

**A three day residential event for medical students and  
foundation year doctors**

## **East Midlands Psychiatry Summer School 2016**

**Open your mind, be inspired**

**St Andrew's Northampton 22 - 24 June 2016**



Jointly sponsored by:

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# East Midlands Psychiatry Summer School 2016

22 – 24 June 2016

This summer school is a three day event open to all medical students from any medical school and all foundation year doctors.

This extensive programme will include opportunities to meet current trainees and Consultant Psychiatrists from a broad range of sub-specialties and visit high, medium and low secure psychiatric units in the region.

There will also be prominent Psychiatrists as guest speakers and a formal evening event to allow you to meet senior clinicians within the field.

## Conference aim:

To encourage the best medical students and foundation year doctors to choose psychiatry as a career by informing choice and dispelling misconceptions about psychiatry.

## Accommodation:

Two nights accommodation for the evenings of 22 and 23 June are included staying at the nearby **Northampton Central Travelodge**.

15 Gold Street, Northampton, NN1 1RA

## Delegates will come away with:

- an increased knowledge of psychiatric sub-specialties
- an insight into what it is like to be a trainee or a consultant in psychiatry
- experience of several different mental health settings including high, medium and low secure psychiatric units
- an increased knowledge of possible career paths within the field.

**If you would be prepared to share a twin room with a colleague please advise on the booking form.**

Transport to and from the hotel is not included

This hotel has no on site parking. Chargeable parking is available at:

St Peters Way Car Park, St Peters Way, Northampton, NN1 1TP. Parking is free between 18:00 and 08.00. Outside these hours maximum stay is 3 hours and payment is cash only at the ticket machine.

## Day two site visit address:

- Rampton Hospital, Retford, Nottinghamshire, DN22 0PD
- Arnold Lodge, Cordelia Close, Leicester, LE5 0LE
- Berrywood Hospital, Berrywood Drive, Duston, Northampton, NN5 6UD
- Adolescent unit, St Andrew's, Northampton, NN1 5DG
- National Brain Injury Centre, St Andrew's, Northampton, NN1 5DG
- Child and Adolescent Mental Health Service, Leicester Partnership NHS Trust, The Valentine Centre, Gorse Hill Hospital site, Leicester, LE7 7GX

Transport for day two site visits will be provided.

## Conference fee:

**£40 per delegate**

Including two-nights accommodation and meals where specified.

## \*Programme

### Day 1 – Wednesday 22 June

10.00am	Registration and refreshments
10.30am	<b>Introduction and housekeeping</b> Dr Katina Anagnostakis, Associate Medical Director Training and Education, St Andrew's
10.45am	<b>A day in the life of a Psychiatric trainee</b>
11.15am	<b>A day in the life of a new Consultant Psychiatrist</b>
11.45am	Refreshments
12.00	<b>Balloon debate</b>
1.00pm	Lunch
2.00pm	<b>Patient interviews and group discussions</b>
3.30pm	Refreshments
4.00pm	<b>Keynote Speaker</b>
5.00 - 7.00pm	<b>Informal hot buffet dinner</b> St Andrew's Northampton - Dress code: casual dress

### Day 2 – Thursday 23 June

10.00am – 3.00pm	<b>Site Visits</b>
	Rampton Hospital
	Arnold Lodge
	Child and Adolescent Mental Health Service, The Valentine Centre
	Adolescent unit, St Andrew's Healthcare
	National Brain Injury Unit, St Andrew's Healthcare
	Berrywood Hospital
7.00pm	<b>Pre-dinner drinks</b>
7.30pm	<b>Formal dinner</b> St Andrew's Northampton - Dress code: smart dress

### Day 3 – Friday 24 June

10.30am	<b>Mock trial</b>
12.30pm	Lunch
1.30pm	<b>Workshops</b>
3.30pm	Refreshments
4.00pm	<b>Workshops</b>
5.00pm	<b>Close</b>

\* programme subject to change



# Delegate booking form

## East Midland Psychiatry Summer School 2016

22 – 24 June 2016

To book your delegate place at this event, please complete this form and email to: [ecce@standrew.co.uk](mailto:ecce@standrew.co.uk) or post to: Liz Evans, Psychiatry Summer School, St Andrew's, Cliftonville House, Cliftonville, Northampton, NN1 5DG

Closing date for delegate bookings is:  
**10 June 2016**

Places are limited so please book early.

Name

Position

Organisation

Address (including postcode)

Telephone

Email

Any special dietary / access requirements

Preferred site visit destination for day two. NB:

These will be allocated on a first come first served basis.

Please state the name of the colleague you would like to share a twin room with.

### Payment:

Please pay for your delegate place through PayPal on the St Andrew's website:



[www.standrewshealthcare.co.uk/events](http://www.standrewshealthcare.co.uk/events)

Alternatively send a cheque payable to St Andrew's Healthcare along with your booking form to Liz Evans.

Once your booking form and payment has been received, confirmation will be sent together with additional details.

In the meantime, if you have any questions about the conference, please contact **Liz Evans** on **01604 616584** or email [ecce@standrew.co.uk](mailto:ecce@standrew.co.uk)

### Refunds and Cancellations

In the event of needing to cancel your delegate place, a full refund will be provided if notice in writing is received by St Andrew's at least 2 weeks before the event. We regret that a cancellation after this time cannot be refunded, and refunds for failure to attend a conference cannot be made. However substitute delegates may attend in your place upon your giving us prior notice.

### Terms and conditions

1. Confirmation of delegate bookings will be sent by email within 5 days of receipt. 2. Acceptance by St Andrew's of this booking form completed constitutes a legally binding contract. The delegate and employer are jointly liable for payment of all fees to St Andrew's. 3. St Andrew's reserves the right to restrict admission to its events. 4. Attendance at this event is conditional upon delegates observing the rules and regulations of St Andrew's whilst on St Andrew's premises or at the venue if elsewhere. 5. St Andrew's reserves the right to vary or cancel a conference where necessary. 6. Prices may be subject to change.

I confirm I have read and agree with these terms and conditions

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I do not wish to receive further information on forthcoming events

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