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4TH INTERNATIONAL TRAUMA INFORMED CARE CONFERENCE

DELEGATE PACK



Centre for Developmental
and Complex Trauma

Part of St Andrew's Healthcare



the british
psychological society
crisis, disaster and trauma
psychology section

28th November 2023



CDTChair@bps.org.uk



@BPSCRISISTRAUMA



<https://www.bps.org.uk/member-microsites/crisis-disaster-and-trauma-psychology-section>

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A WARM WELCOME TO THE CONFERENCE FROM THE SCIENTIFIC COMMITTEE

Hello to all and a very warm welcome from us. This is our fourth international Trauma Informed Care in Practice conference and our 9th event exploring different aspects of trauma. We are delighted to be collaborating with the Crisis, Disaster and Trauma Section of the British Psychological Society to bring you this event.

This year's conference is focused on exploring the intersection between personality disorder and complex trauma. The relationship between trauma and personality needs is a critical debate with very real consequences for individuals and teams.

We have developed a conference programme that explores this complex relationship as well as stressing the importance of moving beyond these discussions and focusing on meeting the needs of individuals. Whilst it is important to acknowledge the complexities of language and diagnoses, it is also important that we ensure we have effective assessments, treatments and services that can support trauma-exposed populations, including those whose primary needs are not identified as being trauma-focused.

The conference brings together presentations across four key areas (symposiums). The first explores the evidence relating to the nature of the relationship between personality disorder and trauma diagnoses. This symposium contains three oral papers and a panel discussion.

The second symposium moves beyond diagnoses and focuses on supporting common needs found in individuals who have personality or trauma-related needs.

The third symposium explores treatment approaches that are relevant to people with personality and trauma-related needs.

The final brief symposium explores the wellbeing needs of staff working in this intersection, including systemic preventative and management support solutions.

We also have a series of brief poster presentations delivered by practitioners and researchers in the trauma field that provide evaluations and evidence of current practice in the UK.

We hope you play an active role in the day and stimulate much needed discussions in this area of practice.



Dr Deborah Morris, Director,
Centre for Developmental and Complex Trauma
Director of Postgraduate Programmes in Trauma, MSc
Practitioner in Psychological Trauma, Faculty of
Medicine and Health Sciences, University of Buckingham



Professor Thanos Karatzias
Edinburgh Napier University,
Advisor, Centre for Developmental
and Complex Trauma



Dr Annette Greenwood
Consultant Psychologist,
Chair Elect, Crisis, Disaster and
Trauma section, BPS

HOUSEKEEPING: IMPORTANT INFORMATION ABOUT THE CONFERENCE



This is an online conference hosted on Zoom Webinar. All presentations are live. The presentations are not being recorded. Your microphone and video camera will be switched off to help the conference run smoothly. You will be able to use chat to send messages to selected people and use the Q&A function to ask questions about the presentations.

The speakers, presentation slides and interpreters will be best viewed using Gallery View. You will not be able to use multi-pin.

Five minutes before the end of each presentation the chair will appear on the screen indicating a warning that the presenter is nearing the end of their presentation.



To check your access to Zoom, you can join a test meeting set up by Zoom. Please go to [Joining a test meeting – Zoom Help Center](#) to find out how to do this. Many problems with video conferencing are due to low bandwidth – please check yours before the conference starts. On the day, we are not able to help delegates resolve problems with their own internet connections









We very much want this to be an interactive event and we encourage you to ask questions throughout the event. Questions and comments to specific individuals can be posted into the 'chat' function. If you would like to ask a question relating to one of the posters or oral presentations, please use the Q&A function. The chairs of each symposia will ask questions posted into Q&A boxes at the end of each oral presentation.





Each delegate who attends the event will be sent a Certificate of Attendance after the conference. The conference counts for 7 hours of CPD. Certificates will not be sent immediately so do not worry if you do not receive your certificate straight away.


