



2ND INTERNATIONAL MEETING TRAUMA NEEDS IN SECURE CARE SERVICES

INTEGRATING RISK, TRAUMA RESPONSIVE AND ETHICAL FRAMEWORKS

VIRTUAL CONFERENCE
10TH JUNE 2025, 09:30 - 17:00 BST



Centre for Developmental
and Complex Trauma

Part of St Andrew's Healthcare



the british
psychological society
crisis, disaster and trauma
psychology section





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A WARM WELCOME TO THE CONFERENCE FROM THE SCIENTIFIC COMMITTEE #TNSC2025

Welcome all to the 2nd International Meeting Trauma Needs in Secure Care online conference, lead by the Centre for Developmental and Complex Trauma and co sponsored by the Crisis, Disaster and Trauma section of the British Psychological Society.

This years conference explores the complex relationship between trauma exposure, the different manifestations of trauma responses, developing trauma sensitive systems and the ethical debates that characterise this area of need.

In symposium one we explore the relationship between trauma, pathways to risk, in particular the sexual attraction to children and the impact that varying levels of conscious awareness can have on accountability for our behaviour.

In symposium two, we explore trauma sensitive pathways, including an exploration of the 'Good Lives' approach and ethical implications and trauma specialist pathways for women detained in secure services. This symposium concludes with a paper exploring ethical issues working with trauma in secure care.

In symposium three we draw our focus to the needs of staff groups. Healthy cultures and staff equipped with the knowledge, skills and support to deliver care to people detained in secure services are imperatives for both staff wellbeing and positive outcomes for service users. This symposium offers two papers. The first outlines trauma informed systems for staff and a second paper presents a toolkit recently developed for prison officers to support embedding trauma informed principles.

We are very much looking forward to the conference, and to learning from the fantastic line up of speakers with considerable expertise and knowledge to share.

Please be active in the conference chat and ask lots of questions!!



Dr Deborah Morris, Director

Centre for Developmental and Complex Trauma
Director of Postgraduate Programmes in Trauma, MSc
Practitioner in Psychological Trauma, Faculty of Medicine and
Health Sciences, University of Buckingham



Professor Thanos Karatzias

Professor of Mental Health, Edinburgh Napier University
Director of Research, Edinburgh Napier University
Research Consultant, Centre for Developmental and
Complex Trauma

HOUSEKEEPING:

IMPORTANT INFORMATION ABOUT THE CONFERENCE



This is an online conference hosted on Zoom Webinar. All presentations are live. The presentations are not being recorded. Your microphone and video camera will be switched off to help the conference run smoothly. You will be able to use chat to send messages to selected people and use the Q&A function to ask questions about the presentations.

The speakers, presentation slides and interpreters will be best viewed using Gallery View. You will not be able to use multi-pin.

Five minutes before the end of each presentation, the chair will appear on the screen indicating a warning that the speaker is nearing the end of their presentation.



To check your access to Zoom, you can join a test meeting set up by Zoom. Please go to 'Joining a test meeting – Zoom Help Centre' to find out how to do this. Many problems with video conferencing are due to low bandwidth – please check yours before the conference starts. On the day, we are not able to help delegates resolve problems with their own internet connections.



We very much want this to be an interactive event and encourage you to ask questions throughout the event. Questions and comments to specific individuals can be posted into the 'chat' function. If you would like to ask a question relating to one of the posters or oral presentations, please use the Q&A function. The chairs of each symposia will ask questions posted into Q&A boxes at the end of each oral presentation.



Each delegate who attends the event will be sent a Certificate of Attendance after the conference. The conference counts for 7 hours of CPD. Certificates will not be sent immediately so do not worry if you do not receive your certificate straight away.

Full conference programme and running order

| Timing | Topic | Speaker & Affiliation |
|-----------------------------|--|---|
| 09:30 | Welcome and housekeeping |  Dr Deborah Morris Centre for Developmental and Complex Trauma  Prof. Thanos Karatzias Edinburgh Napier University |
| 09:30 | OPENING COMMENTS |  Dr Abdullah Mia Birmingham & Solihull Mental Health NHS Foundation Trust |
| 09:40 | Presentation: "Sexuality trauma: pathways to sexual attraction to children" |  Dr Jon Taylor Centre for Developmental and Complex Trauma |
| 10:20 | Presentation: "Trauma pathways for women in prison" |  Gillian Sutcliffe HM Prison & Probation Service |
| 11:00 - 11:20 Comfort Break | | |
| 11:20 | Presentation: "Taking care of staff in forensic settings" |  Prof (Hon) Dr Geraldine Akerman Oxford Health NHS Foundation Trust |
| 12:00 | Presentation: "State shifting, trauma and implications for responsibility and treatment" |  Dr Lawrence Jones Rampton Hospital University of Nottingham |
| 12:40 | Presentation: "Ethical issues in working with trauma needs in secure care" |  Dr Deborah Morris Centre for Developmental and Complex Trauma |

