



3RD INTERNATIONAL TRAUMA INFORMED CARE CONFERENCE

DELEGATE PACK



Centre for Developmental
and Complex Trauma

Part of St Andrew's Healthcare



the british
psychological society
crisis, disaster and trauma
psychology section

29th November 2022





CONTENTS

PAGE

A welcome from the Scientific Committee	3
Housekeeping: Important information about the Conference	4
The conference programmes	5-6
Conference Chairs and Speakers Biographies	7-13
Upcoming events	
Trauma and Neurodiverse populations	14
Moral Injury Special Interest Group meeting	15
New academic course in Trauma	16
MSC: Practitioner in Psychological Trauma, University of Buckingham & Centre for Developmental and Complex Trauma	
Call for papers, "meeting the trauma needs of autistic people" - Advances in Autism	17
Conference Organisers	
The Centre for Developmental and Complex Trauma	18
The Crisis, Disaster and Trauma Section, BPS	19
The Academic Centre, St Andrew's Healthcare	20

A WARM WELCOME TO THE CONFERENCE FROM THE SCIENTIFIC COMMITTEE

A very warm welcome to our 3rd International 'Trauma Informed Care' in Practice online conference event! We are delighted to welcome you to this event, the fifth collaboration between the Crisis, Disaster and Trauma Section of the British Psychological Society, The Centre for Developmental and Complex Trauma and Academic Centre, St Andrew's Healthcare.

The theme chosen for this year's event is 'Trauma Frameworks: evidence and treatments'. The focus on evidence reflects the growing interest in trauma and the need to ensure that theoretical and treatment frameworks are grounded in evidence in order to develop our understanding of trauma and improve outcomes.

The conference consists of three symposia, offering 9 papers, 12 brief oral / poster presentations and series of live polls. We have nine internationally recognised experts in trauma presenting live papers focusing on various aspects of the trauma experience.

Brief poster presentations are being delivered by practitioners and researchers in the trauma field, that provide evaluations and evidence of current innovations and trauma practice in the UK.

We are very much look forward to conference, and to learning from the fantastic line up of speakers with considerable expertise and knowledge to share!



Dr Deborah Morris, Director,
Centre for Developmental and Complex Trauma
Course Director, MSc Practitioner in
psychological trauma, Faculty of Medicine and
Life Sciences, University of Buckingham



Professor Thanos Karatzias
Edinburgh Napier University,
Advisor, Centre for Developmental
and Complex Trauma



Dr Annette Greenwood
Consultant Psychologist,
Past Chair Crisis, Disaster and
Trauma section, BPS

HOUSEKEEPING: IMPORTANT INFORMATION ABOUT THE CONFERENCE



This is an online Conference using Zoom Webinar. All presentations are live. The presentations are not being recorded. Your microphone and video camera will be switched off to help the conference run smoothly. You will be able to use Chat to send messages to selected people and use the Q&A to ask questions about the presentations.

The speakers, presentation slides and interpreters will be best viewed using Gallery View. You will not be able to use Multi-Pin.

Five minutes before the end of each presentation the chair will appear on the screen indicating a warning that the presenter is nearing the end of their presentation.



To check your access to Zoom, you can join a test meeting set up by Zoom please go to [Joining a test meeting – Zoom Help Center](#) to find out how to do this. Many problems with video conferencing are due to low bandwidth –

please check yours before the conference starts. On the day, we are not able

to help delegates resolve problems with their own internet connections



We very much want this to be an interactive event and we encourage you to ask questions throughout the event. Questions and comments to specific individuals can be posted into the 'chat' function. If you would like to ask a question relating to one of the posters or oral presentations, please use the Q&A function. The chairs of each symposia will ask questions posted into Q&A boxes at the end of each oral presentation



Each delegate will be sent a Certificate of Attendance after the conference. The conference counts for 6.5 hours of CPD.