Full conference programme and running order

Timing	Topic	Speaker & Affiliation
09:15	Welcome and housekeeping	 Dr Deborah Morris Centre for Developmental and Complex Trauma
09:17	Conference proceedings	 Professor Thanos Karatzias Edinburgh Napier University
09:20	Introduction to the event	 Dr Sanjith Kamath St Andrew's Healthcare
09:25	Brief poster presentation Elevated Distress and Risk, with Reduced Quality of Life in Women with Comorbid Complex PTSD and Emotionally Unstable Personality Disorder	Dr Stacie Mahoney, St Andrew's Healthcare
Symposium 1		
09:30	Invited conference paper The relationship between complex trauma and Borderline Personality Disorder: What does the evidence tell us?	 Professor Thanos Karatzias Edinburgh Napier University
10:05	Invited conference paper Common neurobiological factors between trauma and personality disorder	 Dr Anne Krause Leiden University, Central Institute of Mental Health
10:40	Invited conference paper Labels matter	 Dr Emily Fox St Andrew's Healthcare, Society for DBT UK
11:15 - 11:30 Comfort Break		
11:30	Brief poster presentation Examining the impact of comorbid CPTSD and EUPD on risk incidents within a female inpatient DBT service	Emily McGrath, St Andrew's Healthcare
11:35	Brief poster presentation Psychological mediators between childhood experiences and the development and maintenance of PTSD and CPTSD	Sarah Guthrie, Edinburgh Napier University
11:45	Round table discussion The relationship between personality disorder and trauma	Michaela Swales, Thanos Karatzias, Emily Fox, David Gibbs, Anne Krause
12:25 - 13:00 Lunch Break		




Symposium 2

13:05	Invited conference paper Psychotic symptoms in trauma-related disorders	 Dr Leonhard Kratzer, Clinic St. Irmingard, Department of Psychotraumatology
13:40	Invited conference paper Trauma, dissociation & behaviour, An evolutionary approach to behaviour and self-awareness in trauma-related disorders	 Dr Stefan Tschöke, Ulm University
14:15	Brief poster presentation Trauma Informed Case Discussions to Understand Complexity	Dr Dimitra Lorentzatou & Dr Lisa Sheldon, West London NHS Trust

14:25 - 14:45 Comfort Break

14:45	Invited conference paper A theoretical framework for co-occurring pain, trauma, and personality disorders	 Professor Benjamin Johnson, Fairleigh Dickinson University
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Symposium 3 & 4

15:20	KEYNOTE PRESENTATION Improving treatment for individuals with Borderline Personality Disorder and Posttraumatic Stress Disorder	 Professor Nikolaus Kleindienst, Central Institute of Mental Health
16:00	Conference paper Working with the intersection of trauma and personality needs: Reformulating approaches to HCP needs	 Dr Deborah Morris, Centre for Developmental & Complex Trauma
16:35	KEYNOTE PRESENTATION Interventions that overlap CPTSD and EUPD/BPD: The PRISM principles and recommended approaches	 Dr Christine Courtois, Independent Practice
17:15	Final remarks and conference close - Dr Morris & Professor Karatzias	

CONFERENCE PROGRAMME: SCIENTIFIC COMMITTEE, CHAIRS AND SPEAKERS

Professor Thanos Karatzias (Scientific Committee & Co-Chair)
Professor of Mental Health & Director of Research, Edinburgh
Napier University, UK
Research Consultant, Centre for Developmental and
Complex Trauma, UK

Professor Karatzias has spent his entire clinical and academic career working in the field of psychological trauma. In collaboration with national and international research partners, he has developed a special interest in the effects and treatment of psychological trauma on physical and mental health, on prison populations, and on people with learning disabilities. He has published extensively in these areas.

For further details relating to Professor Karatzias' publications, please see his ResearchGate profile: www.researchgate.net/profile/Thanos-Karatzias

Dr Deborah Morris (Scientific Committee and Co-Chair)
Director, Centre for Developmental and Complex Trauma, UK
Director of Postgraduate programmes in trauma,
Faculty of Medicine and Health Sciences, University of
Buckingham

Deborah is the director for the Centre for Developmental and Complex Trauma and the Director of Post graduate programmes in trauma, University of Buckingham. A Consultant Clinical Psychologist by training, Deborah has worked clinically with adults with complex personality disorder, neurodevelopmental, forensic and mental health needs in the community, assertive outreach, crisis, residential, prison and inpatient settings.

