



## **Practical/Transferable Skills- MSc Practitioner in Psychological Trauma**

### **Clinical**

1. The application and integration of knowledge relating to the risk factors, manifestations and clinical needs associated with trauma into clinical practice, with different populations
2. Advanced skills in selecting, carrying out and appraising trauma focused assessments and interventions based on the nuanced needs of different populations
3. Advanced / expert level skills in psychological formulation and, where appropriate, the use of differential trauma diagnoses in clinical work.
4. The ability to evaluate the effectiveness of trauma focused assessments and interventions as well as to critically appraise and apply interventions to different populations based on their evidence and nuances in trauma presentations in different populations.
5. Ability to recognise and tolerate own distress and to recognise when to seek support and regulate one's own workload in relation to trauma focused work.
6. Implementing assessments and interventions that address comorbid physical health and mental health needs of trauma exposed populations
7. Trained, to practitioner level, in one recognised evidence based psychological trauma intervention.
8. Advanced understanding of the causes, manifestations and impacts of occupational distress, in particular trauma presentations, in those working with trauma exposed populations.
9. The ability to design, implement and review the effectiveness of a range of interventions and service models to support healthcare professionals working with trauma exposed populations to improve their wellbeing

### **Research / service evaluation**

10. The ability to design, develop, implement, and review evaluations of trauma focused interventions and service frameworks in the workplace to ensure an ongoing cycle of service improvements.
11. Application of research skills to design, develop and carryout applied research relating to the field of trauma.
12. High levels of autonomy in carrying out trauma focused research using a range of methodologies
13. Integrating service user and survivor research frameworks / outcomes into research and service evaluation

### **Leadership**

14. The ability to design and lead on processes and projects that appraise and apply evidence-based trauma service frameworks within clinical settings
15. The ability to effectively use critical insights gained through the course relating to leadership styles to influence others, including the impact of one's own leadership style
16. Application of clinical supervision skills specialising in trauma to supervise trauma focused service developments and clinical activities
17. The ability to lead on the development of trauma informed / trauma sensitive services and work environments