Full conference programme and running order

Timing	Topic	Speaker & Affiliation
09:30	Welcome and housekeeping	 Dr Deborah Morris Centre for Developmental and Complex Trauma
09:32	Conference proceedings	 Professor Thanos Karatzias Edinburgh Napier University
09:35	Introduction to the event	 Dr Vivienne McVay CEO St Andrew's Healthcare
09:41	The CDT section and reflections on the field	 Dr Annette Greenwood Past Chair, Crisis, Disaster and Trauma Section, BPS
09:45	Invited conference paper "Adverse childhood experiences and ICD-11 PTSD/CPTSD in East Asia"	 Dr Grace W.K. Ho Hong Kong Polytechnic University, School of Nursing
10:20	Invited conference paper Cultural adaptation of psychological interventions for the treatment of PTSD and CPTSD	 Dr Eva Heim University of Lausanne
10:55	Invited conference paper The mental health needs of people seeking Sanctuary	 Professor Cornelius Katona University College London
11:31	Brief poster presentation Prevalence of PTSD, complex PTSD and the nature of trauma experiences of service users with Emotionally Unstable Personality Disorder accessing a Complex Needs Service	Ella Mather
11:36	Brief poster presentation Validation of the International Trauma Interview	Zoe Wagland
11:41-11:56 comfort break		
11:57	Trauma informed consultations and enhancing social workers understanding of the needs of young people	Dr Aisling Martin
12:02	Trauma focussed Cognitive Behaviour Therapy with Compassion Focussed Therapy rescript: An Overview	Dr Phil Coombs
12:08	Invited conference paper Possible change processes in child trauma treatment	 Professor Tine Jensen Norwegian Centre for Violence and Traumatic Stress

12:43	<p align="center">KEYNOTE presentation</p> <p align="center">The treatment of Complex PTSD using EMDR therapy</p>	 Professor Ad de Jongh University of Amsterdam
13:24	<p align="center">Brief poster presentation</p> <p align="center">Barriers and facilitators of embedding Trauma Informed Care (TIC) in crisis services: A qualitative study of the experiences of attendees of TIC awareness training</p>	Dr Louisa Buttanshaw
13:29	<p align="center">Brief poster presentation</p> <p align="center">Developing clinical practice to adapt to staff need during COVID 19: Emerging evidence for a phased approach to trauma in an acute NHS hospital setting.</p>	Dr Carla Croft
Lunch 13:34 - 14:19		
14:20	<p align="center">Brief poster presentation</p> <p align="center">A Neuro-sequential Model Approach to understanding trauma in Forensic Intellectual Disability Services.</p>	Dr Emma Longfellow
14:25	<p align="center">Brief poster presentation</p> <p align="center">Compassionate Recovery and Neurological Empowerment (CRANE): A trauma focused pilot intervention for women in prison who self-harm.</p>	Dr Adam Mahoney
14:31	<p align="center">KEYNOTE presentation</p> <p align="center">Developmental Trauma Disorder: A New Paradigm for Trauma-Informed Assessment</p>	 Professor Julian Ford University of Connecticut
15:11	<p align="center">Invited conference paper</p> <p align="center">Developmental Trauma and its clinical applications</p>	 Dr Joseph Spinazzola The Foundation Trust
15:47	<p align="center">Brief poster presentation</p> <p align="center">A meta-ethnography of mental health and substance use treatment experiences from the perspectives of racially and ethnically minoritised women who have experienced sexual violence</p>	Gilda Spaducci
15:52	<p align="center">Brief poster presentation</p> <p align="center">The implementation of a trauma assessment pathway in a specialist inpatient DBT service: The first 18 months</p>	Dr Victoria Taylor
15:57-16:12		
16:13	<p align="center">Brief poster presentation</p> <p align="center">Training health care professionals on trauma-informed care: a mixed methods systematic review</p>	Natalia Lewis
16:18	<p align="center">Brief poster presentation</p> <p align="center">Reflections on practitioner led adaptations to the enhanced case management pathway: A trauma informed approach in youth justice</p>	Michael Routledge
16:24	<p align="center">Invited conference paper</p> <p align="center">Trauma and minority stress in LGBTQ+ populations: needs and treatment approach."</p>	 Dr Ruby Charak University of Texas Rio Grande
16:59	<p align="center">KEYNOTE presentation</p> <p align="center">Beyond self-care: Resilience to secondary traumatic stress as a professional skillset for trauma-informed organisations</p>	 Professor Patricia Kerig University of Utah
17:40	Final remarks and conference close - Dr Morris & Professor Karatzias	

CONFERENCE PROGRAMME: SCIENTIFIC COMMITTEE, CHAIRS AND SPEAKERS



Professor Thanos Karatzias
Professor of Mental Health, Edinburgh Napier University
Director of Research, Edinburgh Napier University
Research Consultant, Centre for Developmental and Complex
Trauma

Professor Karatzias, has spent his entire clinical and academic career working in the field of psychological trauma. In collaboration with national and international research partners he has developed a special interest in the effects and treatment of psychological trauma on physical and mental health; on prison populations; and on people with learning disabilities. He has published extensively in these areas.