Deborah has previously worked in professional and clinical lead positions and in services to support the mental health and trauma needs of healthcare professionals. Her publications and ongoing research interests include; occupational distress and trauma, treatments for personality disorder, intellectual disabilities, developmental trauma disorders, the intersection between trauma and personality disorder, moral injury, gendered approaches to trauma, adverse childhood experiences, the physical health impact of trauma, and the psychometric properties of psychological tools.

In her spare time Deborah indulges her obsessions with Star Wars, scuba diving with sharks and her typically unsuccessful attempts to establish an organic allotment. She is an avid cook and enthusiastically avoids gyms and all forms of organised fitness.



CONFERENCE PROGRAMME: SCIENTIFIC COMMITTEE, CHAIRS AND SPEAKERS

Opening Comments: Dr Sanjith Kamath
Executive Medical Director, St Andrew's Healthcare, UK



Dr Sanjith Kamath has been a Consultant Psychiatrist since 2007, working in both the NHS and the private sector before joining St Andrew's to work in the Women's Service in 2012 where he subsequently became Clinical Director.

As a general adult psychiatrist, Dr Kamath runs a weekly outpatient clinic at St Andrew's and has a wide range of expertise in the assessment and management of individuals with difficulties including depression and anxiety disorders, stress-related disorders including Post-Traumatic Stress Disorder (PTSD), alcohol and drug problems, bipolar disorder, psychosis and schizophrenia, and obsessive compulsive disorder (OCD).

Dr Kamath has worked in private practice since 2009 and has extensive experience working with people across inpatient, medico-legal and outpatient settings. He has provided psychiatric assessment reports on the instructions of occupational health physicians for different bodies including the police and fire services.

He was recently invited to lecture at the Spring Conference of the ALAMA (Association of Local Authority Medical Advisors) to doctors providing occupational health services to local authority employees and employers such as the police, fire and the National Health Service.



CONFERENCE PROGRAMME: SYMPOSIA 1

Professor Thanos Karatzias

Professor of Mental Health & Director of Research,
Edinburgh Napier University, UK

Research Consultant, Centre for Developmental
and Complex Trauma, UK

Professor Karatzias, has spent his entire clinical and academic career working in the field of psychological trauma. In collaboration with national and international research partners he has developed a special interest in the effects and treatment of psychological trauma on physical and mental health; on prison populations; and on people with learning disabilities. He has published extensively in these areas.



Dr Anne Krause-Utz, Assistant Professor, Leiden
University, Netherlands

Annegret Krause-Utz obtained her Diploma in Psychology at Mannheim University (Germany) in 2007. Afterwards, she did her training in (dialectical) behavioral therapy and worked as a (post)doctoral researcher at the Central Institute of Mental Health (Psychosomatic Medicine and Psychotherapy) in Mannheim. In February 2014, she obtained her PhD degree at the Medical Faculty of Heidelberg University and became head of the Research Group 'Stress and Cognition' at the Central Institute.

In 2017, she completed an extra PhD program at Leiden University. Currently, she works as an Assistant Professor in Clinical Psychology and teaches various clinical courses. She has been specialized in working with patients with trauma-related disorders, dissociative disorders, and personality disorders and currently works as a DBT therapist in private practice. Currently Anne is section editor for the Borderline Personality Disorder and Emotion Dysregulation Journal.



Dr Emily Fox, Director of Psychological Therapies, St Andrew's Healthcare & Chair, Society for DBT UK



Dr. Emily Fox has been a Consultant Clinical Psychologist since 2004. Since qualifying, Emily has worked in a number of inpatient settings including learning disability, eating disorders, acute admissions, and adolescents. Since 2003 she has worked in women's inpatient units delivering a comprehensive DBT programme. Emily completed her DBT Intensive Training in 2004 in Northampton, USA. From 2015-2017 she was Head of Psychology for the Charity, and appointed as Director of Psychological Therapies in 2020.

