|  |  |  |
| --- | --- | --- |
| * [Frequently asked questions](https://www.stah.org/patients/q-and-a/)   **Membership of the CDCT**  Membership of the CDCT is FREE and open to clinicians, survivors of trauma and their families, academics and individuals responsible for the delivery of services that support people who have experienced trauma. People can apply for membership as individuals or for institutions. The benefits of membership include:  Access to special networks and their activities  Opportunities to collaborate in service  development and research activities  Early alerts to CDCT and network activities  Accessing specialist peer support through  Accessing specialist educational placements  (psychiatry, psychology, nursing, & peer)  Enquires about FREE membership to the CDCT or its activities, can be made to  Dr. Deborah Morris, Consultant Clinical Psychologist,  St Andrew’s Healthcare,  Email: [Deborah.Morris@standrew.co.uk](mailto:Deborah.Morris@standrew.co.uk)  Telephone: 01604 616000 Ext: 8716  Postal Address: Academic Centre,  St Andrew’s Healthcare, Billing Road,  Northampton, NN1 5DG.  **Combined expertise**  One of the core aims of the CDCT is to reduce barriers between health care professional and ‘survivor’ led research. CDCT research and service development programmes are developed through a process of consultation with healthcare professionals and those with lived experience. As such our programmes aim to improve current approaches to trauma informed care (TIC) and to improve outcomes.  **Governance of Research and Service evaluation initiatives**  All research and service evaluations projects are subject to the governance processes of St Andrew’s healthcare, which is led by the Research Centre, St Andrew’s Healthcare. Where projects involve NHS partners, NHS ethical permissions will also be sought.  The CDCT is able to support its students through St Andrew’s, University and NHS ethical application processes.  **Links and support for research**  The CDCT work closely with clinical services in St Andrew’s and have research links with Universities in the UK and internationally. |  | Centre for Developmental and Complex Trauma    [Patients at major mental health hospital suffer disturbing ...](https://www.google.co.uk/url?sa=i&url=https%3A%2F%2Fwww.thebureauinvestigates.com%2Fstories%2F2017-03-01%2Fpatients-at-major-mental-health-hospital-subjected-to-demeaning-conditions-say-families&psig=AOvVaw0ivNH9vhw0PSO5ViE4tJZ8&ust=1586252876230000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCKjH6M7C0-gCFQAAAAAdAAAAABAD)  Placement Opportunities |
| ***The Centre for Developmental and Complex Trauma (CDCT)***  The Centre for Developmental and Complex Trauma (CDCT) was established to provide a forum to network, coordinate and engage in activities to improve outcomes for people who live with the impact of trauma.  The CDCT operates according to three broad principles:   * Acknowledging the whole person impact of exposure to trauma * Reducing the gap between research and practice * Focusing on working with marginalized populations   [Patients at major mental health hospital suffer disturbing ...](https://www.google.co.uk/url?sa=i&url=https%3A%2F%2Fwww.thebureauinvestigates.com%2Fstories%2F2017-03-01%2Fpatients-at-major-mental-health-hospital-subjected-to-demeaning-conditions-say-families&psig=AOvVaw0ivNH9vhw0PSO5ViE4tJZ8&ust=1586252876230000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCKjH6M7C0-gCFQAAAAAdAAAAABAD)  The CDCT hosts undergraduate and post graduate placements for clinical and research needs, including placements that combine clinical and research opportunities. Placements are offered for different professions as well as vocational placements for individuals supported by St Andrew’s clinical services who want to undertake work placements during their admission to St Andrews. | *Placement opportunities* Clinical placements The CDCT is able to facilitate undergraduate and post graduate clinical placements in its inpatient, community and staff trauma support services. To ensure that placements offer a positive experience they are offered for a minimum of 12 weeks, and up to 1 year.  Placements offer a range of opportunities dependent on the experience of the individual and duration of the placement.  Placements can be arranged in our adult and adolescent inpatient services and our adult community veteran’s service. We are also able to facilitate placements with our staff trauma support service. The CDCT can facilitate placements for undergraduate and graduate psychologists, including those on professional training programmes. Specialist postgraduate nurse placements can also be facilitated. Specialist psychiatry placements are also available.  https://www.stah.org/assets/Uploads/_resampled/FillWyIzODciLCIyNzQiXQ/2-people-meeting.jpg  The CDCT is also able to host vocational placements for individuals currently supported by St Andrew’s services, who are wanting to progress into paid peer roles. These roles are focused on service development and evaluation projects rather than offering direct clinical opportunities. | Research and service evaluation placements The CDCT is able to host post graduate research placements and to support the completion of undergraduate and post graduate research projects for different healthcare professions. Where appropriate, the Centre is also able to support survivor led research. Research placements can also be combined with clinical placements to allow for a rounded experience. As well as supporting students to complete their own trauma related research, the CDCT has an established research and service development programme that post graduate students can join in order to complete their research requirements. The CDCT has an active research and service development programme in the following areas.  https://www.stah.org/assets/Uploads/_resampled/FillWyI2MDAiLCI2MDAiXQ/teen-talk-1438715.jpg   * The impact of ACEs on physical health, mental health, restrictive practices & risk * Developmental Trauma Disorder & Complex PTSD in intellectual disability and Mental Health populations. * The efficacy of treatment approaches for complex PTSD * PTSD as a result of own actions * Moral injury in marginalized and staff populations * Gendered experience of trauma * Ethnicity, trauma and Mental Health Law |