For further details relating to publications please see ResearchGate: www.researchgate.net/profile/Thanos-Karatzias

Dr Deborah Morris (Scientific committee and Co-Chair
Director, Centre for Developmental and Complex Trauma

Deborah is a consultant clinical psychologist who has worked clinically with adults with complex trauma, personality disorder, neurodevelopmental, forensic and mental health needs in community, assertive outreach, crisis, residential and inpatient settings. Deborah has previously worked in professional and clinical lead positions.

Deborah is currently the Director for the Centre of Developmental and Complex Trauma (CDCT), which focuses on promoting the voice and needs of marginalised populations who have experienced repeated exposure to trauma. Her research interests and publications include; intellectual disabilities, developmental trauma disorder, intersectionality and inclusion in trauma, adverse childhood experiences, complex trauma in marginalised populations and the physical health impact of exposure to trauma: For Dr Morris's ResearchGate page scan here:



CONFERENCE PROGRAMME: SCIENTIFIC COMMITTEE, CHAIRS AND SPEAKERS

Dr Annette Greenwood (scientific Committee)
Chair, Crisis, Disaster and Trauma Section, BPS;
Lead Trauma Response Service,
St Andrew's Healthcare

Dr Annette Greenwood is a HCPC registered Consultant Counselling Psychologist who specializes in psychological trauma and staff wellbeing. An Associate Fellow of the BPS and is Chair for the Crisis, Disaster & Trauma (CDT) section of the BPS and a nominated board member of UKPTS. She has worked at consultant level in the NHS for 19 years and now is the Trauma Response Lead and Consultant Clinical Advisor for the Veteran's Complex Trauma service at St Andrews Healthcare, a charity that provides specialist secure care for mental health patients within the UK. She has lead psychological incident responses both at international and national level and was a consultant psychologist on a Neonatal Unit for 10 years working with parents and staff who cared for terminally ill babies

For further details relating to publications see
ResearchGate:www.researchgate.net/profile/Annette-Greenwood

Dr Vivienne McVey
Chief Executive Officer, St Andrew's Healthcare

Dr Vivienne McVey joined St Andrew's Healthcare in August 2022 as Chief Executive.

She originally qualified as a doctor and worked as a full time GP before taking on a clinical leadership role within the NHS as Executive Chair of Chiltern and South Bucks Primary Care Trust. She left general practice in 2006 to help found a business, now known as the HCRG Care Group, providing transformational health and care services in the community on behalf of the NHS and local authorities.

Vivienne's medical background and distinguished track record for building and running large, successful healthcare organisations will be key in supporting the ongoing improvement in the quality of care we provide for our patients and in helping the Charity innovate and develop the new services patients need. The work she has done in partnership with a wide variety of NHS organisations and Local Authorities will be invaluable as we expand our community-based services and deliver the exciting plans we have in both education and research.



CONFERENCE PROGRAMME: SYMPOSIA 1



Dr Grace W.K. Ho. PhD, RN
Assistant Professor

The Hong Kong Polytechnic University School of Nursing

Dr Grace W.K. Ho, PhD, RN, is an Assistant Professor at The Hong Kong Polytechnic University School of Nursing. She is committed to understanding the needs and improving the health and wellbeing of vulnerable children and families through a holistic, biopsychosocial lens. Some of her targeted research areas include promoting positive parenting in at-risk families with young children, evaluating child protection policies and child abuse reporting, and assessing mental health and resilience among youths with childhood adversities.