In 2009 Emily undertook DBT supervision with Heidi Heard, PhD, and joined the British Isles DBT Training team in 2010. In 2012, Emily was nominated as General Secretary for the Society for DBT (SfDBT) for the UK and Ireland. Since 2016 she has been Chair for the SfDBT for the UK and Ireland.

Emily has co-authored many papers regarding the delivery of DBT in inpatient settings and more recently focused on diagnostic differences between Personality Disorder (Borderline Pattern Specifiers) and Complex Post-traumatic Stress Disorder. Further, she authored the chapter 'Delivering DBT in an Inpatient Setting' in The Oxford Handbook of Dialectical Behaviour Therapy edited by Michaela Swales and published by OUP in 2018.

CONFERENCE PROGRAMME: SYMPOSIA 2

Dr Leon Kratzer
Consultant Clinical Psychologist
Department of Psychotraumatology, Germany

Dr Leon Kratzer is a Consultant Clinical Psychologist in the Department of Psychotraumatology, Clinic St. Irmingard, Prien am Chiemsee, Germany. He is a licensed psychotherapist (CBT), licensed psychotraumatologist (DeGPT) and a licensed EMDR therapist (EMDRIA).

Details about Leon's clinical work can be accessed at:
<https://www.st-irmingard.de/unternehmen/klinikstruktur/oberaerzte/>.

Dr Kratzer's clinical and scientific work is in the fields of complex PTSD, dissociation, psychosis, personality disorders, domestic violence, and trauma and sexuality.

Dr Kratzer's publications can be accessed via his ResearchGate profile:
<https://www.researchgate.net/profile/Leonhard-Kratzer>



Dr Stefan Tschöke, Medical Doctor, Ulm University, Germany



Stefan Tschöke, born 1972, qualified as an MD in 2003, and specialised in psychiatry and psychotherapy in 2006. He holds a position as a Research Associate in the field of health services research in Weissenau. Since 2008, Stefan has worked as a Senior Physician in a specialist ward for personality disorders, trauma and crises at the ZfP Südwürttemberg, Clinic for Psychiatry and Psychotherapy of the University of Ulm (Weissenau).

Stefan's research interests include complex trauma, psychosis, dissociation and survival strategies. In 2022, he completed his habilitation in psychiatry and psychotherapy at the University of Ulm.

Further information about Dr Stefan Tschöke's research works can be found at his researchgate page: <https://www.researchgate.net/profile/Stefan-Tschoeke-2>

Professor Benjamin Johnson, Assistant Professor, Fairleigh Dickinson University, USA



Professor Johnson received his B.A. from Emory University in 2012 with a double major in Psychology and English. Afterwards, he spent two years as a Research Coordinator in the Emory Child and Adolescent Mood Program working with adolescents and young adults with symptoms of borderline personality disorder (BPD). He later received his PhD from Penn State University and is currently working as an assistant professor at Fairleigh Dickinson University in Teaneck, New Jersey.

He studies personality disorders, focused on improving assessment of non-suicidal self-harm, suicide, and other behaviors often linked to personality disorders. He is also interested in the role of trauma in the development of personality disorders as well as in the similarities and differences between chronic physical pain and mental pain and the role of self-harm in pain and emotion regulation.

CONFERENCE PROGRAMME: SYMPOSIA 3 & 4

Professor Nikolaus Kleindienst, Central
Institute of Mental Health, Germany



Professor Kleindienst's research at the Central Institute of Mental Health (CIMH) aims at expanding effective treatment options for trauma-associated disorders. At the CIMH he oversees and works with a team of researchers and clinicians to develop new psychotherapeutic approaches that are based on recent advances in neurobiological and psychological evidence.

During the last few years, his research group has been developing DBT-PTSD, a new form of psychotherapy.

