



St Andrew's  
HEALTHCARE

Registered Charity No. 1104951



# Services Directory



Working in partnership  
to transform lives



*Transforming lives together*

# We are:

A charity working with our partners to provide specialist mental health care for people with complex needs



## Services

- ✓ part of the East Midlands' 'IMPACT' Adult and CAMHS provider collaboratives and the West Midlands' 'REACH OUT' adult provider collaborative, working to provide the right care, closer to home, for people right across the midlands
- ✓ specialists in supporting forensic patients, with over 40% of our inpatients admitted from the criminal justice system
- ✓ an innovative secure women's blended service, which aims to eliminate anxieties caused through secure step down and reduce length of stay
- ✓ a progressive 'care home with nursing' accommodation that addresses the Transforming Care agenda, allowing people with complex LD/ASD to receive bespoke care in the community rather than in a hospital setting

## Education & Training

- ✓ educating the 'experts of tomorrow', supporting over 700 medical students to learn within our services; developing the ASPIRE nursing degree programme with the University of Northampton and funding multiple nursing apprenticeships each year
- ✓ actively educating and campaigning to reduce mental health stigma and improve the healthcare experience of people with complex mental health needs

## Research

- ✓ an in-house research and innovation department, working with others to share knowledge and expertise across the mental healthcare sector to improve care.

## Listening +

### Changing

As a charity working in partnership with others, we are continuously seeking feedback to improve the services we offer. If you have used or come in contact with our services, please let us know your views, opinions, thoughts or ideas to help us continuously improve.

› Visit [stah.org](http://stah.org) to leave your feedback.

## Last year...

3000+

Our inpatient services, community homes and community services supported over 3000 people, relieving suffering, giving hope and promoting recovery.

700

Over 700 patients made positive discharges from our inpatient services, many of whom moved into the community, closer to their home area.

## Crisis Services - PICU and Neuro Rapid Response

Ward security	Unit name	Gender	Beds	Service	Description	Location
<b>Northampton</b>						
Specialist Rehabilitation	Heygate	M	10	PICU	24/7 Admission, stabilisation and assessment	Malcolm Arnold House
	Bayley	F	10	PICU	24/7 Admission, stabilisation and assessment	Malcolm Arnold House
	Neuro Rapid Response service	M/F	5	RR	Rapid assessment and admission for patients with acute ABI/dementia/HD	NBIC (Kemsley)
<b>Essex</b>						
Specialist Rehabilitation	Audley	M	13	PICU	24/7 Admission, stabilisation and assessment	Essex
	Frinton	F	12	PICU	24/7 Admission, stabilisation and assessment	Essex

NBIC - National Brain Injury Centre

## Mental Health and Personality Disorder

Ward security	Unit name	Gender	Beds	Service	Description	Location
<b>Northampton</b>						
Medium	Robinson	M	17	MH	Admission, assessment and rehabilitation	William Wake House
	Prichard	M	15	MH	Admission, assessment and rehabilitation	William Wake House
	Cranford	M	17	MH	55+ years admission, assessment and rehabilitation	William Wake House
	Fairbairn	M	17	Deaf	Deaf admission, assessment and recovery	William Wake House
	Bracken	F	10	MH/PD	Admission, assessment and stabilisation	FitzRoy House
Blended	Maple	F	10	MH/PD	Admission, stabilisation, treatment and recovery	FitzRoy House
	Willow	F	10	MH/PD	Admission, stabilisation, treatment and recovery pilot with IMPACT	FitzRoy House
Low	Spencer South	M	12	MH	Rehabilitation and recovery	Spencer House
	Spencer North	M	12	MH	Rehabilitation and recovery	Spencer House
	Fenwick	F	10	MH	45+ years treatment and rehabilitation	Malcolm Arnold House
Specialist Rehabilitation	Upper Harlestone	F	12	PD	Comprehensive DBT programme, associated eating disorders	Isham House DBT Hub
	Naseby	F	12	PD	Comprehensive DBT programme, assessment, rehab and recovery	Isham House DBT Hub
	Ashby	F	16	PD	Comprehensive DBT programme, assessment, rehab and recovery	Isham House DBT Hub
	Watkins House	F	6	MH	Transitional community living house	Berkeley Close
	37 Berkley Close	F	3	MH	Transitional community living house	Berkeley Close
	Berkeley Lodge	M	6	MH	Transitional community rehabilitation and recovery	Berkeley Close
<b>Birmingham</b>						
Medium	Edgbaston	M	15	MH	Admission, assessment and stabilisation	Birmingham
	Hawkesley	M	15	MH	Treatment and recovery	Birmingham
Low	Speedwell	M	16	MH	Admission, stabilisation, treatment and recovery	Birmingham
	Lifford	M	16	MH	Rehabilitation and recovery	Birmingham
	Northfield	M	16	MH	Rehabilitation and recovery	Birmingham
	Moor Green	M	16	MH	55+ years rehabilitation and recovery	Birmingham
	Hazelwell	F	12	MH	Admission, stabilisation, treatment and recovery	Birmingham
	Hurst	F	12	MH	Admission, stabilisation, treatment and recovery	Birmingham
<b>Essex</b>						
Low	Danbury	M	16	MH	Admission, assessment and rehabilitation	Essex
	Hadleigh	M	16	PD	Admission, treatment and recovery	Essex
	Colne	F	16	MH/PD	Admission, stabilisation, treatment and recovery	Essex
Specialist Rehabilitation	Maldon	M	6	MH	Treatment and rehabilitation	Essex

