance Abuse and Mental Health Services Administration (SAMHSA) and served on the Advisory Council for Women's Services for SAMHSA. She also is a former chair of the Women's Committee of the International Council on Alcoholism and Addiction. Her clients include the Betty Ford Treatment Centre, the Centre for Substance Abuse Treatment in Washington, D.C., and numerous others. She has conducted seminars for behavioural health professionals, community organizations, criminal justice professionals, and recovery groups in the United States, Canada, the United Kingdom, Mexico, Europe, Africa, Iceland, Brazil, and New Zealand

For twenty-five years, she also has provided training and consulting to help institutions and programs in the criminal justice system develop effective gender-responsive and trauma-informed services. These include the Federal Bureau of Prisons; the National Institute of Corrections; the California Department of Corrections and Rehabilitation; many other state and local jurisdictions; the United Nations Office on Drugs and Crime; the Ministries of Justice in England, Scotland, and Switzerland; and the Correctional Service of Canada. She was the featured consultant and therapist on the Oprah Winfrey Network docu-reality show entitled Breaking Down the Bars. She also is the co-author of a three-year research project, Gender-Responsive Strategies: Research, Practice, and Guiding Principles for Women Offenders, for the National Institute of Corrections. This publication received the University of Cincinnati Award for its outstanding contribution to the field of corrections in the U.S. and Canada. Based in La Jolla, California, Dr. Covington is co-director of the Institute for Relational Development and the Centre for Gender & Justice, which seeks to expand gender-responsive policies and practices for individuals under criminal justice supervision.

Educated at Columbia University and the Union Institute, Dr. Covington has served on the faculties of the University of Southern California, San Diego State University, and the California School of Professional Psychology. She is a board-certified Diplomate of the National Association of Social Workers and the American Board of Sexology and is a member of the American Association of Marriage and Family Therapy and the American Psychological Association and organizational change as well as ten gender-responsive and trauma-informed programs that include curriculum manuals for facilitators and complementary materials for participants.



Conference Posters



AN EVALUATION OF TRAUMA-INFORMED ENHANCED CASE MANAGEMENT WITHIN A YOUTH JUSTICE SERVICE: PRACTITIONERS' PERSPECTIVES

Tara Crosbie, Paige Milburn, Mike Routledge, Jolene Bromley & Dr Rachel Woodward



Introduction

The Enhanced Case Management (ECM) pathway is a collaboration between Cumberland and Westmorland & Furness Youth Justice Service (YJS) teams and the Kolvin Service Community Adolescent Forensic Service (CNTW NHS Foundation Trust). The pathway provides support and guidance to Youth Justice practitioners working with young people with complex needs utilising the Trauma Recovery Model (TRM; Skuse & Matthew, 2015).

Following the positive findings of a pilot review in 2020/21 (Martin et al., 2022), a further qualitative evaluation of practitioners' perceptions of the pathway was undertaken in 2022 to explore experience of changes to the ECM pathway (Routledge et al., 2022). This highlighted the benefits of these changes and reaffirmed the pathway's benefits.

However, within YJS there is an increase in out of court disposals and preventative programmes e.g. Turnaround, which cannot be accommodated within the current ECM pathway timeframe.

Aims

- To build upon the previous pilot evaluation and qualitative research by conducting a similar analysis of ongoing ECM formulations, exploring factors driving improvements and potential barriers through qualitative analysis, as suggested in the initial study.
- To consider the implications for the development of a shorter TIC ECM pathway.

Contact: Rachel.Woodward@cntw.nhs.uk

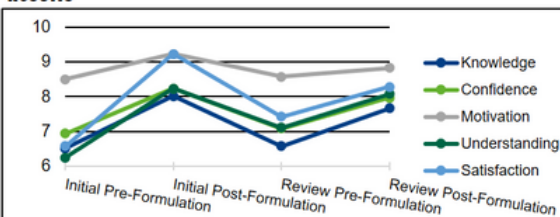
Method

Attendees of ECM initial and review formulation meetings were asked to complete an evaluation questionnaire. This was administered pre- and post-initial and review formulation meetings.

