



Helping people with complex mental health needs find hope and transform their lives



A healthcare charity that helps people find hope and transform their lives

Established in 1838 St Andrew's is a charity that for 185 years has supported people to live well with complex mental health needs. Based across Northampton, Birmingham, Nottingham and Essex, we deliver specialist inpatient and community mental healthcare services for people living with complex brain injury, progressive neurological conditions, mental illness, learning disabilities and autism.

We have a vision for a society in which everyone with mental health needs is heard, valued and has hope for their future. More community support, research and education, and sustainable policy making is needed and we want to be at the heart of it.

Our Services:

Working with our partners we have developed services that meet the needs of our local and national populations, providing person-centred and holistic care that allow people to find hope and live well with complex mental health needs. They include specialist services such as our Deaf Medium Secure service, Lowther Dementia Village, comprehensive Dialectical Behavioural Therapy (DBT) programme and Huntington's disease services. Our services include a wide range of specialist forensic services to support patients admitted from the criminal justice system.

We are committed to only supporting autistic people and those with a learning disability in in-patient services who have a forensic need.

Additionally, we have expanded our community offer. This now includes more transitional and residential with nursing solutions for people stepping down from inpatient services. We also provide specialist and early intervention services both in the community, for military personnel and across the criminal justice system.

Our Education, Research and Training

As a charity, we are equally committed to helping people with complex mental health needs through education, research and training. We have an in-house research team that works with others to improve the understanding of complex mental health, regularly sharing their insight. Our REDS Recovery College offers recovery-focused educational courses to help improve the understanding of patients, staff and carers toward mental health needs. We created the Light Bulb Mental Wellness Programme, a multi-award-winning programme that has provided mental health training to over 30,000 school pupils and teachers across Northamptonshire. Our ASPIRE nursing degree programme in partnership with the University of Northampton supports Healthcare Assistants to become qualified nurses whilst working at St Andrew's.

Listening + Changing

As a charity working in partnership with others, we are continuously seeking feedback to improve the services we offer. If you have used or come into contact with our services, please let us know your views, opinions, thoughts or ideas to help us continuously improve.

Visit stah.org to leave your feedback.

Each year...

we support over 3,000 people to find hope across our inpatient and community services. Last year, we helped almost 450 people to leave our inpatient hospitals, with the majority moving to either lower levels of security or to community placements.

* Based on data from April '22 - March '23



Crisis Services - PICU, ACUTE and Neuro Rapid Response

Ward security	Unit name	Gender	Beds	Service	Description	Location
Northampton						
Specialist Rehabilitation	Naseby	М	14	ACUTE	24/7 Short-stay crisis admission, stabilisation and assessment	Isham House
	Heygate	М	10 ^x	PICU	24/7 Short-stay admission, stabilisation and assessment	Malcolm Arnold House
	Bayley	М	10 ^x	PICU	24/7 Short-stay admission, stabilisation and assessment	Malcolm Arnold House
	Neuro Rapid Response service	M/F	5	RR	Short-term admission and assessment for people with an acute brain injury or progressive neurological disorder	Kemsley Centre / Lowther
Essex						
Specialist Rehabilitation	Benfleet	М	16	ACUTE	24/7 Short-stay crisis admission, stabilisation and assessment	Essex
	Audley	М	11	PICU	24/7 Short-stay admission, stabilisation and assessment	Essex
	Frinton	F	10	PICU	24/7 Short-stay admission, stabilisation and assessment	Essex

