

CHARITY NO: 1104951 COMPANY NO: 5176998

ST ANDREW'S HEALTHCARE

BOARD OF DIRECTORS MEETING IN PUBLIC

Microsoft Teams Meeting and Meeting Room 9, William Wake House, St Andrew's Healthcare, Northampton

Thursday 30 September 2021 at 09.00 am

Present:		
Paul Burstow (PB)	Chair, Non-Executive Director	
Andrew Lee (AL)	Non-Executive Director	
Elena Lokteva (EL)	Non-Executive Director	
Stuart Richmond-Watson (SRW)	W) Non-Executive Director	
Ruth Bagley (RB) Non-Executive Director		
Stanton Newman (SN) Non-Executive Director		
Katie Fisher (KF)	Chief Executive Officer	
Jess Lievesley (JL) Deputy Chief Executive Officer		
Alex Owen (AO) Chief Finance Officer		
Andy Brogan (AB)	Chief Nurse	
Sanjith Kamath (SK)	Executive Medical Director	
Martin Kersey (MK)	Executive HR Director	
In Attendance:		
John Clarke (JC)	Chief Information Officer	
Duncan Long (DL)	Company Secretary	
Dr Alex Hamilton (AH) Item 1	Clinical Director	
Eddie Short (ES) Item 8	Head of Strategic Partnerships	
Michaela Roberts (MR) Item 14	Senior Programme Manager	
Dr Ash Roychowdhury (AR) Item 14 Deputy Medical Director		
Melanie Duncan (Minutes) Board Secretary		
Apologies Received:		
David Sallah (DS)	Non-Executive Director	

Agenda Item No		Owner	Deadline
1.	Welcome PB (Chair) welcomed everyone to the first part of the Board of Directors (Board) meeting, which is a meeting held in public, and noted the apologies received.		
DIVISIO	ONAL UPDATE		
2.	Divisional Presentation (including Patient Voice): 23a The Avenue (Deaf Service) JL introduced AH and the patient from the Division. JL explained that the provision of care had been developed over a period of time and had been designed to facilitate the patient's move from secure care to a community setting.		
	AH introduced himself and the patient, and explained the location, and the process that the patient had gone through from the original ward setting to the current location, where the patient had lived for six months. The patient was communicating via sign language which an interpreter then translated for the Board.		
	AH and the patient gave a brief summary of how long the patient had been in hospital, noting that the past 10 years had been with St Andrew's. The difference between ward living and living within the house was noted, with the		



	patient highlighting that the house was preferred as it was quieter with fewer staff, coupled with greater independence and the ability to visit family; access to the internet and a mobile phone were also considered to be plus points.		
	PB introduced himself and asked if there was anything else that would be helpful to the patient that would ease the transition to more independence. The patient responded, to move back to Cornwall to be near to family was the long term aim. AH further explained that the house had always been seen as a stepping stone, and that the goal was to build independence, so that the patient could move to an independent flat in Northampton within reach from St. Andrew's and then a move home after approximately 6 months could be effected.		
	JL was delighted to hear about the progress made, and extended thanks for the patience shown whilst the house was being set up. KF asked if there was anything that could be shared in order to make others' experience better. The patient replied that a quicker process for moving into the house would be better.		
	PB thanked the patient for the time afforded, and wished best wishes for the future.		
ADMIN	ISTRATION		
3.	Declarations Of Interest All members of the Board present confirmed that they had no direct or indirect interest in any of the matters to be considered at the meeting that they are required by s.177 of the Companies Act 2006 and the Charity's Articles of Association to disclose.		
4.	Minutes Of The Board Of Directors Meeting, held in public, on 24 August 2021 The minutes of the meeting held on the 24 August 2021 were AGREED as an accurate reflection of the discussion, subject to the agreed revisions within item 2, Divisional Presentation.	DECISION	
5.	Action Log & Matters Arising		
	26.11.20 01 – Board Seminars - Ongoing		
	28.01.21 06 – Community Services – Further sessions are included within the 2022-23 Annual Board Plan and Board Strategy discussions.		
	27.05.21 01 – East Midlands Alliance - Ongoing		
	27.05.21 02 – NHS Benchmarking Network - Ongoing		
	27.05.21 04 – Data Security – Performance Report – Initial report included within agenda and metrics to be included in future Board Performance Reports. Action CLOSED	DECISION	
	24.08.21 01 – Lessons Learned and Transformation Programme update - Ongoing		
	24.08.21 02 – Integrated Performance Report – Quality - Has been included and will be presented to Board in November – Action CLOSED	DECISION	
	24.08.21 03 – Integrated Performance Report – Training Budget – Ongoing.		
	24.08.21 04 – Staffing Action Plan – Outcomes - Ongoing		
	24.08.21 05 – Safe Staffing Report - Committee Oversight - Ongoing		



