

St Andrew's - Swansea

Neurobehavioural Outcome Scale (SASNOS)

This questionnaire looks at some of the difficulties that people experience when they acquire a brain injury. We would like you to think about your own experiences during the last 2 weeks and using the descriptors below indicate how often you think each behaviour or symptom listed occurred (from 'never' to 'always'). Please indicate your response by making a tick or cross and try to complete ALL items.

Name:

Date:

Descriptor	Definition
Never	Not occurred at all
Rarely	Occurred once or twice
Occasionally	Occurred a few times
Sometimes	Occurred on about 50% of occasions when applicable
Fairly Often	Occurred on many occasions
Very Often	Occurred nearly all the time
Always	Occurred constantly

INTERPERSONAL RELATIONSHIPS

Social Interaction

	Never	Rarely	Occasionally	Sometimes	Fairly Often	Very Often	Always	N/A*
1. I have interacted appropriately with strangers								
2. I have recognised and responded to the feelings of others								
3. I have maintained good personal appearance								
4. I have recognised when to end conversations								
5. I have been able to accept criticism and feedback from others								

Relationships

	Never	Rarely	Occasionally	Sometimes	Fairly Often	Very Often	Always
6. I have been able to form close meaningful relationships with others							
7. I have shown warmth and compassion in relationships							
8. The content of my conversation has been appropriate							
9. I have initiated and maintained social interactions independently							
10. I have maintained good eye contact during conversation							

Engagement

	Never	Rarely	Occasionally	Sometimes	Fairly Often	Very Often	Always
11. I have participated in family activities							
12. I have been considerate and caring about the needs and circumstances of others							
13. I have been well mannered and polite with friends and family							
14. My behaviour has been cheerful and happy							
15. I have demonstrated interest in other people and activities							

COGNITION

Executive Function

	Never	Rarely	Occasionally	Sometimes	Fairly Often	Very Often	Always
16. I have had difficulty initiating or sustaining activities							
17. I have maintained appropriate standards of hygiene							
18. I have been capable of setting and achieving personal goals							
19. I have been able to perform several tasks at a time (multi-tasking)							
20. I have shown good time management							
21. I have maintained interest in activities							

Attention and Memory

Never Rarely Occasionally Sometimes Fairly Often Very Often Always

- 22. I have been able to divide attention to monitor several things simultaneously
- 23. I have remembered recent events
- 24. I have been able to move from one topic to another without losing track of conversation
- 25. I have remembered names of friends or other familiar people
- 26. I have been able to keep track of a book or television programme
- 27. I have forgotten to undertake planned tasks or activities

	Never	Rarely	Occasionally	Sometimes	Fairly Often	Very Often	Always
22. I have been able to divide attention to monitor several things simultaneously							
23. I have remembered recent events							
24. I have been able to move from one topic to another without losing track of conversation							
25. I have remembered names of friends or other familiar people							
26. I have been able to keep track of a book or television programme							
27. I have forgotten to undertake planned tasks or activities							

INHIBITION

Sexual

Never Rarely Occasionally Sometimes Fairly Often Very Often Always

- 28. I have made crude sexual comments
- 29. I have been over familiar during social encounters
- 30. I have touched myself or others inappropriately

	Never	Rarely	Occasionally	Sometimes	Fairly Often	Very Often	Always
28. I have made crude sexual comments							
29. I have been over familiar during social encounters							
30. I have touched myself or others inappropriately							

Social

Never Rarely Occasionally Sometimes Fairly Often Very Often Always

- 31. I have recognised other people's personal space during conversations
- 32. I have talked over or interrupted others during conversation
- 33. I have been distractible and easily side-tracked from activity

	Never	Rarely	Occasionally	Sometimes	Fairly Often	Very Often	Always
31. I have recognised other people's personal space during conversations							
32. I have talked over or interrupted others during conversation							
33. I have been distractible and easily side-tracked from activity							