X - Extra Care Suite available

Mental Health and Personality Disorder

Ward security	Unit name	Gender	Beds	Service	Description	Location
Northampton						
Medium	Mackaness	М	15 ^x	МН	Admission, stabilisation, treatment and assessment	William Wake House
	Prichard	М	15 ^x	MH	Admission, assessment and rehabilitation	William Wake House
	Robinson	М	17	MH	Admission, assessment and rehabilitation	William Wake House
	Cranford	М	17	MH	55+ years admission, assessment and rehabilitation	William Wake House
	Fairbairn	М	17 ^x	Deaf	Deaf admission, assessment and recovery	William Wake House
	Bracken	F	10 ^x	MH/PD	Admission, assessment and stabilisation	FitzRoy House
Blended	Maple	F	10 ^x	MH/PD	Admission, stabilisation, treatment and recovery	FitzRoy House
	Willow	F	10 ^x	MH/PD	Admission, stabilisation, treatment and recovery	FitzRoy House
Low	Spencer North	М	12	MH	Rehabilitation and recovery	Spencer House
	Spencer South	М	12	MH	Rehabilitation and recovery	Spencer House
	Fenwick	F	10 ^x	MH	45+ years treatment and rehabilitation	Malcolm Arnold House
Specialist Rehabilitation	Silverstone	F	12	PD	Comprehensive DBT programme for EUPD/Complex PTSD	Isham House
	Lower Harlestone	F	6	PD	Treatment and rehabilitation for EUPD/Complex PTSD	Isham House
	Watkins House	F	6	MH	Transitional community rehabilitation and recovery	Berkeley Close
	37 Berkeley Close	М	3	МН	Transitional community living house	Berkeley Close
	Berkeley Lodge	М	6	MH	Transitional community rehabilitation and recovery	Berkeley Close
	23 The Avenue	М	2	Deaf	Transitional community living house	The Avenue
	23a The Avenue	М	3	Deaf	Transitional community living house	The Avenue
	21 The Avenue	F	2	Deaf	Transitional community living house	The Avenue
Birmingham						
Medium	Edgbaston	М	15	МН	Admission, assessment and stabilisation	Birmingham
	Hawkesley	М	15	MH	Treatment and recovery	Birmingham
Low	Speedwell	М	16	МН	Admission, stabilisation, treatment and recovery	Birmingham
	Hurst	М	16	МН	Admission, stabilisation, treatment and recovery	Birmingham
	Hazelwell	М	16	МН	Rehabilitation and recovery	Birmingham
	Northfield	М	16	МН	Rehabilitation and recovery	Birmingham
	Lifford	М	16	MH	65+ years rehabilitation and recovery	Birmingham
	Moor Green	F	15	MH	Admission, stabilisation, treatment and recovery	Birmingham
Essex						
Low	Danbury	М	16	MH/PD	Admission, stabilisation, treatment and recovery	Essex
Specialist Rehabilitation	Tiptree	М	16	МН	Treatment and rehabilitation	Essex

X - Extra Care Suite available

Child and Adolescent (CAMHS)

Ward security	Unit name	Gender	Beds	Service	Description	Location
Northampton						
Medium	Sitwell	М	10 ^x	LD/ASD	Admission, assessment and treatment for forensic males	Smyth House
Low	Stowe	M/F	10 ^x	MH	Admission, assessment and treatment	Smyth House
	Seacole	M/F	10	MH	Treatment, rehabilitation and recovery	Smyth House

Neuro-behavioural

Specialist brain injury (BI)

Ward security	Unit name	Gender	Beds	Service	Description	Location		
Northampton								
Medium	Rose	М	17	BI	Admission, assessment and rehabilitation	William Wake House		
Specialist Rehabilitation	Tallis	М	11 ^x	BI	Admission, assessment and rehabilitation	Kemsley Centre		
	Tavener	М	16	BI	Assessment and rehabilitation (ward and flats)	Kemsley Centre		
	Allitsen	М	14	BI	Rehabilitation and recovery	Kemsley Centre		
	Elgar	F	12 ^x	BI	Admission, assessment and rehabilitation	Kemsley Centre		
	38 Berkeley Close	M/F	2	BI	Transitional community living flats	Berkeley Close		

Dementia and Huntington's Disease (HD)

Ward security	Unit name	Gender	Beds	Service	Description	Location		
Northampton	Northampton							
Specialist Rehabilitation	Redwood	М	10	Dementia	Admission, assessment and treatment	Lowther Dementia Hub		
	Aspen	М	8	Dementia	Admission, assessment and treatment	Lowther Dementia Hub		
	Elm	М	10	Dementia	Physical health and palliative care	Lowther Dementia Hub		
	Cherry	F	10 ^{EX}	Dementia /HD	Specialist assessment and care	Lowther Dementia Hub		
	Walton	М	14	HD	Specialist assessment and care	Kemsley Centre		

X - Extra Care Suite available EX - End of Life and Extra Care Suites available

Learning Disability

Ward security	Unit name	Gender	Beds	Service	Description	Location
Northampton						
Medium	Hawkins	М	15 ^x	LD	Admission, assessment and treatment	William Wake House
	0ak	F	10	LD	Admission, assessment and treatment	FitzRoy House
	Sycamore	F	4	LD	Admission, assessment and treatment in single pod accommodation	FitzRoy House
Low	Sunley	М	15 ^x	LD	Admission, assessment, treatment and rehabilitation	William Wake House
	Church	F	10	LD	Admission, assessment, treatment and rehabilitation	Malcolm Arnold House