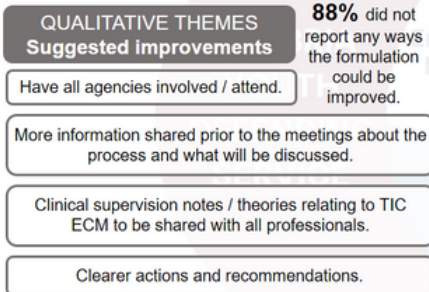
The questionnaire gauged participants experiences and the impact of the formulation process across five domains (see results table) using an 11-point Likert scale. Additionally, two qualitative questions were included to explore participants' experiences of the formulation.

A total of 84 responses were collected for the formulation evaluation questionnaire (48 initial and 36 review). The study procedures met service evaluation criteria, obtaining approval from the CNTW NHS Foundation Trust Research team.

Results



- Significant improvements were found in all domains comparing initial pre- and post-formulation evaluations.
- Significant improvements were found in all domains, except for motivation, comparing review pre- and post-formulation evaluations.



88% did not report any ways the formulation could be improved.

Discussion and implications

ECM consultations positively affected professionals' knowledge, motivation, confidence, and satisfaction with the treatment plan for young people, aligning with previous trauma-informed research.

While there was not a significant improvement in professionals' motivation following formulations, this could be because of motivation to support young people was already high. Future studies may need to consider this aspect differently.

Most respondents did not suggest any improvements for formulations, resulting in less data for qualitative analysis. Future evaluations may consider adding a quantitative, multiple-choice, element to the evaluative questionnaire to gather more feedback.

What next?

The latest evaluation, combined with prior research, supports the advantages of the ECM approach. This evidence will guide the development of a condensed formulation pathway for young people in prevention programmes and on shorter orders.

References
Skuse, T., & Matthew, J. (2015). The Trauma Recovery Model: Sequencing youth justice interventions for young people with complex needs. *Prison Service Journal*, 220, 16-25.
Martin, A., Robson, A., Horley, F., & Kennedy, J. (2022). A pilot evaluation of Enhanced Case Management within a Youth Offending Service: Practitioners' experiences of trauma-informed formulation. *Clinical Psychology Forum*, 350, 66-71. 10.53841/cpsf.2022.1350.66.
Routledge, M., Woodward, R., Monaghan, K., Howe, C., Martin, A. (2022). Reflections on Practitioner Adaptations to the Enhanced Case Management Pathway: A Trauma Informed Approach to Youth Justice (Poster Presentation).

Uncovering the traumatic roots of Delusional Disorder. A case study using Attachment-Informed Eye Movement Desensitisation and Reprocessing (AI-EMDR) in a forensic patient.

Dr Karine Greenacre (Consultant Forensic Psychologist), Dr Trevor Broughton (Consultant Forensic Psychiatrist), & Beth Palmer (Trainee Clinical Psychologist).

Delusional disorder is characterized by at least 1 month of delusions but no other psychotic symptoms (DSM-5-TR).

Background

- People with mental illness experience trauma at a higher rate than the general population (Spidel et al., 2010).
- Research shows links between individuals with trauma histories and violent behaviour; there is a higher prevalence of trauma within forensic populations (McKenna et al., 2019).
- Trauma symptoms overlap with other presentations such as personality disorder and schizophrenic disorders (Miller, 2016; van der Hart et al., 2006).
- Delusional disorder (DD) is considered resistant to treatment. There are no specifically licenced pharmacological treatments for DD (Munoz-Negro et al., 2016) and no definitive treatment guidance (Skelton et al., 2015).
- Evidence suggests that psychosis occurs in people with trauma histories and findings suggest that EMDR can be beneficial for people with psychosis (Adams et al., 2020) including targeting negative beliefs.