Since 2020, Nikolaus has authored or co-authored 37 peer-reviewed articles, including publications in high-ranking journals in both psychiatry (e.g., JAMA Psychiatry) and clinical psychology (e.g., Journal of Consulting and Clinical Psychology)

Dr Deborah Morris

Director, Centre for Developmental and Complex Trauma, UK
Director of Postgraduate programmes in trauma,
Faculty of Medicine and Health Sciences, University of
Buckingham

Deborah is the director for the Centre for Developmental and Complex Trauma and the Director of Post graduate programmes in trauma, University of Buckingham. A Consultant Clinical Psychologist by training, Deborah has worked clinically with adults with complex personality disorder, neurodevelopmental, forensic and mental health needs in the community, assertive outreach, crisis, residential, prison and inpatient settings.

Deborah has previously worked in professional and clinical lead positions and in services to support the mental health and trauma needs of healthcare professionals. Her publications and ongoing research interests include; occupational distress and trauma, treatments for personality disorder, intellectual disabilities, developmental trauma disorders, the intersection between trauma and personality disorder, moral injury, gendered approaches to trauma and trauma care, adverse childhood experiences, the physical health impact of exposure to trauma and the psychometric properties of psychological tools.

In her spare time Deborah indulges her obsessions with Star Wars, scuba diving with sharks and her typically unsuccessful attempts to establish an organic allotment. She is an avid cook and enthusiastically avoids gyms and all forms of organised fitness.





Dr Christine Courtois, Consultant, Independent Practice, USA

Dr. Christine Courtois specializes in the treatment of trauma, particularly for adults experiencing the effects of childhood incest and other forms of sexual, physical, and emotional abuse.

Dr. Courtois has extensive experience in this field, having worked with these issues for 30 years, and has developed treatment approaches for complex posttraumatic and dissociative conditions, for which she has received international recognition.

Dr Courtois offers integrative and evidence-based relational treatments for clients and consultations for loved ones that involve respect, information, and hope to counter the effects of trauma and abuse. Her most recent books are 'It's Not You, It's What Happened to You: Complex Trauma and Treatment' and 'Spiritually Oriented Psychotherapy for Trauma', edited along with Donald Walker and Jamie Aten.



MSC
PRACTITIONER

Psychological Trauma

Enrol for September 2024

The part-time, two-year programme provides health professionals with the theoretical understanding and professional competencies to develop, provide and lead psychological trauma services and trauma informed care models, for different populations with wide ranging trauma needs.

The structure and content of the MSc follows the level three 'trauma expert' competencies outlined by the BPS. Face to face teaching is delivered at the dedicated Foster Postgraduate Centre at the Centre of Developmental and Complex Trauma, St Andrew's Healthcare, Northampton.



Structure of the MSc

Module 1: Theory informing practice: Theoretical aspects of different trauma presentations

Module 2: Idiosyncratic assessment & formulation

Module 3: Idiosyncratic treatment of trauma & associated needs

Module 4: Working with different populations

Module 5: Self and systems in context: Developing leadership skills & trauma-informed systems

Module 6: Research methods and dissertation

For an informal conversation about the MSc, please contact Dr Deborah Morris, Director of Programmes, deborah.morris@buckingham.ac.uk



THE UNIVERSITY OF
BUCKINGHAM



Centre for Developmental
and Complex Trauma
Part of St Andrew's Healthcare



Meeting the trauma needs of people with intellectual disabilities

2nd International online conference, 12th December 2023: 9am-5pm

"Using the Neurosequential Model of Therapeutics to reduce restrictive practice: A KALM-AR approach."

Emma Longfellow

Lead Psychologist,
Consultant Clinical
Psychologist, National
High Secure Hospital
Rampton

"Using neurobiological evidence to inform trauma
therapy in practice."