24.08.21 06 – Armed Forces Covenant – People Committee Veterans Report - Ongoing	

24.08.21 **07 –** Quality & Safety Committee – Community Partnership Update - SK update that the clinical records had now been addressed. Action **CLOSED**.

DECISION

CHAIR'S UPDATE

6. Chair Update

PB gave a verbal update and outlined his visits to both Birmingham and Essex, noting the differences with Northampton. PB had enjoyed a number of one to one conversations and a group discussion with Governors, with a joint Board and Governor session planned for the 15th October in order to discuss progress and development.

PB had also met with the Chairs of the East Midlands Mental Health Providers regarding governance of the provider alliance and the level of formality of the partnership.

The Board **NOTED** the update.

EXECUTIVE UPDATE

7. CEO's Report

KF gave a verbal update and apologised for the lack of a written report.

KF updated that there had been an unannounced CQC visit to Winslow, with the report already having been received, giving a rating of inadequate and the expectation that further wards would be inspected in the near future. No formal CQC report had been issued with regard to Northampton.

KF noted the recent fuel challenges, commenting that there was good contingency planning with no disruption to the Charity. Staffing remained a challenge, both in the Charity and across the whole healthcare sector. KF wished to note that this is was not the case across all of the Charity's sites or shifts, and that it was being overseen and monitored with close management. KF also notified the board that the NHS planning guidance was to be sent that week, which was key from a funding perspective.

Further Board Development sessions had been planned with the East Midlands Alliance and KF encouraged everyone to attend at least one session.

The vaccination booster programme was due to commence on the 4th October, with plans to roll out the Flu vaccine at the same time.

EL asked if there would be more staff pressures as winter approached. KF replied that it would be difficult to comment within this year, as we were already at high absence rates as a result of Covid and D&V. NHSE had said that there could be a greater incidence of upper respiratory illnesses this winter. KF noted that maximising recruitment and retention would be undertaken in order to support this. JL reiterated KF's comments and noted there could be a short-term impact on staff, and contingencies were being worked on. The focus had to be on the existing workforce and support for them. AB added that it was hoped that the uptake for the flu vaccine would be increased as a result of the Covid booster.

The Board **NOTED** the update

8. | St Andrew's Healthcare 2021 – 2026 Strategy

PB introduced the session, highlighting that a more detailed discussion would be held in Part Two of the Board meeting.



JL presented an outline of the Charity's Strategy and noted the attendance of ES within the meeting. He explained that this document showed the basis on which the Charity wanted to work and prioritise in the coming years. The phasing matrix showed how the work would be approached between now and 2026, with each Executive owning an area of the strategy. JL was seeking Board support for the direction of the main Strategic themes, following which the strategy would be further unpicked with business cases and assessments of any investment need, being brought to Board to further develop the priorities.

Each of the seven Strategic areas has an Executive responsible for them who will provide further detail throughout the discussions.

JL further outlined what the Board needed to consider with regard to delivery of the strategy, and how oversight and strategic risk management would be done via the Board Assurance Framework (BAF).

PB added that a full Board discussion would be had in Part Two, at which point DS would be able to join the meeting.

