

## Vocational excellence

Our award-winning vocational services are at the heart of each patient's recovery plan. With dozens of courses, work-environments and skills-based opportunities to choose from, patients can develop real-world experiences which help to build confidence and resilience. Services on campus are extensive, and we also partner closely with community services and educational institutions such as the University of Northampton.



Part of St Andrew's, Northampton, Workbridge provides patients with the opportunity to work as part of a team in a genuine work environment.

## A blue-print for community living

Our highly tailored environments allow us to gradually explore the boundaries of ability and develop core skills that will help individuals progress towards transitional and community living.

For people who present with inappropriate, impulsive, aggressive or self-harming behaviour we can test their skills over time and help local rehab teams to replicate care closer to home.

## Outcomes focused care

We utilise a range of established assessment and treatment tools, including those developed at our Kemsley brain injury centre, to develop, monitor and evolve the Care Treatment Plans of people in our care. We combine a structured approach towards positive risk-taking with:

- **SASNOS** (St Andrew's Swansea Neurobehavioural Outcome Scale)
- **SASBA** (St Andrew's Sexual Behaviour Assessment Scale)
- **OAS-MNR** (Overt Aggression Scale – modified for neuro-rehabilitation)
- **HoNOS-secure** (The Health of the Nation Outcome Scale for secure mental health)
- **FIM + FAM** (Functional Independence Measure + Functional Assessment Measure)
- **PBS Plan** (Positive Behaviour Support)
- **The Northwick Park Therapy Dependency Assessment**
- **The Mayo-Portland Adaptability Inventory**
- **RCS** (The Rehabilitation Complexity Score).

## How to make a referral to our Brain Injury services

Please call: freephone 0800 434 6690

Or email: [admissions@standrew.co.uk](mailto:admissions@standrew.co.uk)



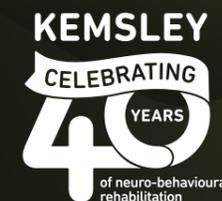
Specialist Neurobehavioural brain injury service  
Kemsley centre, Northampton



# Removing barriers and building lives

Enabling people with a brain injury to live their fullest life

As the first specialist UK neurobehavioural unit Kemsley has pioneered the delivery of person-centred care for over 40 years for people with a range of complex cognitive, physical and psychological needs following brain injury. We help them to reach their potential and equip them with the tools and ability to face the challenges and barriers they may encounter during recovery.



# Who we care for:

At Kemsley we care for adults with ABI whose complex behaviour impedes their ability to improve their quality of life or who present with a risk profile that makes it difficult to support them in local acute or rehab services. Each patient receives a neuro-behavioural approach that also incorporates existing mental health or physical health and rehabilitation needs. With separate environments for men and women we offer them the chance to build resilience and the ability to cope.

**We also deliver separate specialist care for those with complex dementias or other progressive neurological conditions, such as Huntington's disease (HD).**

## Psychology-led model of care

Our expert team has developed psychological interventions to enable social rehabilitation for men and women who present with a range of conditions alongside their acquired or traumatic brain injury. An interdisciplinary approach involves the patient, family and carers in the co-production of treatment plans and goal-setting, and our integrated care models offer parity between mental health and physical health, including long-term conditions.

✓ **82.54%**  
reduction in the incidents of behaviours that challenge

✓ **79.26%**  
reduction in the severity of incidents

✓ **20.43%**  
improvement in FIM+FAM outcomes

✓ **14.23%**  
improvement in SASNOS

## Our therapies

Our psychological and occupational programmes are highly structured and tailored to the individual. They cover a wide range of core and targeted therapies, basic activities of daily living and community work placements. We empower patients in their own treatment and provide constant support and guidance to reinforce appropriate behaviour and skills. Our therapies:

- cater for those with intensive, complex and acute needs
- are delivered by a full-time MDT to consistently support very individual and changing needs
- offer individual and group therapy programmes tailored to specific social, rehabilitation and behavioural goals

## Our service offering includes:

✓ **Short-term assessment and admission**

✓ **Inpatient rehabilitation**

✓ **Acute or Crisis care**

✓ **Transitional living and support**

✓ **Vocational skills development**

In addition to informal patients we also support people who have legal restrictions including; Ministry of Justice requiring secure care; those who are detained under the Mental Health Act (1983); those under a community order such as Deprivation of Liberty Safeguards (DoLS) or Community Treatment Order (CTO).

Patients can gain valuable work experience in our public facing coffee shop on site

- address functional and behavioural issues in areas of: communication, locomotion, self-care, inhibition, relationships and management of aggression
- include vocational opportunities across our beautiful 140 acre campus and within our retail services.

We focus on delivering meaningful outcomes for people whose recovery may have been impeded by behavioural disruptions, and partner with the NHS and other rehab providers to provide admission to safe and therapeutic environments, including for those people in crisis.

## An extensive neurobehavioural MDT

Because all of our MDT are based permanently within our service at Northampton we are able to provide the highest level of responsiveness to your patient's needs. Our pathway is overseen by a Clinical Director and led by a dedicated team of psychiatrists and neuro psychologists.

Our ward based team also include qualified Nurses, OTs, Speech and Language Therapists, Social Workers and Healthcare Assistants. We also provide access to resident Doctors to support medical needs.



We assess the physical, emotional and cognitive needs to construct programmes of enablement that allow progress through our service to the least restriction.