



THE UNIVERSITY OF
BUCKINGHAM



Centre for Developmental
and Complex Trauma
Part of St Andrew's Healthcare



MSc
PRACTITIONER IN

Psychological Trauma



**TOP
10**

**FOR STUDENT
SATISFACTION**

THE COMPLETE
UNIVERSITY GUIDE 2023

**TOP
10**

**FOR TEACHING
QUALITY IN
ENGLAND**

THE GOOD UNIVERSITY
GUIDE, 2022

**Leading
Mental
Health
Charity**

INTERNATIONAL AWARD
WINNING ACADEMIC
TEAM, 2021 AND 2022

Develop expert knowledge in Psychological Trauma

Developing specialist trauma-informed interventions and services has become a key strategic and clinical aim within the NHS and healthcare sector, based on the increasing awareness of trauma and the needs of people requiring specialised care with traumatic backgrounds.

THE MSC PROGRAMME

Our part-time, two-year programme will provide health professionals with the theoretical understanding and professional competencies to develop, provide and lead psychological trauma services and trauma informed care models, for different populations with wide ranging trauma needs.

Our **MSc Practitioner in Psychological Trauma** has been developed in partnership with the Centre of Developmental and Complex Trauma (CDCT), St Andrew's Healthcare, and listed for accreditation and benchmarked for expert level by the British Psychological Society (BPS) to provide understanding and professional competencies in psychological Trauma Informed Care.



Course structure

The structure and content of the MSc follows the level three ‘trauma expert’ competencies outlined by the British Psychological Society. It offers a mix of theoretical learning and practical application.

Throughout the course, emphasis is placed on the importance of increasing core skills of self-awareness, including an awareness of one’s own professional, personal and academic needs. Practical application will be expected within the learner’s own environment in the areas of:

- the development, delivery and governance of specialist trauma services, care pathways and trauma informed systems
- leadership, implementation and evaluation of trauma informed approaches.

COURSE MODULES

1. Theoretical aspects of different trauma presentations.

2. Idiosyncratic assessment and formulation of the whole person impact of trauma and treatment needs associated with trauma.

3. Idiosyncratic treatment of the whole person impact of trauma and treatment needs associated with trauma approaches.

4. Working with different populations, including those marginalised within society.

5. Developing trauma informed frameworks in organisations, including the assessment of and development of leadership skills.

6. Research and service development skills including the completion of a dissertation.

Why enrol on this course?

On completion of the MSc Practitioner in Psychological Trauma, learners will have obtained the following skills:

CLINICAL

- The knowledge to address factors associated with trauma in clinical practice
- Advanced skills in conducting trauma-focussed assessments
- Advanced skills in psychological formulation related to trauma
- Expert knowledge in the implementation of interventions that address comorbid physical health and mental health needs of trauma exposed populations
- Trained, to practitioner level, in one recognised evidence based psychological trauma intervention
- The knowledge to evaluate and adapt trauma focussed assessments, interventions and service models
- Advanced understanding of occupational distress in those working with trauma exposed populations
- To be able to design, implement and evaluate the effectiveness of different clinical interventions to address psychological trauma.

RESEARCH / SERVICE EVALUATION

- The ability to develop interventions and service models to support trauma exposed populations
- Application of expert skills through methodologies and frameworks to conduct trauma-focussed research.

LEADERSHIP

- The knowledge to lead the development of trauma-focussed frameworks and services
- The understanding of leadership styles to influence others
- Application of clinical supervision skills specialising in trauma.



Support provided throughout your course

PERSONAL TUTOR

Every student is assigned a personal tutor who recognises the challenges of studying whilst working with traumatised and complex presentations and will provide support at every stage of the MSc.

PORTFOLIO OF RESOURCES

Students have free of charge access to resources at the Centre of Development and Complex Trauma, St Andrew's Healthcare which include:

- A renowned international conference programme that attracts global experts in trauma
- Our trauma CPD programme
- Trauma Special Interest group events
- The CDCT's 'research skills for clinicians' series of 10 workshops
- Access to the CDCTs portfolio of research and service evaluation projects to support completing the dissertation project.

DEDICATED LEARNING ENVIRONMENT

St Andrew's dedicated Postgraduate Education Centre, located in the heart of the hospital, provides:

- An exceptional learning space with large lecture and seminar rooms
- Student resource centre
- Break out areas
- Kitchen
- Relaxation area
- Study rooms.

Centre of Developmental and Complex Trauma

Lectures and seminars are delivered at the Centre of Developmental and Complex Trauma (CDCT), St Andrew's Healthcare in Northampton, by leading academics and clinicians who specialise in different aspects of psychological trauma.

The CDCT was established in 2020 as part of St Andrew's Healthcare as an academic and research centre. Our central goal is to improve outcomes for marginalised social groups who have experienced significant and prolonged exposure to trauma and adversity.

OUR VALUES

Our values integrate the contemporary frameworks of working with trauma-exposed populations with high academic rigour. Central to our values are the role of co-production and empowerment.

The CDCT operates a highly collaborative working model, prioritising developing relationships with stakeholder groups to ensure work is co-produced, relevant, impactful and translatable into practice and policy changes.

Of central importance is reducing the gap between research and clinical practice and ensuring that research is able to drive data-driven personalised care. To meet this goal all of our CPD events, research and service development activities are conducted through an intersectional lens, with the differential impact of gender, neurodiversity and ethnicity explored.



How to apply

ENTRY REQUIREMENTS

For the latest information on our entry requirements, please [visit the website](#).

HERE TO HELP

Throughout the process of deciding and applying for an MSc you may have questions or need help. We encourage you to visit our website, or even better get in touch with the team at FMHS-admissions@buckingham.ac.uk who will be delighted to talk you through the course.

If you need help with your application, email us at FMHS-admissions@buckingham.ac.uk or call +44 (0)1280 820227. We're always happy to help.

APPLY NOW

Click here to apply now.

Please provide a copy of your first degree transcript (or interim transcript), other relevant qualifications/work experience, along with your personal statement and references.





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