For further details relating to publications please see
Research Gate: www.researchgate.net/profile/Grace-Wk-Ho



Dr Eva Heim
Associate Professor
Faculty of Social and Political Sciences
University of Lausanne

Dr Heim is associate professor for cultural clinical psychology at University of Lausanne's Institute of Psychology, and a trained cognitive-behavioural psychotherapist. For her PhD (2005 – 2009), she conducted a study in Bolivia among female survivors of partner violence and their decision to stay with or leave the violent partner. From 2014-2021, she was senior research assistant at Prof. Andreas Maercker's research lab at University of Zurich, focusing on cultural aspects in psychopathology and the cultural adaptation of psychological interventions. She has collaborated with the World Health Organization (WHO) and the Lebanese Ministry of Public Health on the development and cultural adaptation of a digital intervention for the treatment of depression among the Lebanese population and Syrian displaced people in Lebanon. Her current research focuses on Complex PTSD and the cultural adaptation of a therapeutic manual (face-to-face) for refugee populations in Switzerland. For this project, she has established collaborations with the Swiss Red Cross and the Swiss network "Support for Torture Victims".



For further details relating to publications please see
Research Gate : www.researchgate.net/profile/Eva-Heim

Professor Cornelius Katona
Medical Director of the Helen Bamber Foundation



Professor Cornelius Katona is Medical Director of the Helen Bamber Foundation - a human rights charity working with asylum seekers and refugees and Hon Professor in the Division of Psychiatry at University College London. He is the Royal College of Psychiatrists' lead on Refugee and Asylum Mental Health. He was a member of the Committee that recently updated NICE guidelines on PTSD. He has published more than 300 papers and written/edited 16 books. In 2019 he was awarded the Royal College of Psychiatrists' Honorary Fellowship, the College's highest honour, for his 'outstanding service to psychiatry'.

For further details relating to publications please see ResearchGate: www.researchgate.net/profile/Cornelius-Katona



CONFERENCE PROGRAMME: SYMPOSIA 2

Professor Tine K. Jensen

Department of Psychology, University of Oslo,

Senior Researcher, Norwegian Center on Violence and Traumatic Stress Studies, Oslo,

Professor Tine K. Jensen, Psych. Ph D, is a professor and a clinical psychologist at the University of Oslo, Department of Psychology and a senior researcher at the Norwegian Center on Violence and Traumatic Stress Studies in Oslo, Norway.

Her therapeutic and research interests have been on understanding consequences of traumatic experiences and the impact they have on youth and their families, and on change processes in psychotherapy. She was the primary investigator of a RCT comparing Trauma-Focused Cognitive Behavioural therapy with treatment as usual for traumatized youth in regular mental health clinics in Norway.

She has been the primary investigator of a longitudinal study on children traumatized by the 2004 South East Asian tsunami, and of a study on mental health problems of unaccompanied young asylum seekers. She is also a senior researcher on a study of health effects on youth and their parents who experienced the 2011 Terror Attack on Utøya Island in Norway. She was a member of the ISTSS guidelines committee for early intervention and treatment of PTSD. After the terror attack in Norway, she was part of the Norwegian Health Directorates expert group for psychosocial interventions.

For further details relating to publications please see ResearchGate: www.researchgate.net/profile/Tine-Jensen-2

TINE JENSEN



NORWEGIAN CENTRE FOR VIOLENCE
AND TRAUMATIC STRESS STUDIES

UNIVERSITY
OF OSLO



 UNIVERSITY OF AMSTERDAM



Professor Ad de Jongh, Ph.D. is a psychologist and professor of Anxiety and Behavior Disorders at the University of Amsterdam. Further, he is honorary professor in psychology at the School of Health Sciences of Salford University in Manchester, at the Institute of Health and Society of the University of Worcester, and at the School of Psychology of Queen's University in Belfast. In 2015 Ad de Jongh was involved in the establishment of the Psychotrauma Expertise Center (PSYTREC), a mental health institution in Bilthoven that uses a short, and highly intensive treatment program for Complex PTSD, where he is head of the research department. He is approved trainer for the EMDR Europe association, an expert in the treatment of anxiety disorders, and involved in research on the efficacy of evidence-based, trauma-focused treatments for a wide variety of patient groups, such as traumatized children, people with intellectual disabilities and other complex psychiatric conditions, including psychosis. He (co-)authored many scientific articles/book chapters and 6 books on his areas of expertise.