Dr Jon Taylor

Consultant Forensic
Psychologist and
Psychotherapist
Approved Clinician
Derbyshire Healthcare NHS
Foundation Trust

"Narrative Exposure Therapy (NET) in people with
intellectual or psychological disability: results of a
study"

Dr Birgit Mayer

Dipl. Psychology
The Tilia,
Housing & Employment
Zürich
Switzerland

"Disregarded ghosts of contested nurseries: On
experiences of interpersonal trauma among parents
with intellectual disability"

Dr Märten Hammarlund

Clinical psychologist
child psychotherapist
PhD Candidate
Department of Psychology,
Stockholm University
Sweden

"The assessment of trauma needs in adults with moderate
to severe intellectual disabilities: A pilot study"

Dr Annemieke Hoogstad

Psychologist, MSc/ PhD
candidate
Radboud University, Nijmegen
Amerpoort, Baarn,
The Netherlands

"Therapeutic interventions for trauma exposed adults with
complex intellectual disabilities"

Dr Carmel Digman

Clinical and Academic Tutor
Salomons Institute for
Applied Psychology
Canterbury Christ Church
University

"Trauma informed leadership in developmental
disability services"

Dr Amanda Rich

Associate Professor
Human Services
York College, Pennsylvania
Director, Institute for social
Healing

"Helping distressed people manage their chaotic emotions"

Professor Jennifer Clegg

Living with Disability
Research Centre, La Trobe
University, Melbourne,
Australia

Implementing trauma informed care in practice: Evolving
support plans from behavioural to relational support"

Dr Paddy McNally

Consultant Clinical
Psychologist
University of Ulster
Northern Ireland

Ticket information

Early Bird Delegate: Until 19th November	£30.00
Standard Delegate ticket	£40.00
St Andrew's Employees	£30.00
CDCT members / RADIANT members	£30.00
Student rate	£20.00

For discounted group booking rates, please contact
academicdepartment@stah.org

Register at: www.stah.org/who-we-are/TNPID2023



Meeting trauma needs in secure services: "Optimising therapeutic outcomes"

Online Conference, 19th March 2024

Symposia 1: Trauma focused approaches to assessment and psychological formulation



Lawrence Jones
Head of Clinical & Forensic
Psychology Services, Rampton
Hospital, University of
Nottingham, School of Medicine



Dr Julie Goldenson
University of Toronto
Department of Applied Psychology
& Human Development



Prof Patricia Kerig Professor of
Clinical Psychology
University of Utah



Dr Alex Hamilton
Clinical Director
St Andrew's Healthcare

Symposia 3: Family and peer interventions



Dr Camille R. Quinn
Associate Professor Center for
Equitable Family and Community
Well-being University of Michigan



Dr. Nena Messina,
President and CEO
Envisioning Justice
Solutions, USA



Dr Sunil Lad
National Clinical Director
for Health & Justice
NHFT



Dr Stephanie Covington
Institute for Relational Development
Center for Gender & Justice
La Jolla, California

Symposia 4: Optimising treatment systems

Ticket information

Early Bird Delegate (16th February)	£30.00
Standard Delegate	£40.00
St Andrew's Employees, CDT section	£30.00
BPS members & APA members	
Student & Poster Presenter Rate	£25.00
Discounted group booking rates available on request	

Register at: www.stah.org/who-we-are/TNSC2024



Join our Moral Injury Special Interest Group



Centre for Developmental and
Complex Trauma

Moral Injury Special Interest Group Meeting



Tues 5th March | 1:15 PM - 3:00 PM (BST) | Online via MS Teams

The CDCT hosts a SIG for people with an interest in moral injury. Our bi-annual meetings provide opportunities to network with other clinicians, researchers, academics, students and professionals with a shared interest in the field.

With a growing network of members from around the world, the SIG provides a platform to share research and clinical activities within the field and to disseminate findings, ideas and reflections. Last month, we heard from **Verity Smith, Trainee Clinical Psychologist**, and **Dr Deborah Morris, Director of the CDCT** with presentations on the experiences of moral injury on trust in emergency distress and an examination of the role of moral injury in occupational distress.

We are currently finalising the agenda for our next meeting on 5th March, so if you would like to join the SIG and have any work to share, please do get in touch!