| | | |
|-----------------------------|---|--|
| 13:15 - 14:00 LUNCH | | |
| 14:00 | Welcome Back Summary of morning and introductions to the afternoon |  Dr Deborah Morris Centre for Developmental and Complex Trauma |
| 14:00 | Presentation: “Trauma, risk and good lives: ethics and rehabilitation” |  David S. Prescott Safer Society Continuing Education Centre, USA |
| 14:40 | Presentation: “Trauma in correctional settings: origins, consequences, and solutions” |  Dr Frank Ferdik Austin Peay State University Tennessee, USA |
| 15:20 - 15:40 Comfort Break | | |
| 15:40 | Presentation: “Making the case for trauma-informed supervision of forensic trainees” |  Dr Julie Goldenson University of Toronto Canada |
| 16:20 | ROUND TABLE DISCUSSION       |  Deborah Morris Lawrence Jones Abdullah Mia Julie Goldenson Frank Ferdik David Gibbs Jon Taylor |
| 17:00 | Final Remarks and Close of Conference |  Dr Deborah Morris Director, Centre for Developmental and Complex Trauma |

CONFERENCE PROGRAMME: SCIENTIFIC COMMITTEE, CHAIRS AND SPEAKERS



Professor Thanos Karatzias

Professor of Mental Health, Edinburgh Napier University
Director of Research, Edinburgh Napier University
Research Consultant, Centre for Developmental and Complex Trauma

Biography:

Professor Karatzias, has spent his entire clinical and academic career working in the field of psychological trauma. In collaboration with national and international research partners he has developed a special interest in the effects and treatment of psychological trauma on physical and mental health; on prison populations; and on people with learning disabilities. He has published extensively in these areas.

For further details relating to publications please click on the QR code to see ResearchGate.



Dr Deborah Morris (Scientific Committee and Conference Co-Chair)

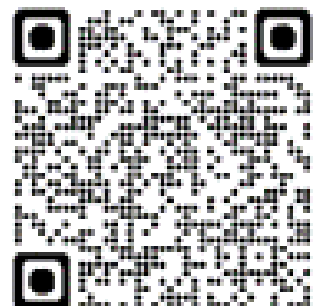
Director, Centre for Developmental and Complex Trauma, UK
Director of Postgraduate programmes in trauma,
Faculty of Medicine and Health Sciences, University of Buckingham

Biography:

Deborah is the director for the Centre for Developmental and Complex Trauma and the Director of Post graduate programmes in trauma, University of Buckingham. A Consultant Clinical Psychologist by training, Deborah has worked clinically with adults with complex personality disorder, neurodevelopmental, forensic and mental health needs in the community, assertive outreach, crisis, residential, prison and inpatient settings.

Deborah has previously worked in professional and clinical lead positions and in services to support the mental health and trauma needs of healthcare professionals. Her publications and ongoing research interests include; occupational distress and trauma, treatments for personality disorder, intellectual disabilities, developmental trauma disorders, the intersection between trauma and personality disorder, moral injury, gendered approaches to trauma, adverse childhood experiences, the physical health impact of trauma, and the psychometric properties of psychological tools.

In her spare time Deborah indulges her obsessions with Star Wars, scuba diving with sharks and her typically unsuccessful attempts to establish an organic allotment. She is an avid cook and enthusiastically avoids gyms and all forms of organised fitness.



CONFERENCE PROGRAMME: OPENING ADDRESS



OPENING ADDRESS:

Dr Abdullah Mia. BSc, GradDip, MSc, DClinPsy

**Consultant Clinical Psychologist
Birmingham and Solihull Mental Health NHS
Foundation Trust**

Biography:

Dr Abdullah Mia is Consultant Clinical Psychologist at a Medium Secure Unit in Birmingham. Abdullah also works in private practice with individuals for therapy or teams and organisations as a consultant to help enhance team development and cohesion, develop strategy and troubleshoot problems that arise from group dynamics. He has also held a number of Board roles at various charities, therefore understand the pressures of work, when balancing a personal life.

Abdullah has worked in the NHS within the field of Clinical Psychology for over 15 years; 11 of which he has been qualified. He is currently a Consultant Clinical Psychologist and Clinical Lead for a specialist service working with adults who have complex difficulties in relating to others and society around them. As a private practitioner Abdullah provides clinical supervision to individuals and charities.