For further details relating to publications please see ResearchGate: www.researchgate.net/profile/Ad-Jongh

KEYNOTE PRESENTATION

Professor Julian D. Ford, Ph.D., ABPP
Professor of Psychiatry and Law
University of Connecticut

I am a board-certified clinical psychologist and tenured professor of psychiatry and law where I chair two panels of the Institutional Review Board. I am the principal investigator and director of two treatment and services adaptation centers in the National Child Traumatic Stress Network, the Center for Trauma Recovery and Juvenile Justice and the Center for the Treatment of Developmental Trauma Disorders.

I serve as an associate editor for the Journal of Trauma and Dissociation and the European Journal of Psychotraumatology and as chair of the Inter-organizational Task Force on Child Trauma. I have served on the International Society for Traumatic Stress Studies (ISTSS) Board of Directors and as the Society's president, vice president and secretary. I am a fellow of the American Psychological Association.

I have published more than 250 articles and book chapters and am the author or editor of 10 books, including Posttraumatic Stress Disorder, 2nd Edition, Treating Complex Trauma: A Sequenced, Relationship-Based Approach and Treating Complex Traumatic Stress Disorders in Children and Adolescents: Scientific foundations and therapeutic models. I developed and have conducted randomized clinical trials and effectiveness studies with the Trauma Affect Regulation: Guide for Education and Therapy (TARGET©) model for and youth adults with complex PTSD.

For further details relating to publications please see Faculty Directory › UConn Health (uchc.edu)



UConn
HEALTH

CONFERENCE PROGRAMME: SYMPOSIA 3

Dr. Joseph Spinazzola Ph.D.
EXECUTIVE DIRECTOR, Foundation Trust, Melrose, US, Maine



Dr. Joseph Spinazzola is an internationally-recognized expert in the area of traumatic stress. Dr. Spinazzola is the managing director of the Complex Trauma Training and Treatment Network, senior clinician at the Complex Trauma Treatment Center Boston, and co-director of the Complex Trauma Treatment Affiliates. He is an adjunct professor at Richmond Graduate University, principal investigator of the Developmental Trauma Disorder Field Trials, and a member of the Forensic Panel.

Dr. Joseph Spinazzola has devoted his professional career to aiding children, families and adults impacted by complex trauma. A clinical psychologist in private practice, Dr. Spinazzola is an internationally recognized subject matter expert on the topic of complex traumatic stress. His extensive accomplishments span research, publication, organizational consulting, systems change, and training of multidisciplinary professionals and graduate students.

For further details relating to publications please see ResearchGate: www.researchgate.net/profile/Joseph-Spinazzola



Dr Ruby Charak, Ph.D.
Associate Professor, Department of Psychological Science
Adversities in Childhood and Trauma Studies (ACT) Lab
University of Texas Rio Grande Valley

Dr. Ruby Charak (pronouns: she/her/ella; UTRGV Ally) received her Ph.D. in Clinical and Developmental Psychology from the Vrije Universiteit (VU) Amsterdam, The Netherlands in 2015. She is currently the director of the UTRGV Adversities in Childhood and Trauma Studies (ACT) Lab.

Dr. Charak's research focuses on understanding the cumulative effect of exposure to multiple types of childhood adversities. These include child abuse and neglect, the related consequences of revictimization, and psychopathology, such as post-traumatic stress disorder and personality problems. Her research aims at harboring preventative strategies for reducing violence and victimization during adolescence, treating individual psychopathology, and family dysfunction.

For further details relating to publications please see ResearchGate: www.researchgate.net/profile/Ruby-Charak



CONFERENCE PROGRAMME: SYMPOSIA 3



KEYNOTE PRESENTATION

Professor Patricia Kerig

Clinical Psychologist

University of Utah

Prof. Patricia K. Kerig, PhD received her doctorate in clinical psychology from the University of California at Berkeley with a specialization in developmental psychopathology. She currently is a Professor of Clinical Psychology at the University of Utah and has previously served as the Editor in Chief of the Journal of Traumatic Stress and as a Co-Director of the Center for Trauma Recovery and Juvenile Justice. She is an author of over 200 scholarly works devoted to understanding the factors that predict risk, resilience, and recovery among adults, adolescents, children and families coping with adversity and traumatic stress. In particular, as juvenile justice systems and other systems of care increasingly become trauma-informed, she has an abiding interest in developing effective strategies to bolster resilience among staff who are exposed to secondary traumatic stress in the context of their work.

For further details relating to publications please see ResearchGate: www.researchgate.net/profile/Patricia-Kerig