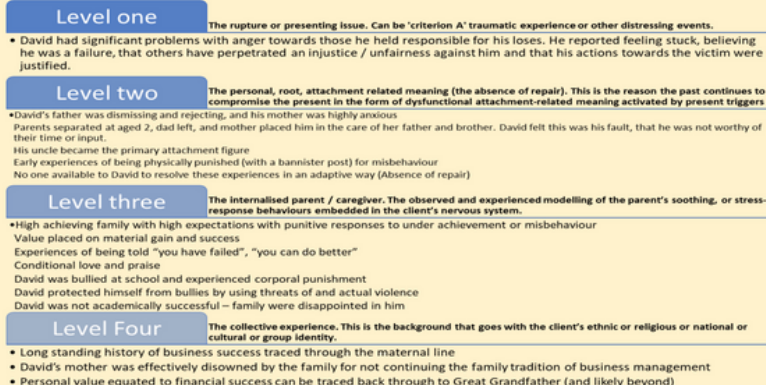
Introducing David

- Short-term admissions with medication titration, fast discharge, then lost to follow up
- Paranoid and persecutory beliefs
- Hostile and aggressive to staff
- History of harassment of former colleagues, with one primary victim
- Offence against the primary victim of assault using a pick-axe
- Sectioned under 37/41 and detained in secure services
- Diagnosed with Persistent Delusional Disorder
- David rejected his diagnosis and was opposed to medication
- Cognitive Behaviour Therapy and schema therapy were unsuccessful

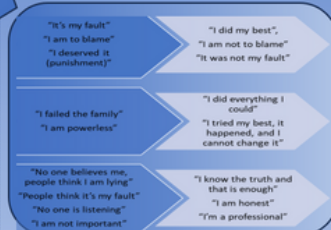
Method

- One AI-EMDR session per week with psychologist.
- OT developed an alternate occupational identity.
- David was prescribed Aripiprazole.
- Staff used validation and empathy. They did not disagree with him or tell him his beliefs were wrong or delusional.
- David's Psychiatrist investigated his claims, finding some basis in fact.

Attachment-Informed Case Conceptualisation (Brayne 2022)



Reappraisal of beliefs



References

Adams, R., Ohlsen, S., & Wood, E. (2020). Eye Movement Desensitisation and Reprocessing (EMDR) for the treatment of psychosis: A systematic review. *European Journal of Psychotraumatology*, 11(1).
Miller, P. W. (2016). *Therapy for schizophrenia and other psychoses*. NY: Springer Publishing Company, LLC.
Munoz-Negro, J. E., Cervilla, J. A. (2016). A Systematic Review on the Pharmacological Treatment of Delusional Disorder. *Journal of Clinical Psychopharmacology* 36(6): pp 684-690.
Skelton, M., Khokhar, W., Thacker, S. P. (2015). Treatments for delusional disorder. *Cochrane Database Syst Rev*.
Spide, A., Lecomte, T., Gravel, C., Saksir, K., Vulliamy, J. C. (2020). Early psychosis and aggression: predictors and prevalence of violent behaviour amongst individuals with early onset psychosis. *Int J Law Psychiatry*, 35(3): 171-8.
Van der Hart, O., Nijenhuis, E. R. S., and Steele, K. (2006). *The Haunted Self: Structural Dissociation and the Treatment of Chronic Traumatization*. NY: Norton.

Discussion Points

- Collaborative formulation with the SU is crucial
- Reformulation of psychotic illness from a trauma-perspective facilitated therapy and engagement
- Importance of using different interventions to achieve health outcomes
- EMDR appears effective with DD, offering wider opportunities for treatment/ David was conditionally discharged and continues to engage in the community

Quantitative results				
	Pre	Post	Reliable Change Indicator	Clinically Significant Change
PCL-5	27/80	3/80	Improved	Yes
PSYRATs (DS)	19/24	7/24	Improved	N/A

MSC
PRACTITIONER

Psychological Trauma

Enrol for September 2024

The part-time, two-year programme provides health professionals with the theoretical understanding and professional competencies to develop, provide and lead psychological trauma services and trauma informed care models, for different populations with wide ranging trauma needs.

The structure and content of the MSc follows the level three 'trauma expert' competencies outlined by the BPS. Face to face teaching is delivered at the dedicated Foster Postgraduate Centre at the Centre of Developmental and Complex Trauma, St Andrew's Healthcare, Northampton.