CONFERENCE PROGRAMME: SYMPOSIA 1



PRESENTER: Dr Jon Taylor
Consultant Forensic Psychologist,
Senior Lecturer, CDCT

**“Sexuality trauma: pathways
to sexual attraction to children”.**

Summary:

Dr Jon Taylor's presentation

- explores the discovery of harmful sexuality,
- considers individual and society responses to problematic sexualities,
- explores ways to develop grief and acceptance of harmful sexualities as a platform for self regulation and risk management.

Biography:

Jon is a consultant forensic psychologist and psychotherapist who has worked in a range of prison, secure hospital and community forensic settings for almost 30 years. With a keen interest in developing a rich understanding of the role of trauma and adversity in the lives of those who develop offending behaviours, Jon is committed to promoting and modelling a compassionate and co-operative approach to all aspects of forensic service provision. Jon has been an accredited member of the BABCP since 1995, is a trained Compassion Focused Therapist and cofounder of the CFT forensic special interest group. Jon also lectures on the MSc Practitioner in Psychological Trauma course at the University of Buckingham.



CONFERENCE PROGRAMME: SYMPOSIA 1



PRESENTER: Gillian Sutcliffe
Principal Forensic Psychologist
Women's Estate Psychology Lead, HM Prison
& Probation Service

"Trauma pathways for women in prison".

Summary:

Gillian Sutcliffe will be presenting on the unique experiences of women in prison. She will present the latest research into trauma informed practice which includes the voice of the women in our care. She will highlight plans developed by the Womens Directorate (HMPPS) for moving forward to develop a workforce, culture and environment that supports a gender responsive approach to trauma informed practice (A Time to Care).

https://hmiprisons.justiceinspectorates.gov.uk/hmipris_reports/time-to-care-what-helps-women-cope-in-prison/

Biography:

Gillian is a chartered and registered forensic psychologist with 23 years of clinical experience working in prisons across the UK. She has experience in working with men and women who have entered the criminal justice system, and for the last four years has specialised in understanding the safety needs of women across the Women's Group. She has a range of experiences in risk assessment, research, consultancy and training across HMPPS. Her passion centres on the development and implementation of evidence based, trauma informed therapy services for women in custody which aim to de-shame, and help improve safety outcomes for them, and the wider public.

Gillian is currently pursuing research which explores the impact and influence of hormones on women in custody, to help shape and influence policy. She has published articles on therapeutic interventions in custody, as well as an academic book chapter exploring the nuisance of women convicted of sexual offences. All with the overarching aim to improve outcomes for women in custody and reduce reoffending.



CONFERENCE PROGRAMME: SYMPOSIA 1



PRESENTER:

Hon. Professor Dr Geraldine Akerman
Consultant Forensic Psychologist,
Oxford Health NHS Trust working at HMP
Grendon and a visiting lecturer.

“Taking care of staff in forensic settings”.

Summary:

- Dr Akerman will look at the importance of taking a trauma informed stance with staff as well as those we work with.
- How can we support staff to manage their own past experiences and with the parallel process of the material of those who are accessing our services.

Biography:

Honorary Professor Dr Geraldine Akerman is a Consultant Forensic Psychologist who has worked in prisons for 26 years, formerly for HMPPS and in recent years for the NHS. Geraldine completed PhD at the University of Birmingham. Proud Trustee for the Safer Living Foundation. Presented with DFP award for distinguished contribution to Forensic Psychology 2018. Geraldine is an honorary professor at Cardiff Metropolitan University.

Geraldine has published on the topics of forensic psychology, therapeutic communities, sexual offending, compassion-focussed interventions and being trauma-informed. Geraldine is currently editing her third book.



CONFERENCE PROGRAMME: SYMPOSIA 1



PRESENTER: Lawrence Jones
Head of Clinical & Forensic Psychology Services,
Rampton Hospital, University of Nottingham,
School of Medicine

“State shifting, trauma and implications for responsibility and treatment”.

Summary:

Offence related altered states of consciousness such as dissociative states, manic and hypomanic states and depression related shifts in capacity to feel and think, associated often with trauma histories of different kinds have been neglected historically.

Understanding the way states change and impact on offence related capacities to feel and think is critical to the tasks of formulation of offences as diachronic processes. State dependent shifts in propensities to offend and experience agency raise some difficult questions for forensic practitioners.

This paper will explore several concerns:

- In what states do the capacity to make choices and exercise agency become compromised? Can we conceptualise people as having 'a' personality or do state dependent shifts mean that we are dealing with a range of different configurations of the self?
- In what ways is the person in the therapy room different from the person who offends?
- How can people be responsible for behaviour emerging in trauma related altered states?
- When people say 'it just happened', 'I watched myself doing it', 'time seemed to slow down', when they describe their offence, are they doing this intentionally to avoid responsibility, or are they describing trauma related spectator states which are also characterised by accounts which use the same passive language, the same loss of felt-agency and distorted experience of time?
- How do psychological approaches that take trauma into account align with implicit psychological assumptions about responsibility and free-will embedded in the law and everyday life?