The Board **NOTED** the report

GOVERNANCE

9. Ernst & Young Governance Review Report & Implementation

PB outlined the process and timelines that the review had undertaken, and that the full report from E&Y had been included within the pack. He explained the challenges that this report highlighted and that a new Governance Oversight Group will be formed to oversee the implementation of the actions within the report and to debate the actions being undertaken. The Group will also look at ensuring the right support is provided to assist in the development of the Board and the Governors, as well as maintaining consistency across the committees and governance documentation.

PB asked for expressions of interest for inclusion within the Governance Oversight Group, and thanked those who had already responded, noting that NED involvement would be required. PB re-iterated that the new Governance arrangements would be co-designed and part of this was the holding of joint meetings with the Court and Board, as being done on the 15th October.

The Board discussed the timelines involved in the implementation along with maintaining synergy with the Charity's Strategic signposts, with concerns being voiced regarding the amount of work being considered at the same time and that the correct level of resource is given to the programme of works. It was agreed that the most urgent areas would be addressed first to ensure they did not hinder the development and implementation of the Strategy.

PB added that the Board recognised that the implementation of the recommendations will require a dedicated resource and programme of works and a balanced approach to implementing the changes. The Board would ensure the overlaps between the changes required for the Strategy and for Governance were brought together and managed. The Board was responsible for ensuring the governance and strategic activities were effectively integrated.

The Board **NOTED** the report and **AGREED** to the recommendations.

DECISION

10. Emergency Preparedness, Resilience and Response (EPRR) Submission

JL outlined the report, which was taken as read and noted that under normal circumstances the paper would have been considered by the Audit and Risk Committee (ARC) first, however, due to the reporting timelines being brought forward by the commissioners, the paper required consideration by the Board prior to submission. The submission will be provided retrospectively to ARC.



The Board discussed the level of compliance, noting that the Charity was reporting as substantially compliant. JL highlighted two outstanding areas. The first was the requirement for a NED to be an EPRR representative. The second relates to mutual aid across the system.

JL asked if EL, as Chair of ARC, would consider the NED EPRR role. EL accepted the role.

JL outlined that the Charity is actively engaged with system partners and that all partners would be reporting that there was further work required in this area.

The level of existing provision was discussed (including post Covid), prior to the requirement to report under the framework, with assurance being given that the Charity benefited from excellent working relationships with the other organisations locally, and submitted to regular testing both on an operational and support services basis. Covid had to a degree pressure tested the systems and has informed the thinking and responses within the submission, as well as bring those within the system much closer together.

Further discussions centred on the Charity's planning for emergency preparedness and the risks that the Charity faces, with multiple building failure (within Northampton) seen as the most significant of risks. This would require a system wide response, whereas measures are in place to effectively manage single building failures.

The Board **APPROVED** the report for submission to NHSE

DECISION

ASSURANCE

11. Committee Updates

People Committee

PB gave the highlights from the update, and noted that outcomes from the committee would be reported in due course. The following report and strategies were all **APPROVED** by the Board:

Diversity and Inclusion Annual Report People Strategy Diversity and Inclusion Strategy

Quality & Safety Committee

SN presented the highlights from the update. The update confirmed a number of reports that had been brought to the committee and were being presented for Board's attention and approval.

Complaints Annual Report - Learnings from complaints was discussed along with the measures being undertaken in order to ensure that this is done in a timely manner, and the relevant Committees that would need to be involved as a result.

PB requested that all complaint themes be visible at the Quality and Safety Committee, and that the outcomes of HCA assessment centres be discussed at People Committee.

The Board APPROVED the Complaints report

Safeguarding Annual Report - AB clarified the timelines covered by the report, and that changes noted had already been implemented. Training was still a challenge, with the numbers that were required to attend Level 4 being increased. Some of Level 3 would be delivered face to face following the lifting of restrictions.

