

Your guide to property



Your safety, the safety of other patients and the safety of our staff always comes first. That's why items that are likely to pose a risk are carefully restricted or banned altogether. This guide will help you decide what to pack.

Key things to remember

- ✓ There are items that are not allowed to be taken onto our wards.
- ✓ Please pack an overnight bag with sufficient clothing for three days.
- ✓ The ward team will provide you with a welcome pack when you arrive.
- ✓ All other property will be removed on admission for checking.
- ✓ There is a limit on how much property we can store.

A few of the restrictions described below may vary by ward so if you are in any doubt please contact the **ward**.

Toiletry items - no sealed or opened toiletries are allowed. We will provide you with toiletries when you arrive and further items can be bought from the shop.

Liquids and Foods - are restricted items, please do not bring them with you. There is a shop on site for you to use.

Medications - are restricted items, but don't worry we have a pharmacy department that will ensure your medication is available to you.

Medical equipment - if you have specialist equipment needs please speak to us prior to admission.

Personal and Electrical items - are generally permitted. We will check your equipment to ensure it is electrically safe and that, in the case of data devices, there is no prohibited content. Mobile phones and cameras are not permitted on most wards.

Sharp objects - sharp instruments, including razors and scissors, are not permitted.

Special Occasions - if you wish to bring gifts please remember that our staff may need to inspect them.

Valuables - try not to bring cash with you, if you do, it will be placed in the ward safe. Valuable items should be packed separately.

Drugs and Alcohol - including legal highs are not allowed.

Inventory - all your property will be checked on admission and recorded on a computerised property list.

And finally please remember

- to pack an overnight bag
- we can only store a limited amount, [three boxes measuring 355 x 400 x 600mm; similar to a medium sized suitcase], if you have more than this you will need to pay for your own storage
- please call the ward manager if you have any questions.

Here are some things other patients would recommend you do bring:

Photographs, posters, some books/magazines, your own duvet/pillow case, soft toys and your music, use an iPod or Mp3* (mobile phones are restricted).

**iPod and Mp3 devices can't have microphone, camera or Wi-Fi capability.*