Structure of the MSc

Module 1: Theory informing practice: Theoretical aspects of different trauma presentations

Module 2: Idiosyncratic assessment & formulation

Module 3: Idiosyncratic treatment of trauma & associated needs

Module 4: Working with different populations

Module 5: Self and systems in context: Developing leadership skills & trauma-informed systems

Module 6: Research methods and dissertation

For an informal conversation about the MSc, please contact Dr Deborah Morris, Director of Programmes, deborah.morris@buckingham.ac.uk



THE UNIVERSITY OF
BUCKINGHAM



Centre for Developmental
and Complex Trauma
Part of St Andrew's Healthcare



Join our Moral Injury Special Interest Group



Centre for Developmental and
Complex Trauma

Moral Injury Special Interest Group Meeting



Tues 30th April | 1:15 PM - 3:00 PM (BST) | Online via MS Teams

The CDCT hosts a SIG for people with an interest in moral injury. Our bi-annual meetings provide opportunities to network with other clinicians, researchers, academics, students and professionals with a shared interest in the field.

With a growing network of members from around the world, the SIG provides a platform to share research and clinical activities within the field and to disseminate findings, ideas and reflections. Last month, we heard from **Verity Smith, Trainee Clinical Psychologist**, and **Dr Deborah Morris, Director of the CDCT** with presentations on the experiences of moral injury on trust in emergency distress and an examination of the role of moral injury in occupational distress.

At the next meeting, we will hear from **Dr Scott Steen, Clinical Psychologist and Senior Lecturer**, on his work on moral injury in offending populations.

We are still finalising the agenda for our next meeting, so if you would like to join the SIG and have any work to share, please do get in touch!



To join the SIG, email: CDCT@stah.org



Centre for Developmental
and Complex Trauma

Part of St Andrew's Healthcare



Join our Special Interest Group: Advancing trauma & personality disorder needs

The CDCT is launching a new special interest group focusing on advancing our understanding and treatment of trauma and personality disorder. The SIG group will meet twice a year and will:

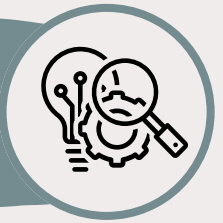
- Host presentations relating to good practice
- Discuss the latest evidence
- Share research collaboration opportunities
- Members will also receive Newsletters twice a year relating to the SIG and practice updates

There are no costs associated with joining the SIG or attending SIG meetings. To join the SIG please email CDCT@stah.org. The next meeting takes place in 24th September 2024.



Research Skills for Clinicians

CPD Workshops 2024-2025



The CDCT delivers a range of online and in person CPD workshops, offering clinicians the chance to develop skills that will improve the rigour of research in clinical settings. Our workshops cover all stages of the research cycle, from the development of research questions to the dissemination of findings, and are mapped onto the 'Researcher Development Framework' (RDF).

To ensure a high standard of delivery, workshops are facilitated by members of the CDCT who have published in peer-reviewed journals, and are experienced in the methodologies being taught. Attendee's also benefit from ongoing access to a TEAMS channel containing a range of useful resources.

The 'Research Skills for Clinicians' workshop brochure can be downloaded directly from our website at <https://www.stah.org/cdct/events>. Alternatively, you can email us at CDCT@standrew.co.uk to request a copy of the brochure and booking form.

“Really enjoyed the workshop, I feel much more skilled. I also feel motivated to start a Delphi!”

“The workshops are always great fun. Well planned and presented, and great atmosphere!”

“Very reassuring training. The slides are a succinct step by step bible on factor analysis, no need for a textbook!”





Centre for Developmental
and Complex Trauma

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CONDUCTING DELPHI STUDIES

Join us for a one-day in-person workshop to develop skills in conducting Delphi studies. Delphi studies are a valuable group decision-making research method. They are especially useful for exploring topics and developing expert guidance for working with marginalised or specialist populations, for whom there is often little evidence to draw on from the literature.

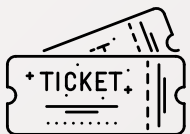
Delphi studies can be used to develop policy and practice guidance through integrating existing evidence with expert opinion. This workshop is designed for beginners, and those with some working knowledge. The course will cover:

- Introduction to the purpose and processes of the Delphi method
- Designing and conducting a Delphi study
- Structuring and writing up a Delphi study for publication

MON 13TH MAY
2024

9:30 AM
-
4:00 PM

FOSTER POSTGRADUATE CENTRE,
ST ANDREW'S HEALTHCARE,
NORTHAMPTON, NN1 5DG



WORKSHOP COST: STUDENT: £40 | STANDARD: £45

To book your place, head over to our website at www.stah.org/cdct/events, or scan the QR code for full instructions and payment links.