JL noted that transparency around reporting was now much better, and acknowledged that this area was a challenge and clinical judgement to be

DECISION

DECISION



	used. PB noted that it would of benefit to the Board to look at this area in greater depth.		
	The Board APPROVED the Safeguarding report	DECISION	
	Nursing Strategy – AB presented and highlighted the 4 key areas of the strategy, which were based on basic, fundamental high quality nursing care. The financial aspects of the strategy were discussed with clarification being given as to where the budget was located for this work, together with where this strategy would sit in the Charity-wide strategy. The target outcomes were noted.		
	The Board APPROVED the Nursing Strategy	DECISION	
OPERA	TIONS		
12.	Board Performance Report		
	JC presented the report which was taken as read, and noted that many of the topics had been discussed during the meeting and at other committees. JC also noted that the Covid section included data from the differing waves that indicates the impacts of lessons learned and vaccines on the data.		
	AO presented the financial aspects of the report outlining the challenges that the restrictions on occupancy had had on the reported numbers and the actual deficit incurred. The increase in trade debtors was discussed with AO explaining that this is an increase that is regularly seen at that time of year, which reduces over the second half of the year and relates to the agreed fees increase applied in April. It is regularly reviewed within Finance and at FinCom.		
	SN reiterated his request to have rolling averages in regards to some of the targets, and how this would impact on the reported variances. JC agreed to liaise with SN to establish where changes to how and what is reported could be incorporated to bring this issue to a conclusion, including the metrics and thresholds applied. This would be addressed before the next Board meeting in November.	JC	25.11.21
	Staff turnover, recruitment, sickness and planning were discussed with agreement that these topics should remain high on the Board agenda. The Board noted that deployment of staff would be key in the coming year, as recruitment would remain a challenge. MK confirmed that it would take time to see a reversal in some of the trends being seen as we move post Covid.		
	JL responded that the two biggest priorities for him as he assumed operations responsibility was quality and staff morale, with staff retention a key focus. Being able to demonstrate the impact of these priorities is key and will be taken into account with improvements in the reporting.		
	It was agreed that staffing forecasts (and anticipated trajectory for reported staffing metrics) would be included in the report, with PB asking JC to consider this item and liaise with RB with regard to the development of the area, taking into account RB's points on timescales, length of reporting and seeing a "tailored to issues" way of reporting.	JC	25.11.21
	The Board NOTED the report.		
13.	Information Security Metrics JC presented the new report and highlighted the information covered by the slides, and explained that he anticipated the core information from the report being condensed and integrated within the performance report for the November Board. Consideration should also be given to introduce an appropriate RAG rating to the metrics to aid Board's understanding and aid highlighting the main areas of concern.		



	The Board enquired regarding the assurances in place to ensure that information security is maintained and tested. JC ensured that this was being		
	undertaken and that this underpinned the training provided.		
	Further questions were raised in relation to learning from the March Phishing		
	attack and JC confirmed that those areas recognised as greatest risk (such as		
	Finance, HR and IT) have moved across to Multifactorial Authentication (MFA).		
	This will spread throughout the Charity over this year. JC also detailed how we were assisted by our Information Security contractors and our main IT Supplier		
	and how they continue to provide support in these areas.		
	The Board NOTED the report.		
QUALIT			
14.	Continuous Quality Improvement Awareness Session		
	SK introduced the session and outlined how the Charity uses CQI and the principles behind it and how it continued to be integrated within the clinical		
	services.		
	MR and AR shared slides which related to developing a culture of CQI, and		
	outlined what part it played within total quality management, and its part in the		
	vision of future quality.		
	Discussions were had on CQI priorities and aligning them with BAU priorities		
	and how CQI needs to be centrally coordinated.		
	MR asked the Board to endorse a Board awareness session that would be		
	facilitated by the St Andrew's team and NHFT.		
	The Board AGREED to a future awareness session	DECISION	
	THER BUSINESS		
15.	Questions from the Public for the Board		
	No questions were received for the Board.		
16.	Any Other Urgent Business (notified to the Chair prior to the		
	meeting)		
	There was no other Business notified.		
17.	Date of Next Meeting: Board of Directors, Meeting in Public – 25 November 2021		

Approved – 25 N	November 2021
Paul Burstow	
Chair	