X - Extra Care Suite available

Autistic Spectrum Disorder

Ward security	Unit name	Gender	Beds	Service	Description	Location
Northampton						
Medium	Meadow	М	10 ^x	ASD	Admission, assessment, stabilisation and treatment	FitzRoy House
	Marsh	М	10 ^x	ASD	Admission, assessment, stabilisation and treatment	FitzRoy House
Low	Berry	М	10 ^x	ASD	Admission, assessment, stabilisation and treatment	FitzRoy House
	Fern	М	10 ^x	ASD	Admission, assessment, stabilisation and treatment	FitzRoy House
	Brook	М	10 ^x	ASD	Admission and assessment	FitzRoy House
	Acorn	М	10 ^x	ASD	Stabilisation and treatment	FitzRoy House
Specialist Rehabilitation	Garden Cottage	М	5	ASD	Transitional community living house	Garden Cottage
	Wantage Gate	М	2	ASD	Transitional community living house	Wantage Gate

X - Extra Care Suite available

Community LD/ASD

Ward security	Unit name	Gender	Beds	Service	Description	Location
Nottingham						
Community	Winslow	M/F	6	LD/ASD	Residential apartments with nursing	Nottingham

Community Services

Vocational

Services	Description
Workbridge	Vocational skills-based education opportunities for St Andrew's and community service users in Northampton

Assessment and Therapy

Services	Description
Outpatient	Assessment and therapy in Northampton
ADHD/ASD	Assessment and diagnosis service, supporting NHS Trusts
Memory Assessment Clinic	Cognitive and physical assessments for people with suspected dementia
Veterans Mental Health Complex Treatment Service	Specialist therapy and support for veterans with trauma

Criminal Justice

Services	Description
Expert Witness	Mental health assessments and reports for criminal court proceedings
Community Sentence Treatment Requirement (CSTR)	Psychological therapy for people on probation in London and the South East

Specialist Consultation and Intervention

Services	Description
Assertive Transition Service	Supporting transition from inpatient care to community services in the East Midlands
Wellbeing Services	Advice, consultation, assessment and support for business and education organisations
Forensic CAMHS	Advice, consultation, assessment and support for young people services
Clinical Supervision	For healthcare and criminal justice staff, includes trauma-informed supervision

Education and Training

Services	Description
LightBulb Mental Wellness for Schools Programme	Specialist mental health training for schools and young people providing a quality mark to evidence good practice
Healthcare Placements	Classroom-based teaching and on-ward experience as part of related university courses
Bespoke Training Solutions	Specialist training solutions for clinical teams and leaders supporting patients with mental health needs

Research

Services	Description
Centre for Developmental and Complex Trauma (CDCT)	Specialist trauma focused research, conferences, higher education and professional practice placements
Service Evaluation	Bespoke evaluations of clinical services
Clinical Research Partnerships	Collaborative research design, development and delivery, including external grant submissions

If you would like to receive more information from St Andrew's Healthcare, including our monthly external stakeholder newsletter or our bed availability emails, please email update@stah.org

Our locations



St Andrew's Winslow - NG6 8SS

LD/ASD Residential apartments with nursing (non-hospital registered)

St Andrew's Birmingham - B30 2XR • · · · · · · ·

Mental Health Medium and Low Secure services



• Oxford

London



St Andrew's Northampton - NN1 5DG

PICU and ACUTE

Mental Health Medium, Low Secure services and Transitional Community Housing

Personality Disorder Medium Secure and Specialist Rehab services

CAMHS

Neuro-behavioural Medium Secure, Specialist Rehab and Transitional Community Housing

Dementia and Huntington's Disease Specialist Rehab services

LD Medium and Low Secure services

ASD Medium, Low Secure and Transitional Community Housing

Outpatient clinic Workbridge

St Andrew's Essex - SS12 9JP

PICU and ACUTE

Mental Health/Personality Disorder Low Secure and Specialist Rehab services



Why not visit our YouTube page to find out more about our #LetsTalkAbout and #BreakTheStigma campaigns and hear from some of the people who have been helped by our services.



The St Andrew's Family

We are made up of over 3,000 permanent staff members, almost 1,000 bank staff, over 300 volunteers, families and carers who share a passion to support those who need our care. With no shareholders or owners to pay, any surplus money we make is invested straight back in to helping improve the lives of people with complex mental health needs.

For more information or to make a referral:

- SAH.admissions@nhs.net 2 0800 434 6690
- __ stah.org