Full refunds will be given up to two weeks prior to the workshop,. A 50% refund will be given up to one week prior. Cancellations made after this time will not be entitled to a refund, though can be carried over to an alternative course.





Annual Recognition Awards in Trauma Launching Spring 2024!!

Centre for Developmental and Complex Trauma | Crisis, Disaster and Trauma Section of the BPS | RADIANT

We are delighted to announce a new collaboration for 2024. The CDCT, CDT section of the BPS and the RADiANT group from Herfordshire NHS Foundation Trust, have partnered to launch a series of recognition awards focused on promoting excellence in meeting the trauma needs of different populations.

Why have recognition awards?

Psychological trauma is increasingly present in mental health research and clinical services. Yet,

- Significant gaps exist between research & practice
- Clinical and research innovations in trauma typically don't address the needs of different populations.

To improve outcomes for trauma exposed populations it is vital we ensure service users, and healthcare professionals are supported through:

- Developing & implementing practices that are effective.
- Sharing good practice Investing in the development and wellbeing of health professionals working with trauma exposed populations

To meet this challenge we are offering six annual recognition awards, that reflect different areas of need. The categories are:

1. Clinical initiative improving practice & outcomes for service users
2. Clinical initiative that improves support for staff groups working with trauma populations
3. Clinical or Research initiative demonstrating strong coproduction / lived experience component that improves outcomes
4. Early stage career research award: Applied research that focuses on improving understanding psychological trauma
5. Established career award: Applied research that focuses on improving understanding psychological trauma
6. Contribution to applied research or clinical initiative that focuses on improving understanding psychological trauma in marginalised populations

Further details about the awards, the criterion, submission and judging process will be announced in April and submissions open May 2024!



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the british
psychological society
crisis, disaster and trauma
psychology section

Promoting Excellence in Psychological Trauma Research and Practice

Annual Recognition Awards

Launching March 2024



Developing National Guidance for the use of Structured Professional Judgement (SPJ) tools with gender diverse forensic and probation populations.

EXPERT PARTICIPANTS NEEDED for a Delphi Study!

The Centre for Developmental and Complex Trauma, The University of Southampton, Breaking Barriers Innovations and HM Prison and Probation Service, are conducting a study that aims to develop national guidance to support clinicians to use structured professional judgement tools (SPJ's) with gender diverse populations in secure and probation settings.

We are looking to hear from people who are either:

- (i) Registered clinicians who have received formal training in the completion of at least one SPJ tool and who have completed a minimum of 10 SPJ assessments, that must include at least three with people from gender diverse populations.
- (ii) Researchers who specialise in gender diverse populations in forensic settings.
- (iii) Researchers who specialise in the evaluation of SPJ tools.

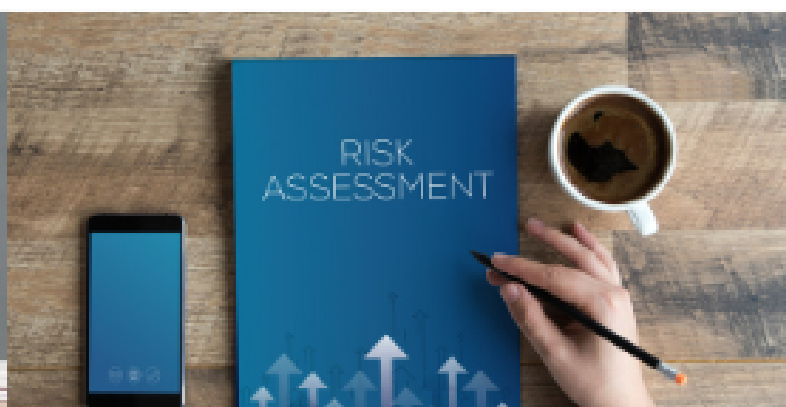
If this is you, please scan the QR code or follow the link provided for further information about the study and to how to sign up as an expert participant and to be a part of the process of developing this guidance.