## Child and Adolescent (CAMHS)

Ward security	Unit name	Gender	Beds	Service	Description	Location
<b>Northampton</b>						
Medium	Sitwell	M	10	LD/ASD	Admission, assessment and treatment for forensic males	Smyth House
Low	Stowe	M/F	10	MH	Admission, assessment and treatment	Smyth House
	Seacole	M/F	10	MH	Treatment, rehabilitation and recovery	Smyth House

## Neuro-behavioural

### Specialist brain injury (BI)

Ward security	Unit name	Gender	Beds	Service	Description	Location
<b>Northampton</b>						
Medium	Rose	M	17	BI	Admission, assessment and rehabilitation	William Wake House
Specialist Rehabilitation	Tallis	M	11	BI	Admission, assessment and rehabilitation	NBIC (Kemsley)
	Tavener	M	16	BI	Assessment and rehabilitation (ward and flats)	NBIC (Kemsley)
	Allitsen	M	14	BI	Rehabilitation and recovery	NBIC (Kemsley)
	Elgar	F	12	BI	Admission, assessment and rehabilitation	NBIC (Kemsley)
	19 The Avenue	M/F	2	BI	Transitional community living house	Berkeley Close
	38 Berkeley Close	M/F	2	BI	Transitional community living flats	Berkeley Close

### Dementia and Huntington's Disease (HD)

Ward security	Unit name	Gender	Beds	Service	Description	Location
<b>Northampton</b>						
Specialist Rehabilitation	Redwood	M	8	Dementia	Admission, assessment and treatment	Lowther Dementia Hub
	Elm	M	12	Dementia	Admission, assessment and treatment	Lowther Dementia Hub
	Aspen	M	8	Dementia	Physical health and palliative care	Lowther Dementia Hub
	Cherry	F	10	Dementia /HD	Specialist assessment and care	Lowther Dementia Hub
	Walton	M	14	HD	Specialist assessment and care	NBIC (Kemsley)

NBIC - National Brain Injury Centre

## Learning Disability

Ward security	Unit name	Gender	Beds	Service	Description	Location
<b>Northampton</b>						
Medium	Hawkins	M	15	LD	Admission, assessment and treatment	William Wake House
	Oak	F	10	LD	Admission, assessment and treatment	FitzRoy House
	Sycamore	F	4	LD	Admission, assessment and treatment in secure POD accommodation	FitzRoy House
Low	Sunley	M	15	LD	Admission, assessment, treatment and rehabilitation	William Wake House
	Church	F	10	LD	Admission, assessment, treatment and rehabilitation	Malcolm Arnold House