To join the SIG, email: CDCT@stah.org





Centre for Developmental
and Complex Trauma

Part of St Andrew's Healthcare

Join our Special Interest Group: Advancing trauma & personality disorder needs

The CDCT is launching a new special interest group focusing on advancing our understanding and treatment of trauma and personality disorder. The SIG group will meet twice a year and will:

- Host presentations relating to good practice
- Discuss the latest evidence
- Share research collaboration opportunities
- Members will also receive Newsletters twice a year relating to the SIG and practice updates

There are no costs associated with joining the SIG or attending SIG meetings. To join the SIG please email CDCT@stah.org. The first meeting is planned for end of May 2024




CONFERENCE PROGRAMME: ARTICLES AND RESOURCES RELATING TO THE RELATIONSHIP BETWEEN PERSONALITY DISORDER AND TRAUMA



(PDF) Is it possible to differentiate ICD -11 complex PTSD from symptoms of...

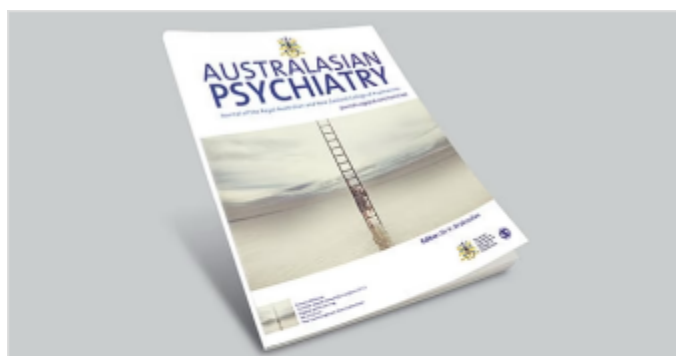
researchgate.net



Distinguishing between ICD-11 complex post-traumatic stress disorder and borderline...

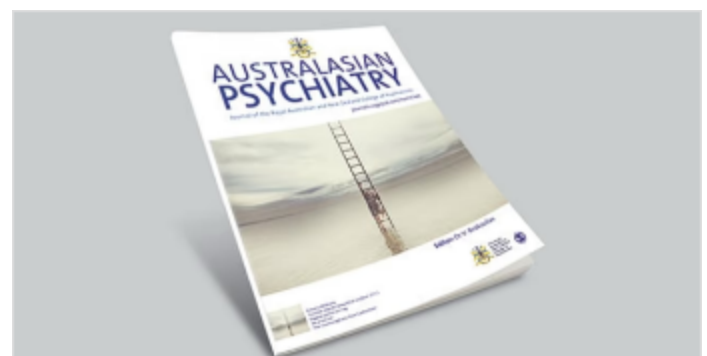
Distinguishing between ICD-11 complex post-traumatic stress...

cambridge.org



Complex PTSD – a better description for borderline personality disorder? - Jayashri...

Objective: To consider the use of the diagnostic category 'complex posttraumatic stress disorder' (c-PTSD) as detailed in the forthcoming ICD-11



Complex PTSD and personality disorder in ICD-11: when to assign one or two...

Objective: To outline overlap and boundaries between ICD-11 definitions of complex post-traumatic stress disorder (C-PTSD) and personality disorder (PD) and



Complex Posttraumatic Stress Disorder and a Biopsychosocial ... : The Journal of Nervous an...

ood, difficulties that have been previously seen as features of a...

journals.lww.com

Social-Emotional Profiles of PTSD, Complex PTSD, and Borderline Personality...

onlinelibrary.wiley.com



Alignment of Borderline Personality Disorder and Complex Post-traumatic Stres...

link.springer.com

Problem while displaying link...
[Click here](#) to visit the page.

ASSESSMENT TOOLS

Useful websites with trauma focused assessment resources



VA.gov | Veterans Affairs

Apply for and manage the VA benefits and services you've earned as a Veteran, Servicemember, or family member—like health care, disability,...



ISTSS International Society for Traumatic Stress Studies

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<https://istss.org/clinical-resources>

The International Trauma Consortium

Advancing research in global psychotraumatology

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<https://www.traumameasuresglobal.com/itq>

Trauma Measures

Trauma Measures, ITQ, CPTSD,
International Trauma Questionnaire

traumameasuresglobal.com

ITEM | The International Trauma Consortium

The International Trauma Exposur...
traumameasuresglobal.com

ITQ Child & Adolescent | The International Trauma...

