

A charity leading innovation in mental health



# Winslow apartments

## Supporting the step-down to community living

📍 St Andrew's Nottinghamshire

## Getting in touch

For more information about our [learning disability pathway](#) or to make a referral:  
**t:** 0800 434 6690 (text relay calls welcome)  
**e:** [enquiries@standrew.co.uk](mailto:enquiries@standrew.co.uk)  
**w:** [standrewshealthcare.co.uk/learningdisability](http://standrewshealthcare.co.uk/learningdisability)



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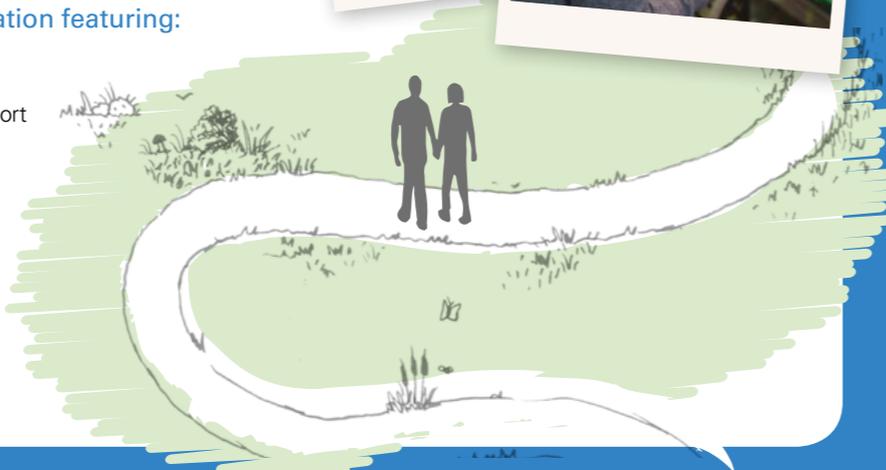
At St Andrew's we recognise the importance of personalised care closer to home and are committed to the development of our services in support of the Transforming Care agenda.

Winslow has been developed to provide enhanced care for individuals with complex presentations. It comprises six self-contained residential apartments for those with autism and/or learning disabilities, offering independent living within a community based environment.

## Winslow

A transitional approach to community integration featuring:

- ✓ enhanced community living
- ✓ dedicated 'Next Steps' Navigator and Mentors to support LD, ASD, health and wellbeing and vocational needs
- ✓ a range of in-room assistive technologies
- ✓ supported access to local leisure, educational and occupational amenities
- ✓ vocational skills development
- ✓ sustainable life skills development.



### Programme of Care

Our innovative **EVOLVE** programme will engage residents so they can achieve their full potential in the community and reduce their risk of relapse and reoffending.

#### Winslow will:

- offer **E**ducational opportunities to support aspirations
- encourage residents in their **V**ocational pathway
- provide meaningful **O**ccupation
- assist in the development of **L**ife skills
- facilitate **V**olunteering opportunities
- partner with employers to offer work experience and **E**mployment.

### Preparing for independent living:

- residents' own front door to a living unit comprising lounge, kitchen, bedroom and bathroom
- range of bespoke, supportive home technologies
- personalised interior colour schemes
- a small community of six apartments and gardens, enabling socialisation.



### We admit men and women:

- aged 18-65
- with borderline or mild/moderate learning disabilities
- with a co-morbidity including mental illness, personality disorder (PD) or autistic spectrum disorder
- prone to challenging behaviour, including sexual offending, self-harm, fire-setting, suicidal behaviour, physical aggression or substance misuse.

*These criteria are a guide for assessing suitability; each patient will be considered individually.*