Biography:

Lawrence Jones is a Registered Clinical and Forensic Psychologist, Head of Psychology at Rampton High Secure Hospital and Honorary Associate Professor at Nottingham University. Lawrence has worked in community, prison and hospital settings with people who have offended. Lawrence is former Chair of the division of forensic psychology BPS.

He has published on therapeutic communities, assessment of engagement, formulation, 'personality disorder'. offence paralleling behaviour, iatrogenic interventions, trauma interventions, and trauma informed care.



CONFERENCE PROGRAMME: SYMPOSIA 1



PRESENTER: Dr Deborah Morris
Director, Centre for Developmental & Complex Trauma,
Director of Postgraduate Programmes in Trauma, Faculty of Medicine and Health Sciences, University of Buckingham

Presentation:

“Ethical issues in working with trauma needs in secure care”.

Summary

- Trauma focused work in secure settings presents with a number of significant and complex ethical dilemmas.
- This presentation will outline a series of key areas of debates, focusing on those relating to the practice of psychologists as well as systems.
- Throughout, attendees are invited to reflect on their own practice and to highlight ways to support open and transparent practice.

Biography:

Deborah is the director for the Centre for Developmental and Complex Trauma and the Director of Post graduate programmes in trauma, University of Buckingham. A Consultant Clinical Psychologist by training, Deborah has worked clinically with adults with complex personality disorder, neurodevelopmental, forensic and mental health needs in the community, assertive outreach, crisis, residential, prison and inpatient settings.

Deborah has previously worked in professional and clinical lead positions and in services to support the mental health and trauma needs of healthcare professionals. Her publications and ongoing research interests include; occupational distress and trauma, treatments for personality disorder, intellectual disabilities, developmental trauma disorders, the intersection between trauma and personality disorder, moral injury, gendered approaches to trauma, adverse childhood experiences, the physical health impact of trauma, and the psychometric properties of psychological tools.



CONFERENCE PROGRAMME: SYMPOSIA 2



PRESENTER: David S. Prescott
LCSW, LICSW
Director of the Safer Society Continuing
Education Center, USA

Presentation:

**“Trauma, risk, and good lives:
ethics and rehabilitation.”**

Summary

- This lecture briefly examines the interaction of trauma sequelae, risk factors, and their effects on achieving states of being that all people are motivated to attain.
- When seen through a lens of trauma and good lives, risk factors take on an different meaning in the lives of clients.
- This requires that we attend to ethical issues in service delivery that have gone under-emphasized in the past.

Biography:

A mental health practitioner of 39 years, David Prescott is the Director of the Safer Society Continuing Education Center. In that capacity he has overseen over 200 webinar interviews and trainings with a combined total of over 57,000 registrations.

Mr. Prescott is the author and editor of 25 books in the areas of understanding and improving services to at-risk clients. Mr. Prescott is best known for his work in the areas of understanding, assessing, and treating sexual violence and trauma, including with adolescents and young adults. Mr. Prescott is the recipient of the 2014 Distinguished Contribution Award from the Association for the Treatment and Prevention of Sexual Abuse (ATSA), the 2018 recipient of the National Adolescent Perpetration Network's C. Henry Kempe Lifetime Achievement award, and the 2022 recipient of the Fay Honey Knopp Award from the New York State Alliance for the Prevention of Sexual Abuse and New York State ATSA. He also served as ATSA President in 2008-09.

Mr. Prescott currently trains and lectures around the world. His published work has been translated into Japanese, Korean, German, French, Polish, Dutch, and other languages. He has served on the editorial boards of four scholarly journals. He has been the co-author of the monthly NEARI and MASOC newsletters since 2007, which are read by several thousand professionals who work with adolescents who have sexually abused. Since 2011, he has served as Co-Blogger for ATSA's Sexual Abuse blog, which has been read over 850,000 times and was recently rated among the top blogs in the world on the topic.



CONFERENCE PROGRAMME: SYMPOSIA 2



PRESENTER: Frank Ferdik
Assistant Professor
Austin Peay State University, USA

Presentation:

**“Trauma in correctional settings:
origins, consequences, and solutions.”**

Summary

Frank will present an interactive poll and discuss the following:

- Common traumas found in the correctional setting
- The consequences of correctional trauma for both staff and custodial populations
- A summary of three published articles will be presented, each separately covering:
 - a. The traumatic conditions of conditions of correctional employment;
 - b. The ramifications of this for correctional systems;
 - c. Potential empirical solutions to the complex correctional trauma.

