# Rapid response service for people in crisis

Expert neurobehavioural interventions for complex patients

St Andrew's Neuropsychiatry Service, Northampton Acquired brain injury, complex dementia, Huntington's disease



We offer rapid assessment and admission for patients whose behavioural presentation or cognitive function has deteriorated and who require urgent stabilisation and intensive therapy in a safe environment.

Our programmes deliver treatment to support a return to community once the crisis period has subsided, and also offers a pathway for patients requiring a more extensive care package.

#### Why refer?

People with an acquired brain injury or those with progressive neurological disorders, such as dementia or Huntington's disease (HD), can experience periods of highly challenging behavioural disturbance as a result of their condition or recovery, which may pose a risk to themselves or others.

Their highly agitated presentation typically increases the level of supervision and care required to manage them within their existing acute or community setting.

At St Andrew's we have a proven track record of transforming challenging behaviour into patient engagement, with the expertise and environment required to manage complex behavioural needs.

### We rapidly respond to the needs of your patients:

- A service that quickly admit patients in to a safe environment
- Proven in our ability to reduce the most challenging behaviour and support those with cognitive decline
- Delivery of a full holistic health assessment by an extensive, full-time multi-disciplinary team (MDT) who tailor and adapt care packages to encourage positive life experiences
- Expert neuropsychiatric input to determine the correct medication and treatment plans
- Gender-specific units offering, where needed, a high level of observation and supervision

- Certified intervention strategies to reduce aggression, including RAID<sup>®</sup> and Dementia Care Mapping (DCM)
- Therapeutic environments including multi-sensory gardens, low stimulus and de-escalation areas, and high dependency bedrooms

#### How the service works:

- Telephone assessment completed within one hour for referrals received during office hours
- Same day admission where clinically appropriate (for referrals received before 5pm Mon-Fri)
- Free 1:1 enhanced support for first three days\*
- \* Additional enhanced support remains chargeable where provided



to be awarded the RAID° Centre of Excellence, recognising our treatment of extreme behaviour via positive engagement. 66%

reduction in the number of incidents of challenging behaviour within 12 months.\*



reduction in overt aggression.\*\*



#### Who do we support?

We can admit patients who present with the following conditions, including those detained under the Mental Health Act 1983 (as amended in 2007):

- 1. Acquired brain injury (including Organic brain injury)
- Progressive neurological conditions, including complex dementia and Huntington's disease

Patients admitted will be displaying behavioural difficulties/disturbances that compromise their own safety or that of others and which cannot be safely managed or treated in their current setting.

## Providing expert care at challenging times

We believe in a whole-person approach, integrating physical and mental healthcare. We understand the unique requirements of these challenging cases and offer high quality care from our extensive, on-site MDT.

We utilise proven assessment tools including MOAS, SASBA and FIM+FAM to measure behaviour and cognitive function, and seek innovative ways to engage patients in vocational activities across our campus set in 135 acres of inspiring green space.

### Specialist admission for patients with a brain injury

Tallis

Male admission for patients requiring neurobehavioural stabilisation and assessment

## Specialist admission for patients with Progressive Neurological Conditions

Allitsen

Older male with cognitive impairment

Compton

Mixed gender high physical needs/palliative care

Walton

Male high dependency Huntington's disease





### Reinforce Appropriate, Implode Disruptive (RAID°)

A relentlessly positive approach to working with extreme behaviour.

RAIDing gives a relentlessly positive philosophy for working with extreme behaviour and is especially relevant to working in secure and semi-secure environments. RAIDing provides a positive approach to be proud of, developing appropriate 'green' behaviour so that it simply overwhelms the problem behaviours in question.



Importantly though, RAIDing also tells you what to do when problem behaviour happens. St Andrew's was the first UK healthcare provider to achieve the RAID® Centre of Excellence Award from the Association of Psychological Therapies (APT), reflecting the quality of provision for patients within our neuropsychiatry service.

For more information on RAID® visit

www.raid.co.uk

### Getting in touch

For more information about our **rapid response and crisis intervention service** or to make a referral:

t: 0800 434 6690 (we welcome text relay calls)

e: enquiries@standrew.co.uk

w: stah.org/crisis

Registered Charity Number 1104951