

## Lancaster and Northgate Trauma Scales (LANTS) Scoring

Self report LANTS total scores can be calculated by adding individual item scores (as shown in brackets):

No (1)  
A little (2)  
Sometimes (3)  
A lot (4)

Some of the self report questions are reverse worded and so need to be reverse scored (Questions 5, 7, 14, 17, 19, 21, 22, 23, 24, 27 and 28) should be scored:

No (4)  
A little (3)  
Sometimes (2)  
A lot (1)

The Informant LANTS measure comprises 3 subscales – ‘same as usual/behavioural changes’, ‘frequency’ and ‘severity’ which are scored separately. Total scores can be calculated for each subscale by adding individual subscale item scores.

The informant ‘frequency’ subscale is scored:

None (1)  
Monthly (2)  
Weekly (3)  
Several times a week (4)  
Daily (5)  
Several times a day (6)

The informant ‘severity’ subscale is scored:

None (0)  
Mild (1)  
Moderate (2)  
Severe (3)

There are no comparative norm total scores developed for the LANTS at the moment, so in clinical settings as much value may be gained from highlighting areas of difficulty for a respondent by looking at the results on the individual items.

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