Biography:

Dr. Frank Ferdik is an Assistant Professor in the Department of Criminal Justice at Austin Peay State University in Clarksville, TN (USA). Dr. Ferdik has been teaching a range of courses in higher education for over ten years, including Introduction to Criminal Justice, Research Methods, Quantitative and Qualitative Data Analysis, Homeland Security, Terrorism, Policing, and Corrections. With a Master's degree in English, Dr. Ferdik also teaches different Literature classes. To date, he has authored over 30 peer-reviewed publications in top-ranked journals such as Criminal Justice and Behavior, Journal of Criminal Justice, and Crime and Delinquency. Though his research interests are broad, covering the efficacy of veteran treatment courts and public perceptions of the police, his principle research interests involve the health and wellness of custodial populations and correctional officers. Throughout his career, he has successfully secured over \$200,000 in extramural and intramural grant funding.

Dr. Ferdik has also presented his research at regional, national, and international conference venues, including at the American Society of Criminology, the Asian Criminological Society, the Australian and New Zealand Society of Criminology, and the European Society of Criminology. He has also been invited to present his research by the RAND Corporation, and by the National Institute of Justice. In 2017, he was invited to author a white paper on the topic of correctional officer wellbeing for the United States Department of Justice. Dr. Ferdik currently maintains active research partnerships with police and correctional practitioners throughout the United States that he intends to leverage to improve legal system operations.



CONFERENCE PROGRAMME: SYMPOSIA 3



PRESENTER: Dr Julie Goldenson
Clinical & Forensic Psychologist
University of Toronto, Ontario, Canada

Presentation:
“Making the case for Trauma-Informed Supervision of Forensic Trainees.”

Summary

- **Emotional hazards in forensic work** are highlighted, including the potential for secondary traumatic stress (STS) among mental health professionals and trainees.
- **Secondary traumatic stress is defined**, with an emphasis on risk factors and the consequences of unaddressed STS.
- **A case is made for trauma-informed supervision**, emphasizing how supervisors can enhance trainees' sense of safety (both physical and relational), offer choice when possible, and build supervisory relationships grounded in trust and transparency.
- **The supervisor's role in recognizing and mitigating STS** reactions in trainees is underscored as critical to ethical and sustainable forensic practice.

Biography:

Dr. Goldenson is a clinical and forensic psychologist who practices in the criminal and civil arena, and she is also a professor at the University of Toronto. She remains actively engaged in scholarship and publishes in the area of institutional abuse, forensic psychological assessment, trauma and adverse childhood experiences, and intimate partner violence. She is an editor for the journal *Psychological Injury and the Law* and a member of the Program in Psychiatry in the Law in association with Massachusetts Mental Health Center/Harvard Medical school