AGGRESSION

Provocative Behaviour

Never Rarely Occasionally Sometimes Fairly Often Very Often Always

- 34. I have made flippant, indiscrete remarks directly to other people
- 35. I have been argumentative and often disputed other people's point of view
- 36. I have been swearing and using offensive language
- 37. I have made inappropriate comments about other people's appearance
- 38. I have made demeaning or sarcastic comments that hurt others

	Never	Rarely	Occasionally	Sometimes	Fairly Often	Very Often	Always
34. I have made flippant, indiscrete remarks directly to other people							
35. I have been argumentative and often disputed other people's point of view							
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38. I have made demeaning or sarcastic comments that hurt others							

Irritability

Never Rarely Occasionally Sometimes Fairly Often Very Often Always

- 39. I have shown sudden/rapid shifts of temperament and behaviour
- 40. I have generally behaved in a short tempered, agitated or irritable manner
- 41. I have shown unpredictable and sudden outbursts of aggression
- 42. I have reacted angrily to minor frustrations

	Never	Rarely	Occasionally	Sometimes	Fairly Often	Very Often	Always
39. I have shown sudden/rapid shifts of temperament and behaviour							
40. I have generally behaved in a short tempered, agitated or irritable manner							
41. I have shown unpredictable and sudden outbursts of aggression							
42. I have reacted angrily to minor frustrations							

Overt Aggression

Never Rarely Occasionally Sometimes Fairly Often Very Often Always

- 43. I have been physically aggressive towards other people
- 44. I have displayed threatening behaviour towards others
- 45. I have been aggressive to objects

	Never	Rarely	Occasionally	Sometimes	Fairly Often	Very Often	Always
43. I have been physically aggressive towards other people							
44. I have displayed threatening behaviour towards others							
45. I have been aggressive to objects							

Speech and Language

Never Rarely Occasionally Sometimes Fairly Often Very Often Always

- 46. My speech has been repetitive and wordy
- 47. I have asked repetitive questions during conversations

	Never	Rarely	Occasionally	Sometimes	Fairly Often	Very Often	Always
46. My speech has been repetitive and wordy							
47. I have asked repetitive questions during conversations							