Link: <https://forms.office.com/e/SP5DsLzFGJ>

Any questions relating to the study can be directed to Dr Deborah Morris, principal investigator, at: cdct@stah.org

NB: This study has been approved by the ethics and approvals committees at the University of Southampton, St Andrew's Healthcare, and HM Prison & Probation Service.





Centre for Developmental and Complex Trauma

Part of St Andrew's Healthcare



About us

The Centre for Developmental and Complex Trauma (CDCT) was established in 2020 and is based in Northampton, apart of St Andrew's Healthcare. The core aim of the CDCT is to drive better outcomes for people who have experienced repeated incidents of trauma across the lifespan.

Our values

Our values integrate contemporary frameworks of working with trauma; combined with a high level of academic rigour to deliver research, further education and CPD activities that are theoretically underpinned and focused on developing data-driven approaches to understanding trauma and delivering personalised care.

Central to our values are the role of co-production and empowerment. The CDCT operates a highly collaborative working model, prioritizing developing relationships with stakeholder groups to ensure that our work is co-produced, relevant, impactful and translatable to clinical services.

Our CPD events, research and service development activities are conducted through an intersectional lens, with the differential impact of gender, neurodiversity and ethnicity playing a central role in the design and reporting of our activities.

Contact Us

Please contact us for an information discussion about opportunities to work together: please email us at CDCT@stah.org

Portfolio of activities

To achieve our goals, the CDCT delivers a growing portfolio of activities and services that seek to advance knowledge, skills and clinical practice.

The CDCT's portfolio of current activities



Student and professional clinical and research placements



Comprehensive research, service development and evaluation programme covering 8 areas of trauma and over 20 current projects



International conference programme



Postgraduate education programme in psychological trauma with the University of Buckingham



Research skills for clinicians CPD programme



Hosting special interest groups

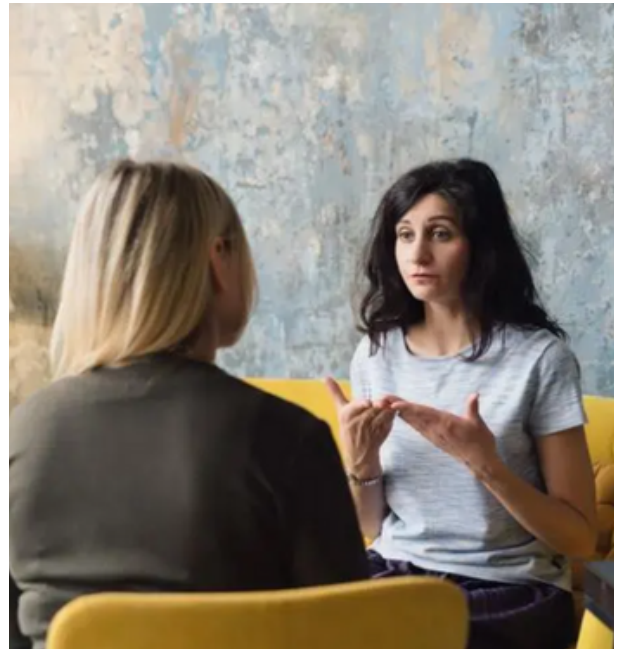


Consultation and supervision

The British Psychological Society Crisis, Disaster and Trauma psychology section



the british
psychological society
crisis, disaster and trauma
psychology section



The Crisis, Disaster and Trauma Psychology Section was formed in 2013 with the goal of creating a 'centre of excellence' in which the concept of psychological trauma can be explored, evidence-based treatments examined, research findings shared and best practice established.

The Section is working to create a framework that will allow its members to share experiences, develop ideas and increase knowledge and skills in trauma psychology.

Our activities include:

- Community influence and support
- Professional practice
- Professional support
- Research
- Teaching and training



CDTChairebps.org.uk



[@BPSCRISISTRAUMA](https://twitter.com/BPSCRISISTRAUMA)



<https://www.bps.org.uk/membership/microsites/crisis-disaster-and-trauma-psychology-section>



CDTChair@bps.org.uk



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<https://www.bps.org.uk/member-microsites/crisis-disaster-and-trauma-psychology-section>



Centre for Developmental and Complex Trauma

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CDCT@stah.org



@CDCT_Updates



www.stah.org/cdct/