## Autistic Spectrum Disorder

Ward security	Unit name	Gender	Beds	Service	Description	Location
<b>Northampton</b>						
Medium	Meadow	M	10	ASD	Admission, assessment, stabilisation and treatment	FitzRoy House
	Marsh	M	10	ASD	Admission, assessment, stabilisation and treatment	FitzRoy House
Low	Berry	M	10	ASD	Admission, assessment, stabilisation and treatment	FitzRoy House
	Fern	M	10	ASD	Admission, assessment, stabilisation and treatment	FitzRoy House
	Brook	M	10	ASD	Admission and assessment	FitzRoy House
	Acorn	M	10	ASD	Stabilisation and treatment	FitzRoy House
	Specialist Rehabilitation	Garden Cottage	M	5	ASD	Transitional community living house
Wantage Gate		M	2	ASD	Transitional community living house	Wantage Gate

## Community LD/ASD

Ward security	Unit name	Gender	Beds	Service	Description	Location
<b>Nottingham</b>						
Community	Winslow	M/F	6	LD/ASD	Care home with nursing apartments	Nottingham
<b>Derby</b>						
Community	Broom Cottage	M/F	5	LD/ASD	Care home with nursing	Derby

## Vocational

Services	Description
Workbridge	Vocational Opportunities for St Andrew's and community service users in Northampton

## Assessment and Therapy

Services	Description
Outpatient	Assessment and therapy in Northampton
ADHD/ASD	Assessment service supporting NHS Trusts
Memory Assessment Clinic	Cognitive and physical assessments for people with suspected dementia
Veterans MH Complex Treatment	Therapies and support for veterans with trauma

## Criminal Justice

Services	Description
Expert Witness	Mental health assessments and reports for criminal court proceedings
Transforming Rehabilitation	Psychological therapy for people on probation
Mental Health Treatment Requirement (MHTR)	Psychological therapy for people post sentence

## Community Transitions

Services	Description
Assertive Transition Service	Supporting Community Transitions Pilot service with IMPACT

## Specialist Consultation and Intervention


Services	Description
Wellbeing Services	Advice, consultation, assessment and support for business and education organisations
Forensic CAMHS	Advice, consultation, assessment and support for young people services
Children's Residential Homes	Psychological support for staff working with children in care
Staff Supervision	Including Trauma Informed supervision
Clinical Supervision	For healthcare and criminal justice staff

## Education

Services	Description
Light Bulb	Specialist training for schools and young people resulting in a quality mark to evidence good practice
Student Placements	Classroom based teaching and on-ward experience as part of related university courses

## Learning and Development





Services	Description
Bespoke training solutions	Specialist training solutions for clinical teams supporting complex patients


 If you would like to receive more information from St Andrew's, including our monthly customer newsletter or our bed availability emails, please email




[update@standrew.co.uk](mailto:update@standrew.co.uk)

# We are:


## Services

-  part of the national Assertive Transition Service pilot scheme which supports patients a year before and a year after their discharge to the community, helping to achieve more effective local discharges
-  a dementia-friendly village in Northampton that has been specifically designed to support the complex needs of dementia patients, delivering positive experiences to enhance quality of life whilst managing cognitive decline
-  a specialist dialectical behavioural therapy (DBT) hub in Northampton, allowing women with complex personality disorder and associated eating disorder needs to receive care from nationally recognised clinicians
-  delivering psychology therapy services that help to reduce re-offending for people on probation

## Education & Training

-  a wealth of education opportunities for patients and staff through our CAMHS College, adult education, our in-house Recovery and Every Day Skills (REDS) Academy and our unique Workbridge vocational opportunities service
-  an NHS England Diversity and Inclusion partner with a diverse workforce that continually educates and supports staff to eradicate inequalities, through schemes such as Reverse Mentoring, Unconscious Bias training, our Anti-Racism Campaign and our ABLE, LGBTQ, WiSH and BAME Network groups

## Research

-  involved in a number of initiatives including joint lead on a project with Loughborough University aimed at improving patient sleep through a programme of physical activity.


### A charity helping to transform lives

St Andrew's is a charity that provides a range of specialist inpatient and community mental healthcare services, education and research to help improve the lives of people with complex mental health needs.

Why not visit our YouTube page to find out more about our **#LetsTalkAbout** and **#BreakTheStigma** campaigns and hear from some of the people who have been helped by our services.



 For more information or to make a referral:

 0800 434 6690

 enquiries@standrew.co.uk

 stah.org