ROUND TABLE DISCUSSION



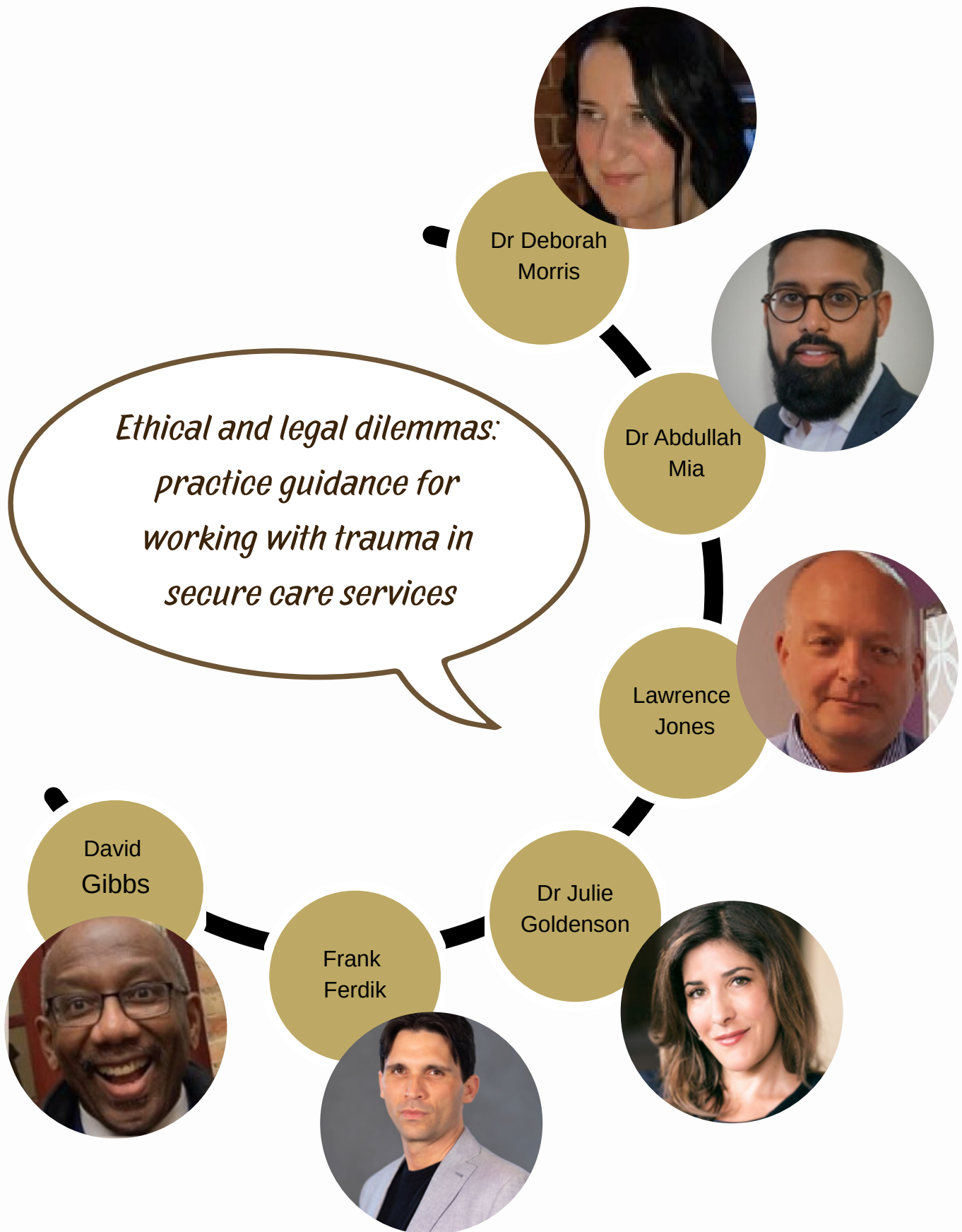
SPEAKER: David Gibbs

**Magistrate,
Expert by Experience
Policy and Practice Advisor, CDCT**

Biography:

David is a trainer and consultant who is passionate about matters of race and mental health. He is an expert by experience working with the University of Birmingham, Psychology Department and as a Lay Manager for Birmingham and Solihull Mental Health Trust. David also serves on the Board of the Group of Trainers in Clinical Psychology - Involvement Group. He recently completed a Master's Degree in Theology and Transformative Practice.

ROUND TABLE DISCUSSION





Psychological Trauma

The part-time, two-year programme provides health professionals with the theoretical understanding and professional competencies to develop, provide and lead psychological trauma services and trauma-informed care models, for wide ranging populations.

The course structure and content follows the level three 'trauma expert' competencies outlined by the BPS. Face-to-face teaching is delivered at the Foster Postgraduate Centre, Centre for Developmental and Complex Trauma, St Andrew's Healthcare, Northampton. Further information can be accessed at: www.buckingham.ac.uk/courses/postgraduate/msc-practitioner-in-psychological-trauma/

Structure of the MSc

Module 1: Theory informing practice:

Theoretical aspects of different trauma presentations

Module 2: Idiosyncratic assessment & formulation

Module 3: Idiosyncratic treatment of trauma & associated needs

Module 4: Working with different populations

Module 5: Self and systems in context:
Developing leadership skills & trauma-informed systems

Module 6: Research methods and dissertation



Anonymous student survey experience feedback

"I have found the course as very thought provoking. There have been many aspects I have been using in my clinical practice, and I have noticed a clearer understanding of why certain tasks need to be carried out."

"I found critiquing/analysing diagnoses very useful, which provokes thinking with an open mind in regards to labelling. I have found every topic very interesting."

"I appreciate the additional mechanisms for support, which have been invaluable. Lunchtime sessions, tutor meetings, the approachability of the team has been greatly appreciated."

"I have really enjoyed all of the lectures - it's been a real steep learning curve for me."

"The support and guidance is amazing"
"Lecturers are well prepared and slides are fab"

100%

Able to access support when needed

100%

Quality and inclusivity of materials

100%

Learning materials influence and improve clinical practice

EXCELLENT

- Interesting content
- Interactive sessions
- Clarity of learning objectives
- Safe to ask questions
- Increased understanding
- Overall course feedback



Practitioner in Complex Trauma



“Elevate your practice and become equipped to provide psychological services to those who require specialised trauma care.”

This new online part-time (1-year) distance learning programme focuses on imparting health professionals with the knowledge and competencies to support people with complex trauma needs, by developing, implementing and evaluating psychological assessments and interventions. The course follows the BPS level three ‘trauma expert’ competencies, and is delivered via online interactive lectures and seminars. Further information can be found at: <https://www.buckingham.ac.uk/courses/postgraduate/postgraduate-diploma-practitioner-in-complex-trauma/>

Why complete this course?