A Valid and Reliable Measure of IC...
traumameasuresglobal.com



Centre for Developmental and Complex Trauma

Part of St Andrew's Healthcare



About us

The Centre for Developmental and Complex Trauma (CDCT) was established in 2020 and is based in Northampton. The core aim of the CDCT is to drive better outcomes for people who have experienced repeated incidents of trauma across the lifespan.

Our values

Our values integrate contemporary frameworks of working with trauma; combined with a high level of academic rigour to deliver research, further education and CPD activities that are theoretically underpinned and focused on developing data-driven approaches to understanding trauma and delivering personalised care.

Central to our values are the role of co-production and empowerment. The CDCT operates a highly collaborative working model, prioritizing developing relationships with stakeholder groups to ensure that our work is co-produced, relevant, impactful and translatable to clinical services.

Our CPD events, research and service development activities are conducted through an intersectional lens, with the differential impact of gender, neurodiversity and ethnicity playing a central role in the design and reporting of our activities.

Contact Us

Please contact us for an information discussion about opportunities to work together: please email us at CDCT@stah.org or visit www.stah.org/cdct/

Portfolio of activities

To achieve our goals, the CDCT delivers a growing portfolio of activities and services that seek to advance knowledge, skills and clinical practice.

The CDCT's portfolio of current activities



Student and professional clinical and research placements



Comprehensive research, service development and evaluation programme covering 8 areas of trauma and over 20 current projects



International conference programme



Postgraduate education programme in psychological trauma with the University of Buckingham



Research skills for clinicians CPD programme



Hosting special interest groups

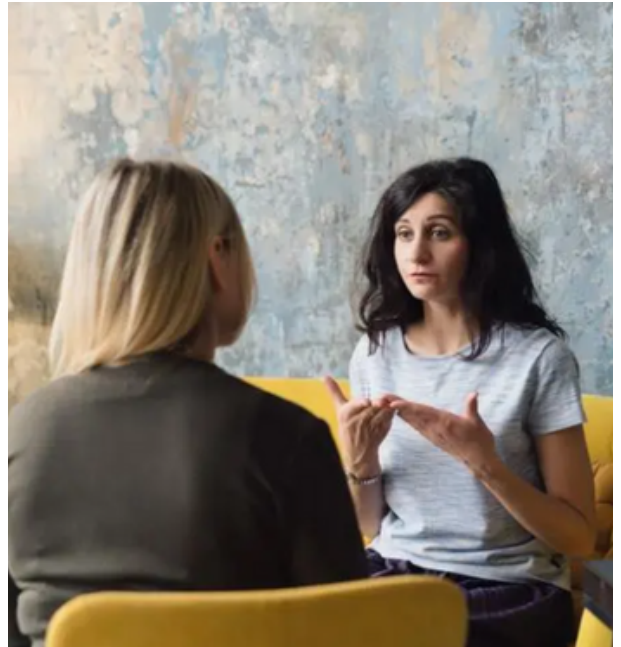


Consultation and supervision

The British Psychological Society Crisis, Disaster and Trauma psychology section



the british
psychological society
crisis, disaster and trauma
psychology section



The Crisis, Disaster and Trauma Psychology Section was formed in 2013 with the goal of creating a 'centre of excellence' in which the concept of psychological trauma can be explored, evidence-based treatments examined, research findings shared and best practice established.

The Section is working to create a framework that will allow its members to share experiences, develop ideas and increase knowledge and skills in trauma psychology.

Our activities include:

- Community influence and support
- Professional practice
- Professional support
- Research
- Teaching and training



CDTChairebps.org.uk



@BPSCRISISTRAUMA



<https://www.bps.org.uk/members/microsites/crisis-disaster-and-trauma-psychology-section>



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<https://www.bps.org.uk/member-microsites/crisis-disaster-and-trauma-psychology-section>



Centre for Developmental and Complex Trauma

Part of St Andrew's Healthcare

The Foster Postgraduate Centre,
Main Building
St Andrew's Healthcare
Billing Road
Northampton
NN1 5DG



CDCT@stah.org



@CDCT_Updates



www.stah.org/cdct/