

'Activ8'

Context

St Andrew's Healthcare CAMHS inpatient service provides care for up to 110 of the most vulnerable and potentially challenging young people in the country with mental illness, autism and learning disabilities. It is therefore a unique setting for young people detained under the Mental Health Act.

Young people are admitted to St Andrew's often due to the high level of risk their challenging behaviour presents to others and themselves. It is common for young people to have been resident in other secure settings but have come to us owing to the previous provision being unable to contain their high levels of risk.

For all our learners whether they operate within a context of developmental delay, lack of consistent schooling and significant underachievement we have designed our curriculum, '*Activ8*'.

Baseline Assessment

Following admission all young people will be assessed in accordance with the guidance given in the Assessment Policy. The speed of these assessments will depend upon the mental state of the young person.

Assessment tools will be tailored to the individual needs of the young person. The baseline assessment will be the point from which future progress will be measured. Decisions are made for an appropriate range of subjects and levels to be taught. These decisions are based on age, aptitude and individual needs.

Activ8

This is a holistic framework which incorporates a multi-disciplinary approach to the education of each of our young people.

The **Activ8** curriculum has been designed to foster in young people self-motivation, the application of intellectual, physical and creative effort, interest in their work and the ability to think and learn for themselves. Our priority is a continuous focus on our learners' recovery, and to equip them with the necessary individual skills they need to make successful progress /transitions in their future lives. Education works alongside other disciplines: psychology, speech and language therapy, occupational therapy, music, physiotherapy, chaplaincy, dieticians, medical and nursing. This is to ensure a bespoke and balanced educational and therapeutic timetable.

Implementation Plan

In mainstream education learners follow the Progress 8 model. Through the **Activ8** programme, 8 fields of study are followed that give equal parity through a broad offer of subjects. The CAMHS service is split into 2 pathways called the IPU (Integrated Practice Units) the **Activ8** curriculum model runs alongside both the IPUs and is differentiated. FitzRoy House has an IPU for the CAMHS Mental Health and CAMHS Developmental Disabilities.

The **Activ8** curriculum provides the same offer to all young people based on subject choices, however, the qualification choice is based on age, aptitude and individual needs including those with an EHCP. The curriculum is delivered in English and includes aspects of speaking, listening, reading & writing.

CAMHS DD Offer

'Activ8'
DD Route
Arts
Literacy
Numeracy
Physical
Vocational
PSHE
Science
Technology

The CAMHS DD **Activ8** holistic approach includes the following

Courses & Qualifications
TEACCH programme
Life and Living Skills
Sports Leader Awards
Duke of Edinburgh
Music
Drama
Unit Awards
Entry Level Certificate
Trampoline Awards
Functional Skills Levels 1 and 2
Edexcel Level 1, 2 & 3
NCFE Level 1 & 2
Step Up!
GCSE
iGCSE
ITQ

CAMHS MH Offer

'Activ8'
MH Route
Arts
Literacy
Numeracy
Physical
Vocational
PSHE
Science
Technology

The CAMHS MH **Activ8** holistic approach includes the following

<p>Courses & Qualifications</p> <p>Statistics</p> <p>Business Studies</p> <p>Drama</p> <p>Duke of Edinburgh</p> <p>Sports Leader</p> <p>Life and Living Skills</p> <p>Music</p> <p>Psychology</p> <p>Unit Awards</p> <p>Entry Level Certificate</p> <p>Functional Skills Levels 1 and 2</p> <p>NCFE Level 1 & 2</p> <p>Trampoline Awards</p> <p>GCSE</p> <p>iGCSE</p> <p>Step Up!</p> <p>Edexcel Level 1, 2 & 3</p> <p>ITQ</p> <p>A Level</p>
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PSHE

The college sets out its PSHE provision in the document PSHE Provision Map Key Stages 3 & 4, the PSHE Action Plan and the PSHE enrichment planning. The college is fortunate to have access to the hospital's Multi-Disciplinary Teams (MDT) who encourage respect for other people, with particular regard to the protected characteristics set out in the Equality Act 2010. This is done through time-tabled sessions, ethical education, SMSC, British Values and activity weeks/days. The college's subject curriculums offer equal protection to people in line with protected characteristics. The college also utilises the St Andrew's chaplaincy service who are trained to work with young people with mental health and disability disorders based on the individual need of the patient.

Careers

All students at the college have access to careers guidance as set out in the Careers Strategy, the purpose of which is to prepare learners for the next steps. The college also operates alongside Workbridge to give our learners the opportunity at vocational activities which is contained within The Life and Living Skills. These two activities have the combined effect of enabling pupils to make informed choices about their future career.

British Values & SMSC

The **Activ8** curriculum, lessons, enrichment days, FitzRoy Forum and associated education activities take into account the fundamental British values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs. The document 'SMSC and British Values Strategy' encompasses what the college promotes.

Ethical Education

This consists of four key strands, the aim of which is to nurture and develop in the learners a caring and responsible approach to society. These strands are contained in the document 'Ethical Education Strategy'.

Reading

The college has set a target that 85% of learners with reading difficulties will improve by 1 chronological year per academic year. The approach is included in the document 'Reading Strategy 2019 – 2020'.

PE

Physical activity is provided by the college and hospital and is a timetabled lesson or session. The college offers PE as academic qualifications through which certificates can be awarded and by the Duke of Edinburgh bronze award. The hospital provides personalised timetabled sessions to improve the young person's fitness and address specific health needs. The college and hospital also have enrichment events for physical activity such as sports days.

Curriculum Review

The Head Teacher will undertake an annual review of the curriculum to ensure its continued relevance and appropriateness for all learners. The review will take into account any government policy changes.