After completing the PGDip, you will have developed skills to allow you to pursue or develop specialist trauma roles in various healthcare settings, including:

- **Strong, theory-driven knowledge base** of the lifelong impact to the whole person of experiencing complex trauma. Including the understanding of how to apply this knowledge to clinical, research and service development activities.
- **Theoretical and applied skills** appropriate to function at the Level 3 ‘trauma expert’ competences outlined by the British Psychological Society.
- **Knowledge** of how to implement, evaluate, and reflect on specialist trauma assessments and interventions in different settings.
- **Skills to work within an ethical framework** to promote the wellbeing of service users and practitioners

Structure of the PGDiP

Module 1: Theoretical models underpinning complex trauma

Module 2: Idiosyncratic assessment & formulation

Module 3: Idiosyncratic treatment of trauma & comorbid needs

Module 4: Working with ‘hard to reach’ populations

Support provided throughout the course

- **PERSONAL TUTOR** - Every student is assigned a personal tutor who recognises the challenges of studying whilst working with traumatised and complex presentations and will provide support at every stage of the PG Dip.
- **PORTFOLIO OF RESOURCES** - Students have free access to resources at the Centre for Developmental and Complex Trauma (CDCT), which includes:
 - A renowned international conference programme that attracts global experts in trauma
 - Trauma Special Interest Group events
 - The CDCT’s ‘Research Skills for Clinicians’ workshop series for developing relevant skills in research and service evaluation

Coming soon!!!!!!

bookings open on the 16th June 2025... For informal enquires,
please contact cdct@stah.org



Centre for Developmental and Complex Trauma
Part of St Andrew's Healthcare



the british psychological society
crisis, disaster and trauma psychology section

6th International Trauma Informed Care Conference

“Overcoming dilemmas & challenges to maximise outcomes in complex trauma”

Online Conference, 25th November 2025, 09:15 - 17:00 GMT



Prof Phillip Hyland,
Ireland



KEYNOTE SPEAKER
Prof Julian Ford,
USA



Dr Sharif El-Leithy,
England



KEYNOTE SPEAKER
Prof Marylene Cloitre,
USA



Dr Emily Fox,
England

Symposium 1: The origins of complex trauma

- Emotional Regulation
- Integrated models for trauma formulations
- The identity theory of CPTSD

Symposium 2: Critical factors for success in therapy

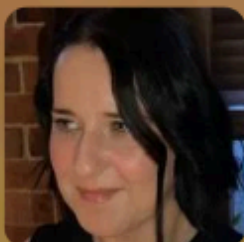
- Professional practice challenges & solutions
- What works and for whom: Children & young people
- Factors impacting on the outcome of treatment for CPTSD: Lessons from ESTIAR

Symposium 3 underserved populations

- Autism, Personality Disorder and Trauma
- Displaced populations
- Service user perspectives on re-traumatisation



Prof Thanos Karatzias,
Scotland



Dr Deborah Morris,
England



KEYNOTE SPEAKER
Dr Christine Dunkley,
England



Prof Angela Nickerson,
Australia



Dr Edel Mc Glanaghy,
Scotland

Ticket & Booking information

Early Bird Delegate (23rd Sept 2025)
Standard Delegate
St Andrew's Employees, BPS, CDCT members
Student & Poster Presenter Rate

£35.00
£45.00
£35.00
£25.00

Discounted group booking
rates available on request
cdct@stah.org

In collaboration with the Deaf Service, St Andrew's Healthcare and Sign Health, the Centre for Developmental and Complex Trauma (CDCT) hosts a special interest group focusing on advancing the trauma needs of deaf people. The SIG group has a broad international membership and meets four times a year.

At SIG meetings we

- Host presentations relating to good practice
- Share research updates
- Share research collaboration opportunities
- Outline innovations in the field



Joining the SIG and attending SIG meetings are free of charge. Join by scanning the QR code or following the link here: **<https://forms.office.com/e/sL9u0u5C1v>**

NEXT MEETING!!!!

Special Interest Group
Meeting the Trauma needs of Deaf people
(BSL interpreters are provided)

Tuesday 17th June 2025

10:00-12:00pm (GMT) | Zoom





Join our Moral Injury Special Interest Group

The CDCT hosts an established 'special interest group' (SIG) for academics, clinicians, researchers and others with an interest in moral injury.

Moral injury is commonly understood as the *distress that arises when a person either directly engages in, or learns about, witnesses and/or fails to prevent behaviours of others which conflict with their own values and beliefs about what is right.*

Membership of the SIG is completely free and provides:



Access to discounted ticket prices for CDCT conferencing events



Newsletters and updates from the CDCT direct to your inbox



Invitations to attend bi-annual SIG meetings, including:

- Hosted presentations on practice and research advancements and debates within the field
- Discussion of opportunities for research collaborations and partnerships
- Opportunity to network with others in the field

Register here!