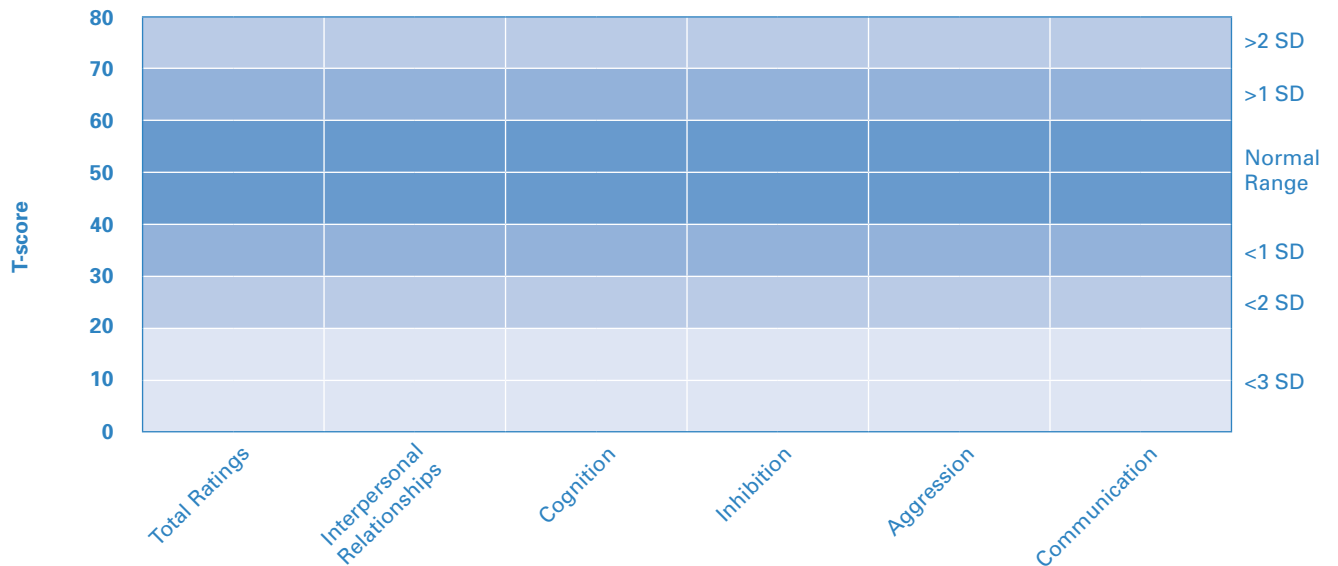
Mental State

Never Rarely Occasionally Sometimes Fairly Often Very Often Always

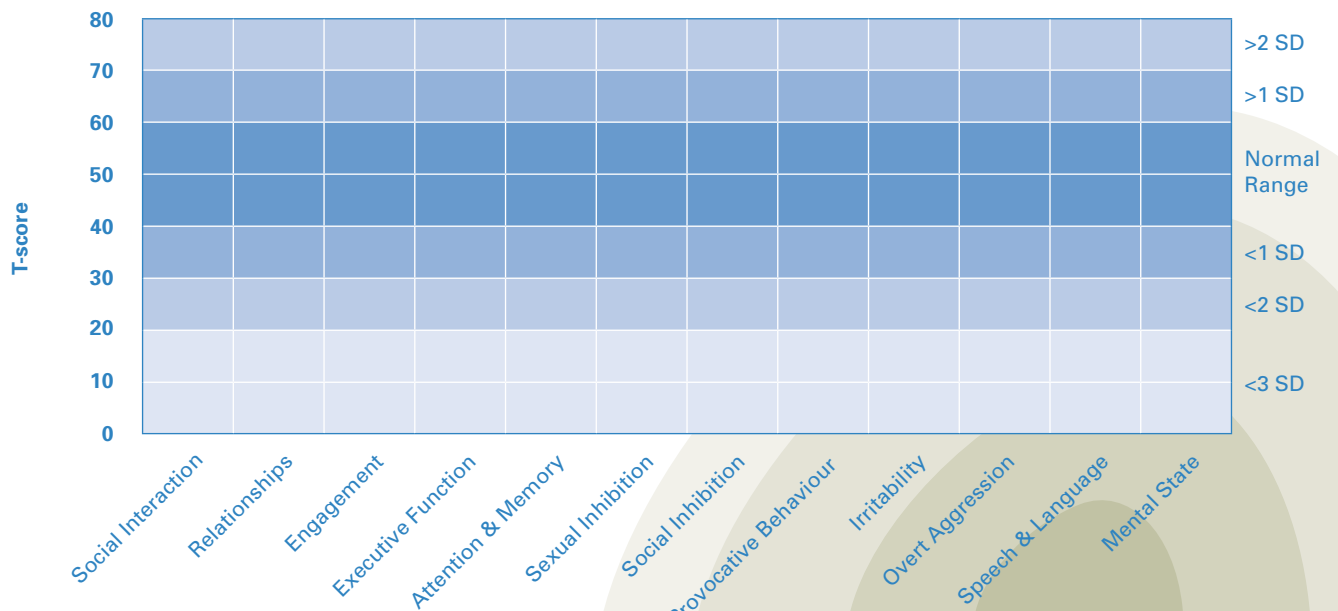
- 48. I have expressed unusual or strange ideas
- 49. I have exaggerated my importance or expressed concerns of other people's bad feelings towards me

	Never	Rarely	Occasionally	Sometimes	Fairly Often	Very Often	Always
48. I have expressed unusual or strange ideas							
49. I have exaggerated my importance or expressed concerns of other people's bad feelings towards me							

SASNOS TOTAL RATINGS AND PRINCIPAL FACTORS



SASNOS SUB-DOMAINS



SASNOS INDIVIDUAL ITEM RATINGS