To join the SIG, simply scan the QR code or head over to:
<https://forms.office.com/e/sL9u0u5C1v>

Next SIG meeting

Tuesday 7th September 2025
13:15 - 15:00 GMT

via Microsoft TEAMS



Special Interest Group: Advancing trauma & 'personality disorder' needs

The Centre for Developmental and Complex Trauma (CDCT) hosts a special interest group focusing on advancing our understanding and treatment of people with trauma and 'personality disorder' needs. The SIG group has a broad international membership and meets twice a year.

At SIG meetings, we:

- Host presentations relating to good practice and advancements in the field
- Discuss the latest evidence on understanding the relationship between trauma and personality needs
- Share research collaboration opportunities
- Distribute newsletters twice a year relating to the SIG, recent research and practice updates

Joining the SIG and attending SIG meetings are free of charge. To join the SIG, please complete our membership and SIG form by scanning the QR code or at the following link:

<https://forms.office.com/e/sL9u0u5C1v>

**The next SIG meeting takes place virtually
on 2nd September 2025 (13:15 - 15:00pm GMT)
via Microsoft TEAMS**





About us

The Centre for Developmental and Complex Trauma (CDCT) was established in 2020 and is based in Northampton. The core aim of the CDCT is to drive better outcomes for people who have experienced repeated trauma across the lifespan.

Our values integrate contemporary frameworks of working with trauma; combined with a high level of academic rigour to deliver research, education and CPD activities that are theoretically underpinned and focused on developing data-driven approaches to understanding trauma and delivering personalised care.

Central to our values are the role of co-production and empowerment. The CDCT operates a highly collaborative working model, prioritizing developing relationships with stakeholder groups to ensure that our work is co-produced, relevant, impactful and translatable to clinical services.

Our CPD, research and service development activities are conducted through an intersectional lens, with the differential impact of gender, neurodiversity and ethnicity playing a central role in the design and reporting of our activities.

For further information about the CDCT, please head over to our website at www.stah.org/cdct/ or via the QR code here:

You can also get in touch at CDCT@stah.org



Portfolio of activities

To achieve our goals, the CDCT delivers a growing portfolio of activities and services that seek to advance knowledge, skills and clinical practice.

The CDCT's portfolio of current activities

- 

Student and professional clinical and research placements
- 

Comprehensive research, service development and evaluation programme covering 8 areas of trauma and over 20 current projects
- 

International conference programme
- 

Postgraduate education programme in psychological trauma with the University of Buckingham
- 

Research skills for clinicians CPD programme
- 

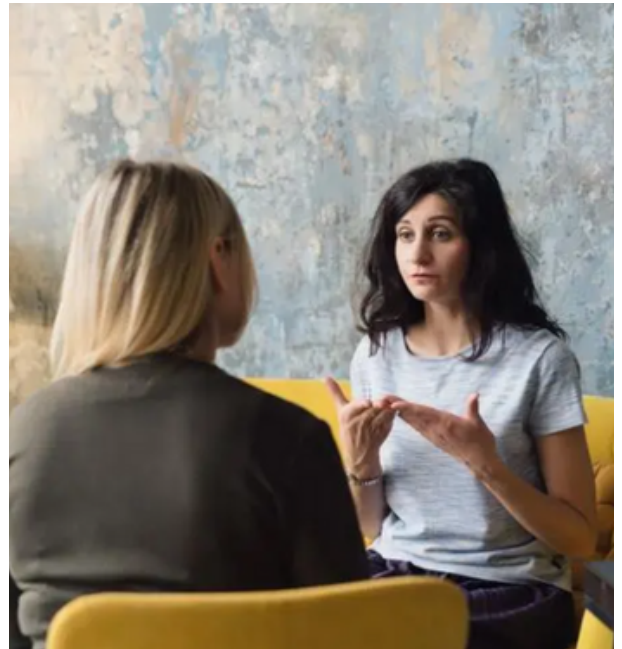
Hosting special interest groups
- 

Consultation and supervision

The British Psychological Society Crisis, Disaster and Trauma psychology section



the british
psychological society
crisis, disaster and trauma
psychology section



The Crisis, Disaster and Trauma Psychology Section was formed in 2013 with the goal of creating a 'centre of excellence' in which the concept of psychological trauma can be explored, evidence-based treatments examined, research findings shared and best practice established.

The Section is working to create a framework that will allow its members to share experiences, develop ideas and increase knowledge and skills in trauma psychology.

Our activities include:

- Community influence and support
- Professional practice
- Professional support
- Research
- Teaching and training



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@BPSCRISISTRAUMA



<https://www.bps.org.uk/members/microsites/crisis-disaster-and-trauma-psychology-section>



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